

May 2023
◆ AS LVIII / 58 ◆
Issue
611

The Kingdom of An Tir brings you...

The Crier

Pennons, Pt.1

Thegn Cormac Mor, OP, takes you on the next stage of our adventure into heraldic flags!

Please Allow Me To Introduce Myself!

HL Sibylla de Waryn sits down with *The Crier*!

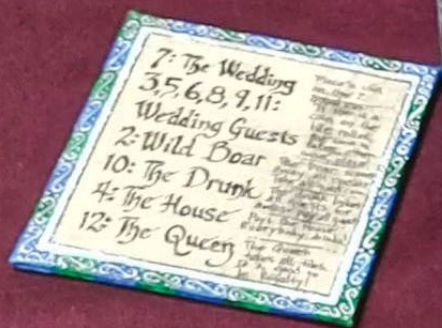
Eat This Book!

Shakespearean culinary delights abound in this latest installment of Master Eduardo's series!

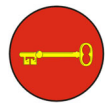
Lunch Is On The Way!

Mistress Gianetta del Bene gives tips and tricks to make your event lunch a historic meal!

Plus the latest IKD from the BOD, Event Notices, and more news you can use!



Greater Offices of An Tir



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Warrant expires January 2024



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webminister@antir.org
Warrant expires May 2023

Reporting Calendar of An Tir

		Report Due
Q1	Jan-Mar	May 1st
Q2	Apr-Jun	August 1st
Q3	July-Sep	November 1st
Q4	Oct-Dec	February 1st

The Royal Court



Their Majesties

King Athanasios (Athos) Belisarios & Queen Alianora Greymoor
crown@antir.org



Their Alpine Highnesses of the Summits

Prince Weylyn Middleeson & Princess Lindis de Aquisgranno
summitscoronets@antir.org



Their Highnesses of Tir Righ

Prince Argyle MacMillan Ban & Princess Bernadette Ebhilín Árd
prince@tirrigh.org & princess@tirrigh.org

Royal Champions

Champion of An Tir	Sven Fallgr Gunnarsson, OC	July Coronation
Kingdom Protector	HL John de Percy	September Crown
Queen's Rapier Champion	L Aidan Conroy	Kingdom A&S
Arts & Sciences Champion	HL Athelyna da Oldenfeld	Kingdom A&S
Bardic Champion	HL Briauhna Colette La Trouvere	Collegium
Equestrian Champion	HE Drifa in Rauda	September Crown

Health and Safety



Although the SCA (Society of Creative Anachronism) complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

From the BOD

<p>SOCIETY FOR CREATIVE ANACHRONISM INC. Box 611928 San Jose, CA 95161 800-789-7486 or 408-263-9305 Fax: 408-263-0641</p>	<p>Third Quarter 2023 Date: July 23, 2023 Please note: Agenda Deadline is July 1, 2023 Locale /Method TBA</p>	<p>(Calontir, Northshield, Outlands, Communications Committee, Information Technology (Webminister and Webmaster)) Director</p>	<p>Society Seneschal – ER Deputy Stacy Hall Gwennodolynn ni hAilleachain er-seneschal@sca.org</p>
<p>SCA Member Services Office & Registrar: Louise Du Cray - ext. 202</p>	<p>Fourth Quarter 2023 Date: October 22, 2023 Please note: Agenda Deadline is October 1, 2023 Locale/Method TBA</p>	<p>KT “Shep” Sheppard Ulrich von Brandenburg ksheppard@director.sca.org (An Tir, Ansteorra, Gleann Abhann, Trimaris, Peerage Committee)</p>	<p>Society Chatelaine Michele Hays Jeanne-Marie la Verriere chatelaine@sca.org</p>
<p>Administrative Assistant: Nataalya Urosevic - ext. 204 nataalya@sca.org</p>	<p>CONFERENCE CALL SCHEDULE: TBA</p>	<p>SEAT A - OPEN</p>	<p>Manager of Information Technology Sam Davis Thomas Blackmoore it@sca.org</p>
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Notices

From Their Majesties

MAY CROWN FORMAT LETTER TO THE POPULACE

Greetings An Tir! The time approaches to select our Heirs who succeed us to the Thrones of An Tir. On Saturday, May 20th, we will host our Crown Tournament which will be structured as an “Ursulmas – style” tournament. The combatants will be divided into 8 erics which will be fought as round robins. The top two from each eric will progress into a sweet 16, standard double-elimination tournament bracket. The winner of the finals will be determined by best of five bouts. All An Tir legal weapons and weapon styles are permitted. The Crown requests all shields follow standard An Tir size conventions.

Due to changes with the SCA's membership system, it is highly encouraged that all combatants and inspirations bring proof of membership to the event, either paper or a digital image.

Competing for the Crown of An Tir is a great privilege and the victors will embark on an exciting journey. Now is a good time for combatants and their inspirations to read up on Kingdom Law and familiarize themselves with the duties of the Crown. We encourage everyone to bring banners, personal heralds, musicians, etc., to add to the pageantry of the day. We look forward to seeing everyone on the field of honor.

In service to An Tir and it's people we remain,

King Athos and Queen Alianora

From the Office of the Seneschal

ROYAL SUMMONS

Kingdom Seneschal of An Tir Applications and resumes accepted until May 31, 2023

Projected changeover date: 12th Night, 2024

The Kingdom Seneschal is responsible for the administrative operation of the Kingdom of An Tir and is the sole corporate officer in the Kingdom. The modern world recognizes Kingdom Seneschals as Regional Vice Presidents. The Kingdom Seneschal maintains and updates Kingdom Law as well as the kingdom's business records.

If you have questions about the position, email the Seneschal.

Send your application and resume to seneschal@antir.org and crown@antir.org

NOTICE OF TEMPORARY REMOVAL FROM PARTICIPATION

On February 24, 2023, Their Majesties, Athos and Alianora of An Tir have issued the sanction of Temporary Removal from Participation in the SCA against Steven Guenther, also known in the Society as Guenther Von Wiseland and Aabula Guenther . This sanction precludes attendance or participation in any manner at any SCA activity, event, practice, or official gathering for any reason, at any time. This includes a ban on participation in officially recognized SCA social media sites, officially recognized SCA electronic email lists, and officially recognized SCA webpages.

