

AVANTGARDE

10 YEARS OF MAJESTY, 10 YEARS OF AVACAL



Kingdom of Avacal's Official Newsletter
AS LX (60) Vol VI October 2025



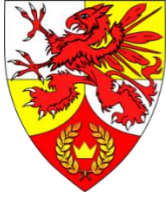
Greetings Avacal!

It is gearing up to be a great fall season for Avacal! We have Heirs to the Gryphon Thrones, a plethora of events around the corner, and great friends to be grateful for!

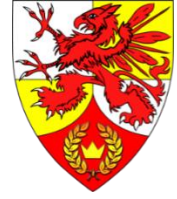
I hope you enjoy this months Avantgarde.

YIS

Lucrezia Iseppa Constantina di Arborea



AVACAL ROYALTY



Their Royal Majesties

King of
Avacal

Hrogan Gunthersson

Queen of
Avacal

Astridr Arnbjarnardottir



Royal Progress

These are the events Their Majesties are planning to attend:

Vinfest

Myrgan Wood Anniversary

Samhain

WinterCoronation

For any further information on Their Majesties progress, or general retinue questions, please contact the [Head of Retinue](#) - Duchess Asney Grimolfrsdottir

KINGDOM OF AVACAL CHAMPIONS

Champion of Sword	Sir Hjalti the Wonder Viking	Champion_of_sword@avacal.org
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Champion of Arrow	Sylvie Tofadottir	Champion_of_arrow@avacal.org
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Champion of Rapier	Tommaso Tiepolo	Champion_of_rapier@avacal.org
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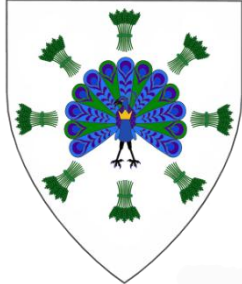
Champion of Arts & Sciences	Susan of Myrgan Wood	Champion_of_artsci@avacal.org
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Youth Champion	Emmett ap Malabar	
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Champion of Bardic	Dolce Machiavelli	Champion_of_bardic@avacal.org
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For further kingdom details, please visit Avacal.org the recognized website for The Kingdom of Avacal.

HEIRS TO THE GRYPHON THRONES

<u>CROWN PRINCE</u>	Aiden ap Grendal	
<u>CROWN PRINCESS</u>	Issabella of Kendal	

PROGRESS OF THE CROWN PRINCE AND PRINCESS

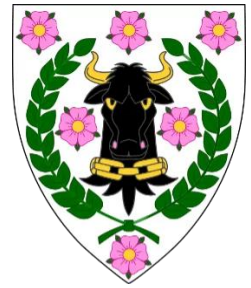
Vinfest	Winter Coronation
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Known as of publishing date.

For further information on Their Royal Highnesses progress, retinue, etc., please contact them via email (linked above). They will announce members of their team at their pleasure.



BARONY OF MONTENGARDE & THE BARONIAL SUCCESSION APPLICATION



We, Baron Refr and Baroness Adis, have been honoured and so proud to have been able to serve you as your Barons for the last two and a half years. It has been humbling in the best of ways and one of the most amazing journeys of Our lives. Watching the joy on People's faces when We have been able to give awards acknowledging all the amazing work they do; being able to stand at the head of Our mighty army, seeing the military might of Our people; being able to give beautifully made largess to Our amazing volunteers; welcoming all the wonderful Newcomers who joined this Great Game during Our time on the Baronial Thrones. These are things that will be hard to give up but give it up We shall, and a bit sooner than you are expecting.

With Baron Bjar and the Baronial Officers having bravely held their positions during Covid for longer than normal, when We stepped up almost all of Our officers were also new in their positions or were needing to step down shortly after Our own Step Up. If We wear the Coronets for a full four years, almost all the Baronial Officers will be needing to step down at the same time a new Baronial couple steps up. It also creates a situation in Avacal where all three Baronial couples will be stepping down at the same time. This means there is no experienced Baronial couple still in Office to help the newer ones. Though past Barons are wellsprings of information, they cannot be present at the plethora of meetings that sitting Barons need to team up for.

