The Grier

Official newsletter of the Kingdom of An Tir

January 2026 "AS LX / 61" Issue 642



"Eat This Book!"

A perennial favorite continues! Cook book reviews and recipes The Herbalist

A new feature exploring the edible plants around us

12th Night!

Peers Auction, Site copy and everything you need to know



An Tir Royal Court





Their Majesties of An Tir Ulfgar Hjartar Bani Thorvaldsson and Juahara al Azin

crown@antir.org

Their Heirs: TBD





Their Alpine Highnesses of the Summits

TEs Finris Christiansen and Seraphina Ferrisdottir summitscoronets@antir.org





Their Highnesses of Tir Righ

Their Highnesses of Tir Righ: Magnus Ulfgarsson and Sina Erdeneva

coronets@tirrigh.org



Royal Champions				
Champion of An Tir	Ragnar Styrkarrson	July Coronation		
Kingdom Protector	Weylyn of Codswalde	September Crown		
Queen's Rapier Champion	Rosa Marcella	Kingdom A&S		
Arts & Sciences Champion	Lantani de Forez	Kingdom A&S		
Bardic Champion	Gareth Hyre	Twelfth Night		
Equestrian Champion	Angharad Banadaspus Drakenhefd	Twelfth Night		



Great Officers of An Tir Content & Event Copy Submission Deadlines

250				
seneschal@antir	Seneschal Phelan Tolusmidr, KSCA,OP, OD	For the Issue of:	Submit by this date:	
	seneschal@antir.org Warrant expires January 2028	January	December 1st	
	voarrante exprires samaar y 2020	February	January 1st	
Cyfurdd Angharat verc blacklion@antir.org	Black Lion Principal Herald Cyfurdd Angharat verch Reynulf	March	February 1st	
		April	March 1st	
	Warrante expires samually 2027	Мау	April 1st	
	Chancellor of the Exchequer	June	May 1st	
688	Þorkell Palsson exchequer@antir.org	July	June 1st	
	Warrant expires September 2026	August	July 1st	
		September	August 1st	
		October	September 1st	
	chatelaine@antir.org	November	October 1st	
	Warrant expires January 2026	December	November 1st	
	Chronicler	Note from the Crier Editor:		
V	Baroness Suzanne de Chinon chronicler@antir.org Warrant expires January 2027	Do you have an idea for content for the Crier? Artwork, articles, poems, or pictures?		
X	Earl Marshal Viscount Durin Oldenmoor Tjorkilskin earlmarshal@antir.org Warrant expires July 2026	We would love to see what you have to share with the Kingdom! We publish as space allows after required con- tent/regular features. We can also publish a Supplement for longer articles, classes or features.		
	Minister of Arts & Sciences Þóra in fróða, OL artsnsci@antir.org Warrant expires July 2026	Please email your ideas to criereditor@antir.org		



Kingdom Webminister

Levi ben Daniel webminister@antir.org Warrant expires July 2026

Reporting Calendar of An Tir

		Report Due
Q1	Jan-Mar	May 1st
Q2	Apr-Jun	August 1st
Q3	July-Sep	November 1st
Q4	Oct-Dec	February 1st

Health and Safety

Although the SCA, Inc (Society for Creative Anachronism) complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the inperson events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

Kingdom Officers Summons



Chatelaine Newcomers Deputy

This office falls under the office of Kingdom Chatelaine

Requirements: Be a paid member of the SCA. Have a working computer. Have a working knowledge of how the SCA and An Tir work.

Job responsibility: Class host

This is an online class series where we introduce the Newcomers to the SCA. Each class is about 1 hour long with all the content already available.

There are 5 classes in total to run consecutively with November and December off.

Be open, friendly and available to newcomers. Be willing to answer emails, online questions and make quarterly report to the Chatelaine Education Deputy

If interested please email:

Chatelaine.education@antir.org with your SCA resume and your goals with this position.



CRIER EDITOR POSITION OPEN:

The Crier Editor is a deputy to the Kingdom Chroniclers office and is responsible for publishing the Kingdom newsletter, the Crier. It is important that there be a deputy in this role - the Crier being late to Society is not an option! So if the Editor cannot publish, the Chronicler can cover for them, but only if there is two-deep.

The skills needed for this job are: Ability to meet a deadline. The Crier is published monthly by the Society and this must be done on time, every time without fail.