From the Kingdom Earl Marshal

MARTIAL OFFICERS WANTED

The Martial Leadership Team is seeking several new officers to join our team: Kingdom Rapier Marshal, Kingdom Cut & Thrust Marshal, Kingdom Youth Armored Combat Marshal, Kingdom Youth Rapier Combat Marshal, and the Kingdom Missile Combat Deputy.

If you would like to know more about these positions, please contact the current officer or myself. Addresses are in the Marshallate section of the An Tir officers page. Descriptions of each of these positions (except Missile Combat) are in Kingdom Law on pages 16-17. The manuals for each of the sports provide further information about duties and qualifications in the section entitled “Marshal Responsibilities, Chain Of Command And Reporting”. That text will be posted on the Facebook groups for the relevant sport. (Kingdom Library link.)

Interested parties should submit their SCA resumes by May 1st, to [earlmarshal (at) antir.org] and to the current office holder. Please also answer the following questions:

Other than the basic duties described in our manuals, what do you see as this officer's role or what would you like to do in this role during your term if you are selected?

What are your ideas for encouraging participation in martial activities as the SCA continues to re-build after COVID and seeks to support a more diverse community?

The plan is to announce decisions at May Crown, and then the new and current officer will discuss transition dates. Thank you for considering serving An Tir in this manner.

Maestra Althaia filia Lazari, Kingdom Earl Marshal



Photo by Joyce Brendlinger

This month we start a new column, perfect for newcomers and seasoned SCAdians alike! Mistress Gianette del Bene delves into her notes from her popular, “Lunch Is On The Way” courses to provide us with easy and uncomplicated ways to create more historically authentic midday meals for events. Each column will focus on a different culture popular in the SCA. Get your picnic baskets and feast gear ready for your next culinary adventure!

Packing list:

- a cooler
- a platter large enough to hold a rotisserie chicken or cutting board
- a sharp knife to cut up the chicken, vegetables and slice bread
- cloth napkins
- small bowls
- spoons

and dates)

- Small bottle of olive oil
- Water

When it's time for lunch, cut up your chicken, and arrange it on the cutting board or platter. Make a dressing with pomegranate drink, vinegar, olive oil, pour over chicken, chickpeas or lentils. Use a tiny amount of fish sauce if you brought it.

If you were lucky enough to get fresh peaches, slice them, drizzle them with a little honey and sprinkle with cumin.

Cut celery or fennel into thin slices, toss with some vinegar and oil.

If you have dates, mix with pine nuts and honey.

Grapes don't need anything but a quick wash. You can arrange everything on a platter, or use small bowls for your side dishes.

Lunch Is On The Way

An event can sneak up on you. You'd planned to do some cooking during the week, packing some delicious medieval recipes. Or, maybe you don't know any medieval recipes. Either way, this article will help you pick up food from the grocery store on your way to an event. We're going Roman for this article.

In a previous class of this style, I made up the original recipes. In most cases, our testers preferred the real thing, but the shortcut sauces were an acceptable substitute.

I'm assuming for the purposes of this class that you didn't bring pots, pans, a stove or a firepit, so these are all cold sauces. Please, please, put everything into a cooler with ice. Food safety is important. While warm chicken is delicious, if it sits at room temp for hours it may not be safe. (The max is 4 hrs but with our heat and less than hygienic areas, you're safer with 3 hours or less.) If you don't have access to a pre-cooked chicken, consider buying already hard boiled eggs, or a can of chickpeas/garbanzo beans.

Do not plop the whole chicken down on the table and make people tear at it. Rotisserie chickens are so overcooked you can cut them with a plastic knife and fork.

- feast gear stuff
- small trash bag to hold dirty dishes on the way home
- keep a jar of cinnamon, a jar of powdered ginger, saffron, salt, pepper, cumin and some sugar in your kit. It's just cheaper that way.

- sieve (optional, but handy)
- can opener

Shopping list

- Olives - you can buy small packages of olives in the deli or the pickle aisle. Choose a greek style rather than the big California black olives.
- Seasonal fruit: many different fruits were available, pick what you like, what's fresh, either stone fruit like peaches, apricots or plums, or grapes or dates. I haven't seen a lot of berries in roman dishes
- Honey
- Flatbread, any style
- Rotisserie chicken, hardboiled eggs, chickpeas, pre-cooked lentils
- Celery or fennel
- Cucumbers
- ICE - don't forget the ice for the cooler.
- Red wine (if you don't drink, use a red wine vinegar instead.
- Vinegar - your choice, but I generally have both cider and a wine vinegar
- Pomegranate drink
- Fish sauce (optional, replacement for garum)
- Pine nuts (optional, but great with honey



Photo by Joyce Brendlinger



Photo by Ghislane

Mistress Gianetta del Bene, OL lives outside Florence in the early 1500s. She enjoys cooking many different cuisines and managing the estate for her children.



Photo by Kristy Giles

Please Allow Me To Introduce Myself...

I have several but my base persona is a late 14th & early 15th Century English noblewoman named Sibylla de Waryn. As an only surviving child with no other male heirs available (I'm looking at you Black Death), she was allowed to inherit her family's holdings under English Law. A wealthy heiress, she became a ward of the Crown and was initially placed into the care of a kind Earl and his family before being swept into the Royal Court so that she could serve the Queen and be placed in a marriage advantageous to the Crown. I chose the late 14th Century because while the Black Death was a devastating occurrence, the smaller population it left behind created interesting circumstances in the society of the time. The 14th Century was also the beginning of the 'romantic' courtly culture.

Side note: Part of the charm of my first name (Sibylla) is that it is also appropriate to the times and places of my secondary personas! These include, but are not limited to, a 4th Century Roman noblewoman and a late 15th Century Florentine noblewoman.

Who is your favorite historical figure? What about them appeals to you?

I don't actually have one but that's because I rarely do favorites in that way. I could never answer the "Who is your hero?" prompts in school either for the same reason! The closest I can get to answering this would be that when I was growing up I found figures such as Cleopatra and Berengaria of Navarre fascinating at the time. The appeal of the former would take more space than we have here, while the latter I found intriguing as the only Queen of England to never set foot there. However, I would call neither of them my "favorite" historical figure now. I've always been more drawn to pseudo-historical figures from folklore and myth. Name a character from Robin Hood or King Arthur's legends and I'll happily discuss their literary and possible historical inspirations any day ;)

What would your profession have been during the time/place of your persona?