We both feel that We can be best of service to Our Barony and to Our Kingdom by ensuring that there is a smoother transition for Our people and for the Baronies of Avacal at the 4-year post-Covid mark.

We are announcing that we will be stepping down at Montengarde's 12th Night, in January of 2026. That means that the process for the Crown to choose a new Baronial couple begins now. The entire polling process is approximately 90 days. This includes a Baronial Meet & Greet for people to ask potential baronial couples questions and this will take place on Thursday September 18, 2025. All interested parties must have not just applied but gained actual approval from the Crown to put their names forward before September 9, 2025. The Baronial Polling will take place on November 1, 2025 at Samhain. The results from the Polling then go to the Crown. They consider the applicants and the input from the Populace from the polling and then They decide who will be next to sit the Baronial Thrones and when it will be announced.

We look forward to answering any questions you might have as to Our experience on the Baronial Thrones and We look forward to mentoring and supporting Our successors. Have no fear. You have a proud lineage standing behind you, supporting you and cheering for you.

In Service to Their Majesties and to the People of Montengarde.

Baron Refr and Baroness Adis

SHAMELESSLY LOOTED FROM THE VIKING WARRIOR COMPANY. SUBMITTED BY RORIK GUNNARSSON

Hearty Viking Barley Stew (Korngrøt)

This robust stew warmed Norse warriors through harsh Nordic winters. Root vegetables and preserved meats create a filling meal worthy of Valhol's feasting halls.

Ingredients:

- 2 cups pearl barley
- 1 lb salted pork, venison or beef, cubed
- 3 large carrots, chunked
- 2 parsnips, diced
- 1 large onion, chopped
- 4 cups bone broth
- 2 bay leaves
- Salt and black pepper
- Fresh dill for garnish

Instructions:

1. Brown the salted meat in a heavy pot over medium heat
2. Add onions and cook until softened
3. Pour in barley and stir for 2 minutes
4. Add broth, bay leaves, and root vegetables
5. Simmer covered for 45 minutes until barley is tender
6. Season with salt, pepper, and fresh dill

Viking Apple and Oat Porridge (Eplegrøt)

Vikings treasured apples for their keeping qualities. This warming porridge combines oats with dried apples and warming spices perfect for cold mornings.

Ingredients:

- 2 cups rolled oats
- 4 cups whole milk
- 1 cup dried apples, chopped
- 3 tbsp honey
- 1 tsp cinnamon
- 1/2 tsp ground ginger
- Pinch of salt
- Chopped walnuts for topping

Instructions:

1. Soak dried apples in warm water for 15 minutes
2. Bring milk to gentle simmer in heavy pot
3. Add oats and cook 10 minutes, stirring often
4. Stir in drained apples, honey, and spices
5. Cook 5 more minutes until thick
6. Serve hot topped with walnuts and extra honey

AVACAL OFFICIAL EVENTS

VINFEST: SILK ROAD TRADERS EDITION

September 12th – 14th, 2025

Camp Tamarack

704063 Range Road 62

Grande Prairie, AB T8W 5B3

Event Steward: Sir Olaf

Co-Steward: [HL Anna](#)

Gate Fees:

Adults \$35 (\$25 with membership)

Youth 0-17 Free



Feast Steward: Jessica

The feast menu will be announced soon.

Feast Fees:

Adult & Youth 12yrs and up - TBA

Join us in the beautiful autumn season to find new A&S, Rapier, Heavy and Archery Defenders! This year's theme will be The Silk Road Traders - more details to follow!