Ability to use word processing equipment - the Crier is currently formatted in MS Publisher, however we need to establish a new program as MS is discontinuing MSPub support.

Access to email, Facebook and Discord. Especially near the end of the month checking email every day and multiple times a day - is very important as the Crown and Kingdom officers may have last minute additions that must be published.

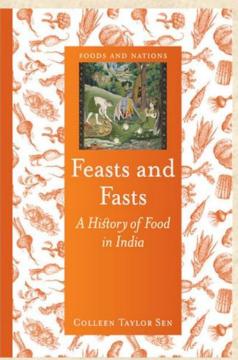
Skill at layout and design - some things must be in the Crier, and some things are at the editors discretion. You have a bit of leeway for creative content that showcases the brilliance of An Tir. This job has NO travel requirements. The Kingdom Chronicler must attend Kingdom events, but the Crier Editor is a deputy and does not have to. There is also no equipment to manage, this office is 100% online with it's own Kingdom account. You will need a computer.

The Crier Editors job is one of the most important and visible in the Kingdom - publishing the Kingdom newsletter is a big responsibility with great satisfaction in having your work in front of the entire known world. Sound like something you'd like to do? Email chronicler@antir.org and lets chat.

"Eat This Book"

"Foods and Nations" is a new historical food series from Reaktion Books. It includes ten books on the foodways, culture and history of Australia, Russia, France, Spain, America, Greece, Vietnam, Italy, Germany, and this month's featured book "Feasts and Fasts: A History of Food in India" by Colleen Taylor Sen, Reaktion Books, 2015. This book is not a cookbook, but a reference book that dives deeply into "the second most populace country in the world". The thirteen chapters, plus additional sections: timelines, references, select bibliography, etc., delves into this topic "by tracing the history (of) Indian food from prehistoric times to the present in the context of historical. social, religious and philosophical developments."

In the introduction Dr. Sen tells us there is no other country like India. The multiple languages, religions and culture are unlike any other country. She says, "India has been called a universe, not a country" and "from ancient times, foreign travelers have marveled at the country's agricultural bounty." The country truly is remarkable and has been an important part of the global economy for centuries and centuries. The eight major religions practiced in the country had, and still have, a huge influence over the culinary activities of its people. Sen points out that in India it is not "You are what you eat" but "you eat what you are" each religion has "their own food prescriptions and proscriptions." Indian diets are also heavily influenced by Ayurveda (Indian) and Unani (Islamic) medical theory.



Besides the religious influences on the cuisine the regional influence also had a large impact. India is a large country and the agricultural and cultural influences are incredibly varied from north to south and east to west. What grows in the mountainous parts of the country does not grow in the hotter, dryer parts. And access to the abundance from the sea was not, until modern times, accessible to the interior parts of this huge country.

In chapter one Sen explores the "Climate, Crops and Prehistory" as the important foundation of the Indian food culture both historically and from a modern perspective. She explores what crops were first cultivated, how the climate influenced, and continues to influence, the food-ways, the differences between India and Europe, etc., This chapter also has specific sub-sections on the pulses, grains, fruits and vegetables, spices, animals, and the dominate culture during the time "The Harappan or Indus Valley Civilization".

Chapter two "The Age of Ritual, 1700 - 1100 BCE" and chapter three "The Renunciant Tradition and Vegetarianism 1000 - 300 BCE" continue the narrative established in the first chapter, but takes us further along the time continuum with the introduction of farming and animal husbandry, the impact of sugar, yogurt and cheese on the diet, the emergence of rice as a staple, and much, much more. In chapter four, "Global India and the New Orthodoxy 300 BCE - 500 CE" we see how India starts to become important to the wider international food community. Chapter five focuses on "New Religious Trends and Movements: Feasting and Fasting 300 - 1000 CE". As in other cuisines of the time period India also adhered to a dietic formula based on the medical knowledge of the time and in chapter six "Food and Indian Doctors 600 BCE - 600 CE" this is explored in depth. These theories were very different than those from the Middle East and Europe.

Chapter Seven "The Middle Ages: The Manasolassa, Lokopakara and Regional Cuisines 600 – 1300 CE", chapter eight "The Delhi Sultanate: N'matnama, Supa Shastra and Ksemakutuhalam, 1300 – 1500" and part of chapter nine "The Mughal Dynasty and its Successors 1526 – 1857" cover what Europeans refer to as the Medieval period and the Renaissance.