As a noblewoman Sibylla would have had no formal profession, instead she would have

managed (and defended if necessary) her estates for the Crown and would have served in the court of the Queen when so called. Within the SCA my primary interests lie in clothing research and costume construction (with an extra focus on hairnets throughout time), the scribal arts (particularly making original scrolls), and serving on royal retinues (I served on 9 reigns in 5 years before The Plague and now I'm serving on another so my love for it is pretty evident!).

What is your favorite SCA moment: the moment where it feels like you are out of the modern age?

Camping events have always done this best for me. Particularly walking through the period encampments at night with the stars above and lanterns below softly lighting the tents and pavilions, their banners fluttering in the wind while the soft sounds of music and people's laughter fills the air. It's timeless in all the best ways.

What is your favorite thing about the SCA?

Firstly, that it brings a bit of magic into everyday life and that's something I think we all need. Secondly, that we all get to nerd out in our own ways, with the only commonality being that it's all about the past.

Do you have a favorite "No S—t There I Was" story, and would you share it with us?

I don't really have one I'm afraid, not that I can think of anyway! Instead I'll share a fond memory from my early days that I'll never forget – It was my very first event (12th Night 2014) and while attending a period underwear party Saturday night I caught sight of the Duke who had just stepped down from reigning on the thrones of An Tir happily sitting on the hotel floor in his period linen skivvies sneakily tying people's shoelaces together while they obliviously enjoyed the party above him.... "Welcome to the SCA," I thought in utter amusement. "This is gonna be fun."

This month, *The Crier* sits down with the illustrious Sibylla de Waryn, OL, to discuss her history with the SCA.

What is your full name and title(s)?

The Honorable Lady Sibylla de Waryn, Vigilant for the Order of the Laurel

What is your persona, and why did you choose it?

This article is the third in a series covering the various types of heraldic flags found in the Middle Ages, providing enough of an overview to their use to inspire the reader to design and paint their own. Each article will describe the distinguishing features of the flag type, including their typical use in period, using examples from period art where available. At the end of the article, I will guide the reader through the process of designing a new flag using armory appropriate both to the SCA and history. This article covers an incredibly versatile heraldic flag: **The pennon**.

non marked it as distinct from the banner. The banner indicated the individual noble's place on the battlefield, while the large pennon showed the location and direction of the soldiery.

Shapes

Pennons come in three distinct shapes: Pointed pennons, swallow-tailed pennons, and pavons.



Lance-pennon, from the *Legenda Sanctorum Aurea*. BSB-Hss Cgm 6, 1362, Alsace, France



Pennon, Azure, three cow's heads argent, from *Wappenbuch* – BSB Cgm 9210, 1602 Germany



Pointed pennon, from *Willehalm-Kodex*, 2^o Ms. poet. et roman. 1 f7v

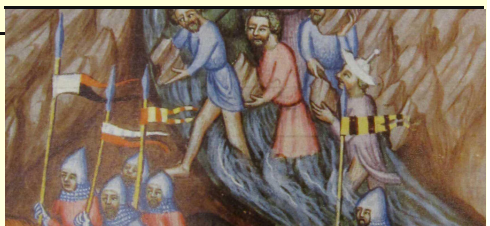
Swallow-tailed pennon, from *Arthurian Romances*, Beinecke MS 229

Pavon, from the *Navarre Picture Bible*, Amiens – BM – ms_0108

Pointed Pennons

A pointed pennon, also known as a triangular pennon (a singularly useless categorization given the existence of the pavon, below), is shaped as an isosceles triangle, and is the precursor of the modern pennant.

This shape appears to be considered the default shape for pennons, and is generally assumed when no other term is provided. Lance-pennons in this style tend to be between three and four times as long as



Pennons from the *Wenzel Bible*, ONB Cod. Vindobonensis 2762, f217, 11389 Germany

Heraldic Flags: Pennons, Pt 1

A pennon is a triangular or swallow-tailed heraldic flag that originally displayed the owner's arms, but found a new purpose when badges became popular in the early 15th century. Personal pennons appeared in two different sizes. The smaller pennon, or pennoncelle, was approximately 12-18 inches long from hoist to fly, while the larger pennon, or lance-pennon, was about 3 feet long. According to Gayre's *Heraldic Standards*^{*}, lance-pennons were used by bachelor knights as a mark of their station (as opposed to banners, which were borne by knights banneret), while pennoncelles were used by those of any rank. On the battlefield, these pennons functioned as a location marker for the individual owner as well as a rallying point for those who served under him. Larger pennons, precursors to the more elaborate standards and owned by high nobles, displayed the same armory as the noble's banner. However, the triangular shape of the pen-

they are tall, while pennoncelles are generally much longer relative to their height.



Red pennoncelles with white crosses, from *Grandes Chroniques de France*, Français 2608 f331r, 1390s France

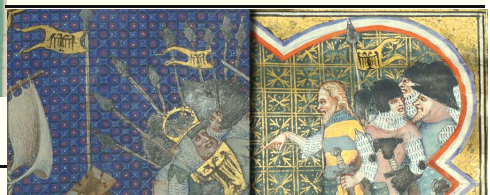
Swallow-Tailed Pennons

A swallow-tailed pennon is similar in form to a pointed pennon, but with the fly split into two points.

Depictions of swallow-tailed pennons vary, with the split ranging from a thin slit to a wide cut-out, and running from less than a quarter to more than half the length of the fly.



Swallow-tailed pennon, from *Spiezer Schilling*, BBB Mss.hh. 10016, 1480s Germany



Scenes from *Histoire Romaine*, Bib. Ste. Genevieve MS.777, f316r and f337r, 1370, France

Pavons

A pavon is a pennon shaped like a right triangle. It appears to have been exclusively used on horseback.

^{*} Gayre of Gayre and Nigg, Robert. *Heraldic Standards and Other Ensigns, Their Development and History*. Oliver and Boyd, Edinburgh, 1959



Scenes from the Navarre Picture Bible, Amiens – BM – ms._0108, 1198 Pamplona, Spain

Larger Pennons and Early Standards

The underlying principle of sumptuary laws, as succinctly expressed by Zero Mostel, is “When you’ve got it, flaunt it!” As bachelor knights served under bannerets, bannerets in turn served under Nobility and Royalty, who required a bigger and more impressive flag than a banner to focus their forces. The solution? Larger pennons!