MYRGAN WOOD ANNIVERSARY

October 10th – 12th, 2025

Museum of Antiquities

University of Saskatchewan

107 Administration Place

Saskatoon, SK S7N 5A2

Event Steward: Skald the Peacemaker and Kottir Hrafnas



Gate Fees:

Adults \$30 (\$20 with membership)

Youth 0-17 Free

Come join us to celebrate the founding of Myrgan Wood! Arts & Sciences, Combat, and great merriment will be available for all. The University of Saskatchewan is our backdrop for the drama of competition and warmth of revelry. Champion tourneys in Arts & Science and Heavy Combat are features alongside bardic, space-friendly archery, and fencing.

AVACAL OFFICIAL EVENTS

CANCELLED!!! SNOW EATERS CANCELLED!!!

October 24th – 26th, 2025

SAMHAIN

Nov 1st, 2025

Abbeydale Community Hall

821 Abbeydale Drive NE

Calgary, AB T2A 6N7

Event Stewards: [Lucrezia Iseppa Constantina di Arborea](#), [Freydis Birthesdottir](#), and [Jocelyn of Montengarde](#)

Feast Steward: Sigfuss Thorulfsson



Gate Fees:

Adult: \$35 (\$25 w/membership)

Youth: Free

Children: Free

Feast Fees:

Adult/Youth (12 & up) : \$15

The Barony of Montengarde invites you to Spicy Samhain 2025! This is our Bardic Champion Event, but of course, there's MORE – siege weapons, rapier, armoured, A&S, AND of course Baronial Polling. BUT WAIT – THERE'S MORE?! Why yes – because we love Samhain – we encourage people to dress up in a costume that their persona would wear!

EVEN MORE – why yes – FEAST! HL Sigfuss' Fantabulous Chili, served with white tray buns, shredded cheese, and sour cream on the side which will be followed by Lord Vader's delicious cherry tarts.

Not to be outdone – Sir Kate and Mistress Ellisif will be preparing a lunch by donation, and they have Black Forest cake cupcakes for dessert!

AVACAL OFFICIAL EVENTS

WINTER CORONATION

Nov 8th, 2025

Brian King Center

202 8th Avenue North

Warman, SK S0K0A1

Event Stewards: [Tofa Valadottir](#) & [Segdae Ua Faelin](#)

Feast Stewards: Alexandra of Myrgan Wood & Ella
Baldric of Sigelhundas



Gate Fees:

Adult: \$40 (\$30 with membership)

Youth: free

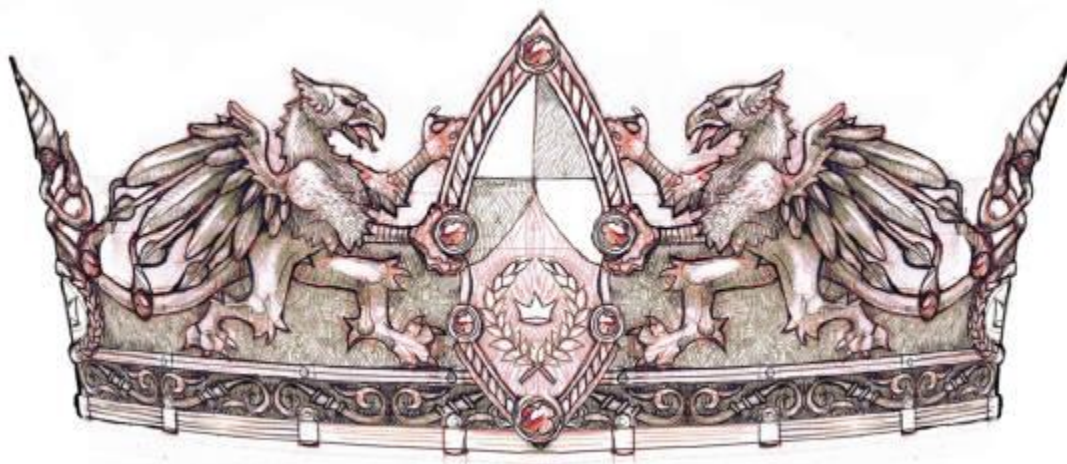
Feast Fees:

Adult: \$25

Youth (12-17): \$15

Join their Majesties Hrogn and Astrid as they step down from the noble Gryphon Thrones and witness the ascent of Avacal's Heirs. Our new Crowns will then oversee a tournament of blades as Maestro Tomasso Tiepolo selects his successor as Avacal Champion of Rapier! As the day grows dark, settle in for a Summer Barbeque Feast at this Winter Coronation

Lady Alexandra of Myrgan Wood and Lady Ella Baldric of Sigelhundas invite you to a gluten-free backyard BBQ during this frosty event! Featuring a Smoked Pork Shoulder main and assorted accompanying sides, brush off the winter chill with warm summer flavours and good company! Off-board table space available.



AVACAL OFFICIAL EVENTS

KRAMPUS

Dec 5th – 7th, 2025

Immanuel Anglican Church

142 Massey Road

Regina, SK S4S 4M9

Event Stewards: [Matthew Pawliuk](#) & [MacKenzie Graham](#)

Feast Steward: [Bela Dunn-Beadry](#)

Gate Fees:

Adult: \$30 (\$20 with membership)

Youth: FREE

Feast Fees:

Adult: \$20

Youth (12-17) \$15

Join us in Sigelhundas for Krampus! We offer an enchanting mix of sword fighting, arts and sciences, and feasting for all ages. Enjoy thrilling tournaments and explore medieval arts and sciences through exciting classes. As night falls, savor a banquet fit for royalty with traditional dishes and exciting flavours!





SOCIETY NEWS & EVENTS



KNOWN WORLD EVENTS

[Virtual Known World Newcomer's Symposium](#)

November 29th, 2025

Kingdom of Atenveldt

Event Steward: Lady Victoria

Co-Steward: Mistress Kolgrima Asgeirsdottir



**KNOWN WORLD
NEWCOMER'S
SYMPOSIUM**

INTERKINGDOM WARS

[GREAT WESTERN WAR](#)

November 4-10, 2025

Kingdom of Caïd (California)

ANNOUNCEMENTS

[JOIN THE SCA SURVEY GROUP](#)

Join the SCA Survey Group to help improve our community by sharing how you interact with the SCA. Your Feedback will be used strictly for statistical analysis, and no personal identifying information will be sought or retained. Please click the link above to participate.

[JULY 2025 PRESIDENT'S REPORT NOW AVAILABLE](#)

The most recent report from SCA Inc. President Bao Pham is now available, containing publishable summaries and commendations from all Corporate and Society Officers, as well as submissions from various Board committees. This report can be accessed at the following link: [/wp-content/uploads/2025/08/2025-07-After-Board-Meeting-Report.pdf](#). Additionally, the full recording of the [July 2025 Quarterly Board Meeting](#) is available on the Society's YouTube channel. Questions or comments regarding the report are welcome and strongly encouraged; please direct them to Mr. Pham via email at president@sca.org using the subject line "**President's Report July 2025**".

[PEOPLE ON THE MOVE - COMMUNICATIONS OFFICER](#)

The SCA Inc. Board of Directors has appointed Kelly McKinnon (she/her/hers) as the next corporate Communications Officer for SCA Inc. This volunteer position is a key role that will help guide and strengthen how we tell the SCA's story—supporting both our internal community and public outreach. The Communications Officer oversees the implementation of communication strategy (including social media), official messaging, and content coordination across the Known World, helping ensure a clear, engaging, and inclusive voice for the Society. To read more about Kelly, please click the link above.