During this time period the first "non-medical" and "non-religious" cookbooks first appear. We also see regional cuisines emerging and the consolidation of power into the Sultanates. During this time period Islam arrived in India. This religion from the middle east had a huge effect on the foods that were consumed and forbidden.

The first part of chapter ten "The Europeans, the Princes and their Legacy 1500 – 1947" is worth reading although only the first half is relevant to the time period we explore. Chapter eleven "An Overview of Indian Cuisine: The Meal, Cooking Techniques and Regional Variations", chapter twelve "New Trends in Indian Food 1947 – Present", and chapter thirteen "The Food of the Indian Diaspora" are filled with the same detailed information in the first ten chapters of the book and are a total delight to read, but do not focus on our specific area of interest.

The chapters in "Feasts and Fasts" are supported by numerous charts and graphs that elucidate the topics that Dr. Sen explores. The book is also filled with illustrations, including pictures of cooking utensils from multiple different time periods, lavish manuscript illustrations, and delicious photographs of ingredients and prepared dishes that will make your mouth water. Although at the beginning of this column I said, "this book is not a cookbook" Dr. Sen does includes several recipes throughout the book. Try the simple "Millet Bread" on page 18, the "Salty Yavagu" or the "Sweet Yavagu" (rice porridge) on page 64, "Shikhand", a sweet cardamom, saffron and pistachio flavored yogurt on page 124, or the delicious sounding Huli (Dal) from Lokopalara (1052 CE) which is a lentil soup flavored with cardamom, cumin, mustard, black pepper, cardamom and coriander and then garnished with mustard seeds, cumin seeds, asafoetida and curry leaves sautéed in some ghee, on page 145.

If you crave more meaty dishes the "Shulla" from Ain-i-Akbari (from the reign of Akbar in the late 1500's). "Shulla" is a meat stew, likely goat or lamb since beef was forbidden, that incorporates rice, chickpeas, and onions and is flavored with ginger, garlic, pepper, cinnamon, cardamom and cloves.

Colleen Taylor Sen has written or edited/co-edited eight books, mostly on Indian Cuisine. She has lectured at many universities and has participated in the Oxford Symposium on Food and Cooking as well as other prestigious institutions and symposia.

She has also written articles for less esoteric publications such as Travel and Leisure, the Chicago Sun Times, the Chicago Tribune, and others. "Food Culture in India", her first book, was published in 2004. She also wrote the delightful book "Curry: A Global History". "Feasts and Fasts: A History of Food in India" has been highly praised by the food media and was included on Vogue's list of 16 best cookbooks of 2015. Her most recent book, published in 2023, "The Bloomsbury Handbook of Indian Cuisine" was coedited by Sourish Bhattacharyya and Helen Saberi, has entries from leading food historians and journalists. Dr. Sen's books have been translated into Arabic, Japanese, Korean, and Chinese.

Stay tuned to Eat This Book for more reviews from this series.

"Eat this book" is a column produced for An Tir's Kingdom newsletter, The Crier. I hope to help you build your food history library. If you have a comment, book, country, or a time period you would like explored please write to me at: info@vastrepast.com

Eduardo Lucrezia, is the Tanist of the Principality of Tir Righ. His persona is a mid-15th Century Italian Renaissance Court and Kitchen Punk. He is obsessed with the food from the Iberian Peninsula, specifically the recipes of Martino and Platina. He is a member of the Order of the Laurel, the Order of the Pelican, a Baron of the Court of An Tir and a Lion, An Tir.

David Huffman-Walddon owns a technology consulting company, Renaissance Strategic Consulting, Inc. He has written on food history for The Journal of Italian Food and Wine and Petits Propos Culinaires. He has given papers on the food of the Italian Renaissance at the Oxford Symposium on Food and Cookery and the Renaissance Society of America. His weekly food history and tradition column, The Vast Repast, was syndicated in Washington, Oregon, California and British Columbia. Eat This Book has run almost every month in The Crier, An Tir's official newsletter, since March of 2021.

Book covers off public sites.



Author Photo by Tessina (Geneva Borland) release on file.

Crier Changes:

You may notice a few changes in the Crier format over the next couple months, starting with this issue. The Chroniclers office is looking for the publishing program to replace MS Publisher, which will no longer be available after October. This months Crier has been formatted in MS PowerPoint.