Banners and large pennons of knights attending a tournament, flying from the windows of their hotel rooms. From King Rene’s Tournament Book f33v-34r, 15th century.

Perhaps the most famous pavon appears in the portrait of Geoffrey Luttrell.



Portrait of Geoffrey Luttrell and family, with details. From the Luttrell Psalter, 202v, c. 1330

The pavons above are all pennoncel, identifiable because they are almost twice as tall as they are wide; lance-pennons in the pavon style tended to be equally tall and wide, as seen below.



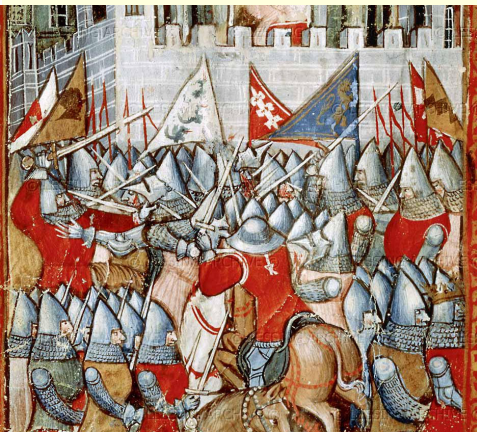
Pennons in the arms of Bavaria, Austria, Silesia, and Milan. From Wappenbuch von Grünenberg, 1480s Germany



ibid f.47r

tionally identical to a standard. Indeed, as larger pennons grew in size they became indistinguishable from early standards (that is, standards prior to the rise in popularity of badges) in both form and function.

Part Two of this intriguing and educational column will be published in the June issue of *The Crier*



From l’Entree d’Espagne, 1398, Italy

The shape of the pavon made it difficult to lay out heraldry in a recognizable manner. In the example from the Luttrell Psalter, for example, the bend would normally follow the same angle as the upper edge of the fly; in order to give the marflets enough space, the design was reversed with the bend becoming a bend sinister. Because of this, the pavon did not last in this form beyond the 14th century.

In King Rene d’Anjou’s Tournament Book, two companies enter the tournament, captained by the Dukes of Brittany and Bourbon. In the scene below, each side of the tournament takes up residence in a hotel with their banners hanging from every window. King Rene notes:

Les chiefs dudit Tournoy font pareillement devant leurs hostels comme les autres seigneurs et barons: et n’y a différance nulle, fors que aux fenestres de leursdits hostels mettent leurs pannons desployez avecques lesdites bannière

(The captains of the tourney should do the same as the other lords and barons in front of their inns: there is no difference, except that at the windows of their inns they should display their pennons with their banners.)

The pennons in this manuscript are just as tall as their corresponding banners, and much longer.

At this larger size, and especially when paired with a banner (which marks the location of the individual noble), these larger pennons function solely as rallying point for the noble’s forces. The larger pennon thus becomes func-



Photo by Ghislaine Triest

Thegn Cormac Mór is a very loud person who, for his sins, served a time as Wreath King of Arms. He is best best known by his appellation “the Voice of the War,” which he

earned by serving as cry herald for wars across the Known World. He has been described by at least three knights as the embodiment of everything that is wrong with the Society.

Kevin Rhodes is a business systems analyst living in the Goldene Medina of Portland, Oregon. He has no spare time.





Court Reports

Jn the Court of King Athos and Queen Alianora at Gulf Wars, March 16, 2023, these awards were given to their adoring populace.

Forget-me-not:

Styrkarr Jarlsskald
Dagrún Stjarna Ulriksdóttir
Phelan Tolusmidr
Tova Fransdóttir
Martin le Harpur
Madelena Vieri
Alicia du Bois
Sibylla de Waryn
Morgan Wyrd of Myrganwood

Synbadd of the Black Sands
Keith filius Tedion
Amline de Beaumont
Sethric Einarsson
Ulfgar Hjartar Bani Thorvaldsson
Brand Deus aux Leons
Mary Grace of Gatland
Brigid Ross

Award of Arms

Morgan Wyrd of Myrganwood Not on OP

Court Barony

Martin le Harpur

Fury of the Lion – Defender of

the Realm

Synbadd of the Black Sands

Hastae Leonis

Phelan Tolusmidr
Magnus Ulfgarsson
Halgar Bjornsson
Arkill MacMillan
Bryn Fitz Savaric
Rapheal the Rogue
Theron van Uttekerke

Submitted by Duchess Dagrún Stjarna Ulriksdóttir, OP, OL

The Sable Couturier was a sewing competition held at Kingdom Arts and Sciences/Queen's Rapier Champion co-hosted by the Barony of Glymm Mere and the Shire of Caladphort. The event ran Friday February 24th through Sunday February 26th. Aspirants worked in teams of five, plus a model. They were challenged to create a complete outfit, consisting of four sewn items, in the 22 hours

The Sable Couturier Competition

by Lady Elizabeth North,
Chatelaine, Blatha an Oir

allotted for working. Teams could come with patterns, undergarments, belts and shoes, but they had to do all of the tracing, cutting, and sewing of their four entered items on-site. The model--we encouraged teams to choose someone new to the SCA, who might not have much garb yet--would then keep the finished outfit. I'd heard about the Golden Seamstress in other kingdoms, and also saw the YouTube documentary from Colonial Williamsburg remaking the Isabella McTavish dress in a day. I loved the concept of a speed sewing competition, and thought it sounded really fun. My original plan for Sable Couturier was for the

outfits to be fully hand-sewn, but Master Charles de Bourbon (OL) reminded me that, due to the influence of some garb purists who have been unkind in their zeal, some people have a visceral reaction when you say something has to be completely hand-sewn. I decided he was right, and so each team was allowed one sewing machine.