PEOPLE ON THE MOVE - SOCIETY DIVERSITY, EQUITY, INCLUSION AND BELONGING OFFICER

The SCA Inc. Board of Directors has appointed Roxi J. Elliot (they/them/theirs) as the Society Diversity, Equity, Inclusion, and Belonging (DEIB) Officer. This essential role supports the SCA's ongoing commitment to fostering a respectful, inclusive, and welcoming environment for all participants.

The Society DEIB Officer will play a key role in providing consistency, guidance, and strategic support across the Known World. A major focus of this position is working closely with Kingdom DEIB officers—offering resources, mentorship, and a unified framework to help ensure that equity and inclusion efforts are sustainable and aligned throughout the Society.

Click on the article title above to read more about Roxi J. Elliot.

BOD MEETING SCHEDULE:

2025 QUARTERLY MEETINGS

October 18th - 19th, 2025 - Live (Hybrid)

SOCIETY OFFICERS AND DIRECTORS

PRESIDENT: Bao Pham (Baron Baudoyne de Lafayette)

VICE-PRESIDENT FOR OPERATIONS / SOCIETY SENESCHAL: Stacy Hall (Mistress Gwenndolynn ni hAilleachain)

AVACAL OMBUDSMAN: Joan Steurer (Rhianwen ferch Bran ap Gruffydd, KSCA, OP, OL)

CORPORATE MAILING ADDRESS AND PHONE NUMBERS:

The Society for Creative Anachronism, Inc.
PO Box 66347,
Scotts Valley, CA 95067



Toll Free: 1-800-789-7486
Direct: 1-408-263-9305
Fax: 1-408-263-0641



MEMBERSHIP QUESTIONS CAN BE SENT TO: MEMBERSHIP@SCA.ORG

THE SIGNOROTTI MEMBERSHIP ASSISTANCE FUND

Experiencing financial stress? The Signorotti Membership Assistance Fund is available to support those participants who may find it difficult to continue their memberships. We also welcome donations to this fund.

Members of our community can request assistance from our Corporate Office to purchase or renew memberships using this fund, named in honor of Renee Signorotti who recently retired after heading up the SCA's Membership Office for over 40 years.

To request assistance:

1. Email membership@sca.org and let us know that you would like to take part in this program. Please be assured that we will treat your request confidentially. No financial questions will be asked, as requests will be taken on good-faith.
2. Complete a membership application (found on the [Document Library page](#)) and send it to the Corporate Office via email, Postal Mail, or Fax.

Kingdom Officer Opportunities

Open officer positions are listed on Avacal.org as vacant. If you are interested in assuming an officer position, please submit your letter of intent as well as your SCA and mundane resume to the Chief Administrator of that Office and the Seneschal.



Avacal's College of Heraldry requires a Contingency Deputy Herald to meet kingdom status conditions. If you are interested, please forward your SCA resume and a letter of application to the current Sanguinaris Herald, Arwyn of Leicester at herald@avacal.org.

CONTINGENCY DEPUTY HERALD AKA RED RAM HERALD

Job Description:

1. The Contingency Deputy Herald will administer the office if the Sanguinaris Herald, for whatever reason, cannot continue in that role.
 - a. Specifically, the contingency deputy herald will work with the Crown and Kingdom Seneschal to advertise and select a new replacement.
2. The Contingency Deputy Herald shall not be a spouse/partner of the Sanguinaris Herald.
3. The Contingency Deputy Herald will report quarterly to Sanguinaris Herald.

Skills and Competencies:

- o Prefer to have a knowledge of a least one aspect heraldry or a willingness to learn
- o Strong administrative skills including email, spreadsheets, word processing
- o Good working knowledge of governing aspects of the SCA such as corpora, kingdom law and Avacal customs
- o Able to learn administrative aspects of heraldry such as OSCAR (Online System for Commentary and Response), Administrative Handbook, Order of Precedence, etc.