I've recently stepped up as Chatelaine for Blatha an Oir, so my focus is very much on new members. As the idea was maturing in my mind, I thought, why not make it newcomer-focused? And if we do that, we can also do some stash-busting from long-time members to help mitigate costs: make this a community event! That way, nobody had to be

out a bunch of money if several people each donated stash fabric. Let's face it: this can be an expensive hobby to get started in! With five team members plus a model, each team had six pairs of hands to get four items done. Teams were judged on the completeness & cohesiveness of the outfit, period silhouette, and neatness. The teams who competed were:

- Team Shirazi Lykoi - 15th Century Persian
- Designs by Dalmatia - 15th Century Persian
- Stitching Valkyries - Early-period Scandinavian

Everyone brought their knowledge and enthusiasm to the contest - I was so proud and blown away by the response. It was a lot of fun to watch, and if the reactions of the competitors was any indication, fun to compete in too! The judging was tough, but Team Shirazi Lykoi was the winner. They made a shalvar and a riri qaba (plus a ruyi qaba and a joba), as well



Photo by Greta Grunwald

as a pouch and a carqad/skull cap. Overall, I really wanted to create something that would be fun for everyone involved, but also still a challenge, where newcomers could both learn new skills and walk away with a complete outfit. I am so glad that it worked the way I hoped. The weekend was a success, and three new people have complete, and beautiful, outfits. Many thanks to HL Tabytha Morgan, HL Mecia Raposa, Master Charles de Bourbon, and HL Melissa of Dalmatia for all their help, and of course, to the competitors!

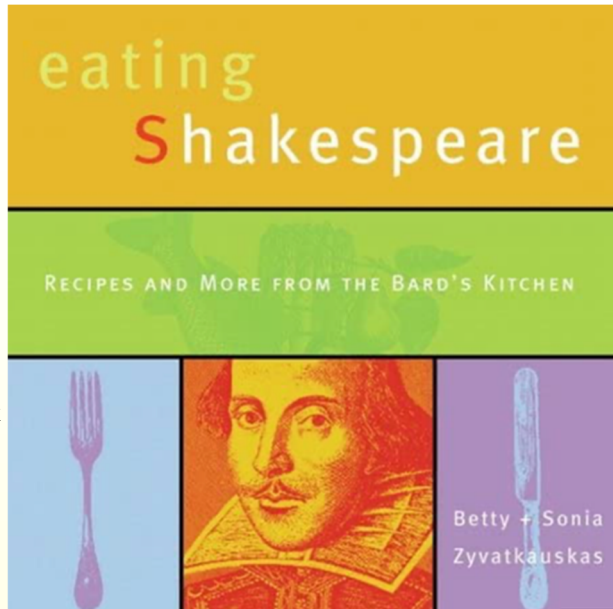
"Do you think because you are virtuous, that there shall be no more cakes and ale?"

Twelfth Night: Act 2, Scene 3

If this is true then I shall have to re-think my standards! Shakespeare's plays are full of quotes about food and eating and in this month's Eat This Book we will explore a cookbook that not only can you pick up and cook from immediately, but is also overflowing with facts, anecdotes and plenty of interesting tidbits of history. "Eating Shakespeare: Recipes and More from the Bard's Kitchen" by Betty and Sonia Zyvatkaukas published in 2000 by Prentice Hall Canada is "inspired by the Bard's writing" and "brings to life the delights and dramas of Elizabethan cookery by mixing original period recipes with their delicious modern equivalents." The Zyvatkaukas, both writers from Toronto, Canada, used 8 different period cookbooks in creating "Eating Shakespeare" including Thomas Dawson's 1596 "The Good Huswifes Jewel" and Rosselli's "Eptulario" from 1598 which is based on Martino's cookbook from the previous century.

The bulk of the 226 pages of the book are filled with recipes. Only 21 pages are non-recipe content including a chronology, an introduction, a section titled "The Cooks and Their Recipes", a glossary, a bibliography and an index. The layout of each recipe includes an introduction with details from the time period, the original recipe, including the source of the recipe, the author's redaction and a side-bar with tips, tricks, more fun facts and Shakespearean food related quotes. This layout and the addition of the side-bars make the book easy and fun to read. There is also plenty of white space surrounding each recipe which is great to take your own notes and observations. Yes, I write in my books! You should too! It becomes part of the book's history.

The recipes are divided into 13 different



sections. In Soups, stews and pottages, the first section, you should try the sweet "Cherry Soup" from "A Book of Cookery" by A.W. or the "Stewed Lamb with Carrots" that John

Partridge included in his book "The Good Huswifes Handmaide for the Kitchen". The Elizabethans were known for their "composed" salads and section two of "Eating Shakespeare", "Diverse Salads" includes 7 for you to choose from. I can't wait to try the "Parsnip and Watercress Salad" by Robert May included in his book "The Accomplist Cook" and the "Chicken Salad with Apples", from Hannah Woolsey's "The Accomplisht Ladys Delight", a light version of a modern Waldorf salad without the mayo or walnuts. In the section titled "Flesh Days" you will discover recipes for "Baked Ham with Prune Sauce", a standard Roast Beef paired with a piquant mustard sauce, Pork Sausages flavored with sage, cloves and mace, a succulent "Lamb Meatloaf" flavored with currants, rosemary, cloves, mace and parsley and many other delicious meat dishes.

"Eating Shakespeare" continues with many more sections including "Good Roots, Good Worts" where we see the

much earlier Italian recipe for "Turnips Baked with Cheese" from the Martino collection that has been re-imagined here in the 1598 English translation of "The Eptulario". In the section titled "Fish Days" you will be tempted by the tasty, and light, "Poached Salmon with Lemon Butter Sauce" from "The Accomplist Cook" by Robert May or Thomas Dawson's "Boiled Mussels" steamed in white wine. You will put your baking skills to the test with the recipes in the section on "Pies, Tarts and Pasties". Try the "Almond Tart" or the "Friday Pie" from "A New Book of Cookerie" by John Murrell,

Eat This Book

which includes beet greens, apples, and raisins, then is flavored with ginger, pepper, and nutmeg. **continued on page 14**



Photo by Tessina

Maestro Eduardo Lucrezia is a mid-15th Century Italian Renaissance Court and Kitchen Punk. He is obsessed with the food from the Iberian Peninsula, specifically the recipes of Martino and Platina. He is a member of the Order of the Laurel, the order of the Pelican, and a Lion of AnTir.