KINGDOM CHRONICLER

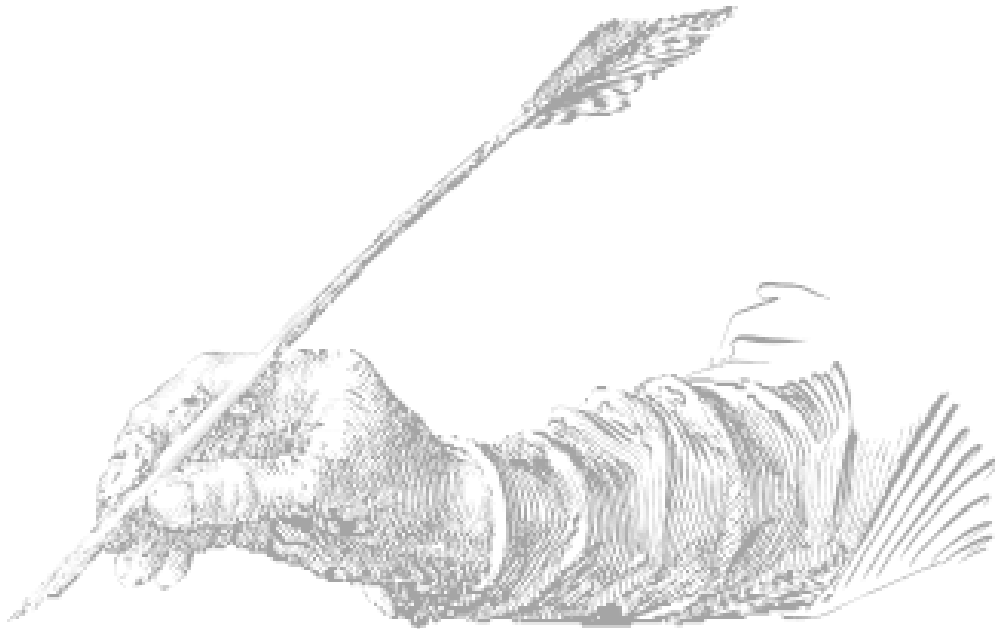
Are you the chronicler Avacal needs? If so, please forward your SCA resume to the [Kingdom Seneschal](#) and [Kingdom Chronicler](#) by November 31st 2025.



The Office of the Chronicler is responsible for the publication of the Kingdom Newsletter, the Avantgarde: a primary source of information about Kingdom activities, events, law changes and other matters relevant to our Kingdom.

Job Description and Skills Required:

1. Create the kingdom newsletter according to the laws and procedures of Society.
2. Remain ***Neutral*** at all times.
3. Have a computer with reliable access to the internet.
4. Use open-source software to create newsletter.
5. Own a dictionary or have access to one.
6. Occasionally wrangle cats.
7. Have fun.



AVACAL DIRECTORY

ROYALTY

KING

Hrogn Guntherson
crown@avacal.org

QUEEN

Astridir Arnbjarnardottir
crown@avacal.org

CROWN PRINCE

Aiden ap Grendal
heirs@avacal.org

CROWN PRINCESS

Issabella Kendal
heirs@avacal.org

KINGDOM OFFICERS

SENESCHAL

Sadb Jofreysdottir (Vicki Freyer-Foster) seneschal@avacal.org

CONTINGENCY DEPUTY SENESCHAL

Roxanne Delaroche (Tracy Walker)
seneschal-contingencydeputy@avacal.org

CALENDAR

Gwen MacFergus
calendar@avacal.org

CHATELAINE

Richard D'Hauke (Brad Sparks)
chatelaine@avacal.org

CHRONICLER

Lucrezia Iseppa Constantina di Arborea (Renea Barker)
chronicler@avacal.org

EARL MARSHAL

Fergus of Carlisle (Murray MacGregor)
earlmarshal@avacal.org

EXCHEQUER

Kaydance Pardus (Candice Koshman)
exchequer@avacal.org

MINISTER OF ARTS AND SCIENCES

Brangwayn the Everpresent (Simone Brangwayn Brazel)
artsci@avacal.org

SANGUINARIS HERALD - KINGDOM HERALD

Arwyn of Leicester (Stephanie Mortenson)
herald@avacal.org

WEB MINISTER

Raoul Delaroche (Duane Walker)
web@avacal.org

BARONETS OF AVACAL

BOREALIS (Edmonton, AB)