David Huffman-Walddon owns a technology consulting company, Renaissance Strategic Consulting, Inc., and an Arbonne health and wellness business. He has written on food history for The Journal of Italian Food and Wine and Petits Propos Culinaires. He has given papers on the food of the Italian Renaissance at the Oxford Symposium on Food and Cookery and the Renaissance Society of America. His weekly food history and tradition column, The Vast Repast, was syndicated in Washington, Oregon, California and British Columbia.

Kingdom Calendar

May 2023

June 2023

Upcoming Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May Crown	May 19 Weekend	Barony of Vulkanfeldt
July Coronation	July 16 Weekend	Bid needed
September Crown	September 1 Weekend	Bid needed
Collegium	November 10 Weekend	Bid needed

May

Lionhearts Martial Championships

May 6, 10am—4pm

Barony of Madrone

Event Steward: Christopher MacEveny (maceveny@gmail.com)

Event Fee: Make checks payable to SCA, Inc., Barony of Madrone

Site Address: CrossRoads Community Park, 999 164th Ave NE, Bellevue, WA 98009

Don your armor, pick up your swords, and join us for a day of valiant combat and spectacle in the Crossroads neighborhood of Bellevue! Their Excellencies Madrone seek good gentles who shine as a beacon of the best of the Barony champion both armored and rapier combat. As martial activities are but one piece of what makes Madrone great, guilds, artisans, and entertainers will also be on display for the pleasure of the populace and the community at large.

May Revel

May 6, 9am—9pm

Shire of Southmarch

Event Steward: Leonardus Czynpsser (snowalex993@gmail.com)

Event Fee: Non-member \$20 member \$15

Under 17 free. Make checks payable to SCA, Inc., Shire of Southmarch

Site Address: Midland Community Center 111 Old Midland Road Midland, OR 97634

Greetings unto the Honorable and Noble populous of An Tir. Come revel in the re-birth of spring and the SCA at Southmarch's May Revel. Join us as we search far and wide to find our Premier Bardic Champion. Bear witness to the next Arts & Sciences and Archery Championships.

Entrants for the Bardic Championship will present one vocal piece, and one non-vocal piece and prepare a "bring your best" for the finals.

Entrants for Arts and Sciences must prepare 2 entries of different disciplines with a 1 page minimum of documentation/ explanation of your items. Be prepared for a period fire making component as well as an onsite mystery box challenge.

The Archery Champion format will be by Royal Rounds. The heavy fighting community will have war scenarios and melees. The rapier tournament will be held for fun. The day will conclude with a fabulous feast and Bardic Finale. Other fun competitions will continue through out the day as time allows.

May Crown

May 19, 1pm— May 21, 4pm

Barony of Vulkanfeldt/Wealdsmere

Event Steward: HL Lilion Jane Godwin (lilion.godwin@gmail.com),

Baroness Arnora Grimsdottir (wealdsmere.baroness@antir.org)

Event Fee: Adult non member \$30.00, member \$25.00, under 17 free. Make checks payable to SCA, Inc., Barony of Wealdsmere

Site Address: Grandview Country Park Events Center, 812 Wallace Way, Grandview, WA

The Barony of Wealdsmere is hosting May Crown and Their majesties Athos and Alionora cordially invite you to the glorious lands of Vulkanfeldt and the same site as May Crown '22 to attend the An Tir Crown Tournament to select the new heirs. Please see Kingdom calendar at antir.org for all information.

Táin Bó. The Great Cattle Raid

May 12, 2pm—May 14, 1pm

Barony of Glyn Dwfn

Event Stewards: Iurii Victorev Belogorski (captainiurii@gmail.com), Robbin Bowring
Event Fee: \$25, members receive a \$5 discount. Make checks payable to SCA, Inc., Barony of Glyn Dwfn
Site Address: Hanley Farm, 1053 Hanley Rd, Central Point, OR, 97502
Táin Bó, The Great Cattle Raid, is a Battle of the Branches where all activities earn your Shire or Barony points! The Barony of Glyn Dwfn welcomes you to a weekend FILLED to the brim with Heavy combat, Rapier, Cut & Thrust, Bardic, Archery, Food & Drink Competitions, Fun Activities for the whole family and more. The winner of the Great Cattle Raide, the Branch who forms the best alliances, bribes the most merchants, and ultimately brings home the most coins and gems, will take home the Tain Bo banner for a year.

New this year, Tain Bo will be host to a public facing Medieval Market replete with over a dozen merchants so make sure you bring your coin and support our artisans. We will also have food trucks on site.

No open flame, including camp stoves, are allowed. No pets or smoking as this is an active farm and historical site. Camping space is plentiful.

Please check our Facebook site: <https://facebook.com/events/s/tain-bo-barony-of-glyn-dwfn-20/3839416333003569/>

Embers and Ambrosia

May 26, 3pm— May 29, 12pm

Barony of Blatha an Oir

Event Stewards: HL Maire Blakater (ladymaire_bard@outlook.com),

HL Andromacha tis Lesvos

Event Fee: Adult non-member: \$30, Adult member: \$25, Under 18: free as our guests
Make checks payable to SCA, Inc., Barony of Blatha an Oir

Site Address: 9205 198th Ave. E. Bonney Lake, WA 98391

Join us for a full weekend of classes! All the A&S you can handle. Plus Sunday archery and rapier tourneys. Our Bardic Championship and A&S Championship will be Saturday and Sunday this year. RV hook up available and plenty of tent camping. Two playgrounds, indoor bathrooms and showers and walking trails.

Egil Skallagrimsson Memorial Tournament XLVJJ

May 26 12pm—May 29, 3pm

Barony of Adiantum

Event Stewards: Hrodnavar Hakonsson (oriolo005@gmail.com), Yseult of Broceliande (pam@bobwhitman.com)

Event Fee: Adult: \$30. Youth ages 11-17: \$15, children 10 and under free.

For a single day, Saturday or Sunday only:

Adult Day: \$20. Youth ages 11-17: \$10, children age 10 and under free.

Adult Members will receive a \$5 member discount. To lessen the impact on families we will institute a family cap, limiting the fees to two youths per family accompanied by parents. Any additional minors attend for free. Pet fee \$2 per pet (either full entry or day-tripping). Each pet must be accompanied by a proof of current rabies vaccination showing either the date of vaccination or the date of expiration of the current vaccination. Only non-livestock mammals and birds are allowed (Park rules).

We can accept PayPal payment, cash, or checks payable to SCA Inc./ Barony of Adiantum. All payment to be made at the gate; we will not collect payment at pre-reg.

Site Address: Lynx Hollow State Park, 80998 Davisson Road, Creswell, OR, 97426

From north or south, take I-5 to the Creswell exit, #182. At the end of the off-ramp, turn west toward the center of town. Turn left onto Hwy. 99 directly after the railroad crossing. Go south on Hwy. 99 for 1.3 miles. Turn left onto Davisson Road. Park entrance is 2.3 miles on the left, directly across from the state park sign.

Egil's Tourney has something for everyone: demos and classes galore; a prize bardic circle; multiple heavy, rapier and cut & thrust competitions; multiple archery scenarios and competitions; thrown weapons competitions & beginner's sessions; Norse stickball; Norse trade blanket; and of course Merchants' Row. This year we bring back the Three Pillars Com-

petition, which includes individual events within the service, A&S, and martial pillars of our society. There will be many prizes and lots of opportunity for participation. For details, class lists, specific martial competitions, merchant application forms, information about pre-registration, the Three Pillars Competition, etc. please see the Baronial website or Facebook group – <http://adiantum.antir.sca.org> - <https://www.facebook.com/groups/BaronyOfAdiantum>

Celtic Revolt/Wealdsmere

Champions Tourney

May 26, 2pm—May 29, 12pm

Barony of Wealdsmere

Event Stewards: Baron Sir Caieth of Umber (sircaieth@gmail.com), HL Gernaut von See (griffdjd@gmail.com)

Event Fee: \$25 non-member, \$20 member, 15 and under free. Make checks payable to SCA, Inc., Barony of Wealdsmere.

Site Address: Lancaster Estates, 6325 HWY 291, Nine Mile Falls, Wa, 99026

GREETINGS, ALL GOOD PEOPLE!

Know ye that Celtic Revolt and Wealdsmere Champions Tourney returns this year to it's ancestral home on the Beautiful Land of Our Beloved Baron, HE Michael of Lancaster. Shady pine groves, flowers and butterflies will combine with the Clangor of Battle, the Determination of Champions, the Blaze of Bonfires, Song, Dance and Merriment! War scenarios will begin after Court on Saturday, Heavy List ~11 am Sunday. Schedule for Championship Competitions will be made available on the Baronial Website and at Gate. Site opens 2 pm on Friday and closes Noon on Monday. This site is discreetly wet, pets on leash welcome. For RV space, please contact the Autocrat at sircaieth@gmail.com. Join Us, Noble Folk, for a Weekend of Joy, Friendship and Remembrance of Old Times as we create New Stories as only the Celts can do! Vivat!

June

Boars Hunt

June 2 — June 4

Friday, Noon to Midnight for Merchants, 3 pm to Midnight for populace. Saturday, 8 am - 6 pm. Site closes Sunday at 1 pm. *After the Masonic Park Gate closes, there will be no en-

try until Gate opens again in the morning both nights. No Exceptions*
Barony of Aquaterra

Event Stewards: Lady Sigrid Hrafnisdottir (sigridhrafnisdottir@gmail.com), Lady Arnora Jonsdottir

Event Fee: Weekend: Adult non-member \$50, member \$45; Youth (13-17) \$5; Children (under 13) Free

Day: Adult non-member \$30, member \$25; Youth and Children free

Pre-reg for a \$5 discount.

Make checks payable to SCA, Inc., Barony of Aquaterra.

Site Address: Masonic Family Park, 24310 Mountain Loop Hwy, Granite Falls, WA 98252
Get ready for a weekend of medieval fun! The Barony of Aquaterra invites you to attend Boars Hunt!

Join us at Boars Hunt, an unforgettable camping event at one of the most beautiful sites in the kingdom. This event is one of few that includes fighting scenarios in the woods! Enjoy an included Pig Roast, fighting, rapier, archery, scavenger hunts, youth and family activities, Iron Needle, culinary competition, merchants, dancing, and more! Relax in a majestic forest campground nestled next to a river in the foothills of the Cascades - Not just an open field! Secluded campsites in both loud and quiet areas are available. Don't miss out on this one-of-a-kind event!

Please see our baronial website for all information, hopefully including pre-reg information soon: <https://aquaterra.antir.org/mc-events/boars-hunt/>

Ducal War North VIII

June 23, 12pm — June 25, 4pm

Shire of Coill Mhor

Event Steward: Hamelin L'Archier (hamelin1066@gmail.com)

Event Fee: \$30.00, \$5.00 membership discount applies. 17 and under is free. RV Sites require an extra fee paid to and organized by Northwood Lodge (Ann @ 1-250-396-7311). Cabins are rental but are being organized by the event staff, payments to the site. Make cheques payable to SCA, Inc., Shire of Coill Mhor.

Site Address: Northwood Lodge, 5538 Northwood Rd, Lac La Hache, BC, V0K 1T0

This site is the same site Tir Righ uses for its June Coronet for many years now. It has plenty of lake-side camping, RV sites with hook-ups. There are a limited number of cabins that will be assigned through the Steward and

through the participating Ducal Households. The site is a bit spread out with some inclines, so isn't the best for mobility. The War Site will be on the baseball field at the site entrance, all camping will be along the lake.

A rivalry so deep that generations have come and gone knowing nothing but war - an eternal conflagration that sees no resolve by mortal means. Ducal Houses of the Known World are invited to Coill Mhor to face off against the Einar's and the Wolfpack for supremacy over these lands. Support your side or sell your services to the highest bidder. Merchants · Potluck · Bardic Slam · WAR · Newby Bearpit · Brewing Competition · Iron Rose Tournament for female / gender minority fighters." Ducal Households are requested to register their attendance by May 31, 2023. Registration and Questions to hamelin1066@gmail.com.

Board, Continued from page 4

Meridies:
Nicholas Cheimis
Nikoslav Mikolaevich
404-906-4638
seneschal@meridies.org

Middle:
S. Louise Smithson
Northshield:
Sarah Oldenburg Garcia
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Tomas Mac Odhrain
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West:
Tammera Gulliver
Katrina Yarbrough
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seneschal@westkingdom.org

Book, Continued from page 11
per, sugar and orange peel. It should be noted the Zyvatkaukas redaction uses beets instead of the greens and thickens the pie with arrowroot. Fortunately, they include the original recipe for comparison so you can create your own redaction.