<http://borealis.avacal.org>
Baron: Aman Brennan (Zach Blanchette) Baroness: Sarah of Tarragon (Sarah Hamilton)
borealis.bandb@avacal.org

MONTENGARDE (Calgary, AB)

www.montengarde.org
Baron: Refr Bjarnarson (David Laney) Baroness: Adis Ulfisdottir (Suzanne Laney)
excellencies@montengarde.org

MYRGAN WOOD (Saskatoon, SK)

<http://sites.avacal.org/Myrganwood>
Baron: Alexios Mavros (Cody Redekop) Baroness: Amya Mavros (Terri Redekop)
BandB@myrganwood.org

BARONIAL & BRANCH SENESCHALS

AYRESGARDE

(Cranbrook & Kimberly BC - Shire)
Edana Adamas
ayresgarde.seneschal@avacal.org

BOREALIS

(Edmonton, AB - Barony)
Iolar the Sinister (James Brown)
borealis.seneschal@avacal.org

BORDERGATE

(Cold Lake, AB – Shire)
Volchok Vikingsson (Clint Zajic)
bordergate.seneschal@avacal.org

MONTENGARDE (Calgary, AB - Barony)

Quon Jien (Colin Kwan)
montengarde.seneschal@avacal.org

MYRGAN WOOD - **INTERIM**

(Saskatoon, SK - Barony)
Roxanne Delaroche (Tracy Walker)
seneschal@myrganwood.org

SANDESHEND

(Medicine Hat, AB – Unofficial Incipient Shire)
Dolce Adalina Machiavelli (Meagan Turenne)
Sandeshend.seneschal@avacal.org

SIGELHUNDAS (Regina, SK - Shire)

Philip of the Lakes
[sigelhundas.seneschal@avacal.org](mailto:sigelhundasseneschal@avacal.org)

VALLEY WOLD (Moose Jaw, SK - Shire)

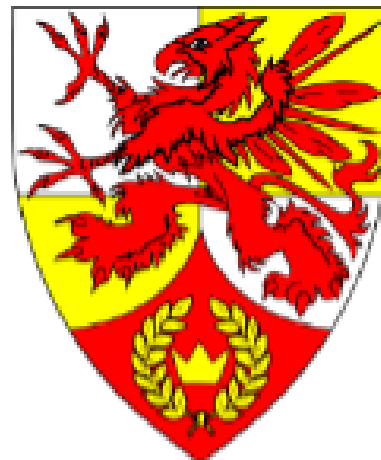
Jacinda Johnsdottir
valleywold.seneschal@avacal.org

VINJAR (Grande Prairie, AB - Shire)

Adamar di Donadei di Pietro (Craig Cruikshank)
vinjar.seneschal@avacal.org

WINDWYRM (Lethbridge, AB – Shire)

Caitlyn Emryss
windwyrmseneschal@avacal.org





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This issue of the Avantgarde is the official newsletter of the Kingdom of Avacal. Avacal is a branch of the Society for Creative Anachronism Inc., and the Avantgarde is published as a service to the SCA's membership. Monthly circulation is approximately 500. This newsletter is available online at <https://members.sca.org/apps/#Newsletters>

Membership is available from the Member Services Office, SCA Inc., P.O. Box 66347, Scotts Valley, CA 95067 or online at <https://membership.sca.org> Send changes of address or questions about subscriptions to the Milpitas address. U.S. and international SCA membership forms are available online at www.sca.org

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Editor in Chief: Lucrezia Iseppa Constantina di Arborea, chronicler@avacal.org

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