You should also check out the three sections titled "From the . . . Dairy, Frying Pan and Orchard" filled with rich custards, rice puddings, fools, fritters, pancakes and recipes featuring pears, apples, apricots, cherries and other fruits. When you get to section 12, "Sweet Endings" take this quote into consideration next time you see me at an event, "I saw good strawberries in your garden there; I do beseech you send for some of them."

Richard III: Act 3, Scene 4
As you try the very simple Strawberry Tart recipe from "The Good Huswife's Jewel". The modern redaction uses cornstarch to make more of a modern pie filling, but it is simple to remove this post period ingredient or, if you choose, make it with this anachronistic ingredient for a more familiar, modern, tart. You should also

check out the sweet apple pot pie (no bottom crust) spiced with cinnamon, orange zest and a date, all mixed together with heavy cream and topped with a flaky pastry from "The English Housewife" by Gervase Markham.

The final recipe section of the book is titled "To Slake the Thirst" and includes only three recipes. "Buttered Beer", a warmed drink spiced with nutmeg, cloves and ginger, thickened with egg yolks and finished with some fresh melted butter. A white wine version of the ubiquitous spicy "Hippocras" and a "Posset" a creamy, warm drink spiked with some sherry and reminiscent of modern eggnog. Enjoy!

"Eat this book" is a column produced for AnTir's Kingdom newsletter, The Crier. I hope to help you build your food history library. If you have a book, a country, or a time period you would like explored please write to me at: info@vastrepast.com

Book covers off public sites.



**The Crier Archive—
Now Available Online!**

The Chronicler's Office is very pleased to announce that **every issue of The Crier is now available**

to access on the Kingdom website, with the precious hard copies catalogued and residing in the Kingdom heated storage unit. You can read the very first issue published in October 1971 up to the most current.

This project was a two-year labour of love undertaken by the Chronicler's Office Archive Deputy Dame Ellen Fraser. This is an amazing resource of our Kingdom's history. We hope you enjoy it. Our gratitude to Dame Ellen for her work in bringing this compilation to reality. Thank you!

Access the archive from the Kingdom Website. www.antir.org

[Home > Library > An Tir Kingdom Newsletter Archive](#)



An Tir Seneschals – Your Local Leaders

BRANCHES OF AN TIR

Akornebir, canton of Wastekeep (Walla Walla, WA):
Baroness Katherine of Akornebir
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Aquaterra, barony (Snohomish Co., WA):
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Blatha an Oir, barony (Tacoma-Pierce Co., WA):
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Caladphort, canton of Glymm Mere (Gray's Harbor Coun-ty, WA):
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Dragon's Mist, Barony (Washington Co., OR):
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Fire Mountain Keep, shire (Lewis Co., WA)
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Kaldor Ness, canton of Three Mountains (Columbia Co., OR):
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Kourkouaina, OP
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Madrone, barony (King Co., WA):
Ynesen Ongge Xong Kerij-e, OP, OL, Visc..

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Porte de l'Eau, canton of Madrone (E King Co., WA):
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River's Bend, shire (Kelso & Longview-Cowlitz Co., WA):
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Stromgard, barony (Vancouver, WA):
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Three Mountains, barony (Clackamas & Multnomah Co., OR):
Seneschal Kattera Giese
threemountains.seneschal@antir.org

Vulcanfeldt, barony (Yakima-Yakima Co., WA): Seneschal Eldgrimir Hvikatimbr
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Wastekeep, barony (Tri-Cities, WA):
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Wealdsmere, barony (Spokane-Spokane Co., WA): Seneschal Gernot Vomme Sewe
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Wyewood, barony (South King Co., WA): Seneschal Dietrich von Katzenburg
wyewood.seneschal@antir.org

PRINCIPALITY OF THE SUMMITS (Southwestern OR):
Seneschal Master Seamus O'Caellaigh
summitsseneschal@antir.org

BRANCHES OF THE SUMMITS

Adiantum, barony (Lane Co., OR):
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Briaroak, shire (Douglas Co., OR):
Seneschal HL Sleibhin O'leannachai
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Coeur Du Val, shire (Benton Co., OR):
Seneschal: Dominus Marcus Longinius Rufus
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Corvaria, shire (Jefferson, Deschutes & Crook Co., OR):
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Glyn Dwfn, Barony (Jackson Co., OR):
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IN ABEYANCE

Dregate, shire (Okanogan County, WA)

Druim Doineann, shire (Port Angeles-Clallam & Jefferson Co., WA)

Pendale, shire (Sandpoint, Bonner & Boundary Co., ID)

Silverhart, canton of Wealdsmere (Kootenai Co., ID)

Midhaven, shire (Skagit, San Juan & N Island Co., WA)

DORMANT BRANCHES

Bearwood, canton of Aquaterra (E Snohomish Co., WA): IN SUSPENSION

Cáe Mór, shire (Kitimat and Terrace, BC): INACTIVE

Crickstow-On-Sea, port (CFB Esquimalt, BC): DORMANT

Earnrokke, shire (Whidbey Island, WA): DORMANT

False Isle, shire (Powell River, BC): DORMANT

Fjordland, shire (Sunshine Coast, BC): IN SUSPENSION

Rath an Oir, stronghold of Blatha an Oir (Ft Lewis, WA): DORMANT

Saint Bunstable, college (University of Washington, WA): INACTIVE

St. Giles, college (University of Victoria, BC): DORMANT

Southmarch, shire (Klamath & Lake Co., OR): IN SUSPENSION
Windwic, shire (Klickitat Co., WA): DORMANT

Wittanhaven, college (The Evergreen State College, Olympia, WA): DORMANT



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TBD

Quarterly Board Meetings

The Board of Directors is considering the possibility of a return to live meetings in late 2023. Groups interested in hosting a meeting should contact the Executive Assistant (ea@sca.org) for information on meeting requirements and how to submit a bid.

Meeting Schedule:

Meetings will be held online until further notice.
Second Quarter 2023—April 23, 2023
Third Quarter 2023—July 23, 2023
Fourth Quarter 2023—October 22, 2023