Kingdom Chronicler

Kingdom Largesse Coordinator Announcements

The DELIGHTFUL DUO LARGESSE CONTEST is coming to 12th Night 2026!

Overview: Each entrant is asked to contribute two nearly identical handmade items which would not normally be donated as largesse due to cost, complexity, or time commitment. One of the two items will be kept by the Crown for gifting to fellow royals or to be used as prizes for other kingdom level contests, the second of the two items will be taken home by one of the other entrants as a prize. This means everyone who enters will go home with something fabulous! Each duo will be put on display Saturday and voted on by the populace during the day, granting the winner first choice of one of the other entries to take home. The order by which the rest of the entrants choose their prize item will be based on a blind drawing of names.

ENTRANTS:

- ~ While it is not required that you declare your intention to enter ahead of time, it's quite helpful to us if you do so that we can plan accordingly for set-up. *It will also allow me to reach out directly with additional contest details if they change.* Please email kingdom.largesse@antir.org when you've decided to participate.
- ~ Entries MUST include 2 CARDS with the following information:
- Entrant SCA name
- ·Home branch
- Point of contact (email or fb name if different from SCA name)
- •A brief description of the item(s) being entered.
- •NEW: If your items have loose pieces please include a way to carry each set (2 plastic bags, 2 cardboard boxes, etc., nothing fancy required just practical containment)
- ~ Please see the "overview" above for contest details/requirements, and if you have any questions please reach out.

Thank you and we look forward to seeing your entries!

YIS, Sibylla de Waryn, OL Kingdom Largesse Coordinator



The Kingdom Largesse Office is SEEKING APPLICANTS for the following roles:

Regional Deputy Summits (Adiantum, Briaroak, Coeur du Val, Corvaria, Glyn Dwfn, Mountain Edge, Myrtleholt, Southmarch, Terra Pomaria, Tymberhavene)

Description of Position & it's Responsibilities:

Regional Deputies assist the Coordinator by serving as the point person for their area. They collect donations from those who don't travel and bring them to events attended by the Crown for handoff (or collect everything and arrange for another local member to courier), and relay needs/requests from the Crown to members in their region who may not use social media.

Additionally, they may encourage local groups in the creation of largesse to donate to the Kingdom by running small contests or issuing challenges, arranging largesse making parties, etc.

The Regional Deputy is a TWO YEAR warranted position, starting 12th Night 2026 and ending 12th Night 2028.

If you are interested in joining our team, please email kingdom.largesse@antir.org We look forward to working with you!

YIS, Sibylla de Waryn, OL Kingdom Largesse Coordinator

IMPORTANTPROCEGS CHANGE from the Office of the Kingdom Largesse Coordinator:

It is with sadness that we announce we are pausing the international movement of largesse within the Kingdom. Due to the unfortunate times we are in regarding tariffs and border inspection issues, the question of whether it is responsible to attempt to transport quantities of largesse into the United States from our Canadian populace was raised. In consultation with the Crown and Heirs, consensus has been reached that at this time we will be pausing the official transfer of donated largesse south into the U.S. Individuals can of course still make the choice for themselves to transport items across to donate to the Crown and therefore address any duties personally if inspected but neither the Crown nor official Kingdom couriers will be doing so until mundane trade policy changes. We deeply regret that this is the situation we find ourselves in and are incredibly sorrowed that we will be unable to continue to facilitate the physical sharing of the amazing and generous contributions of our Tir Righ makers with the rest of the Kingdom. We hope this will change in the near future but must proceed under the current mundane reality for now. Some ways to expand the visibility of our amazing donors throughout the Kingdom was already in the works before this decision, and we hope this upcoming boost will help compensate for the decrease our generous Tir Righ artisans face but we know it's not the same. Spreading your word fame is still of upmost importance to us, please stay tuned for this update! How will this change in procedure affect donation to Kingdom and Kingdom use of largesse within Tir Righ? While our Crown is US based, any official visits made to Tir Righ will only involve gifting to the Event Steward and all other gifting between the Crown and dignitaries will pause. However, if our Crown is Canadian based gifting between the Crown and dignitaries at events in Tir Righ will likely resume (at the Crown's discretion). This means that having a Canadian stockpile of Kingdom Largesse is still desired, however items may see long lags between donation and use unless the situation changes. We very much understand this may change donation habits! If you are a Canadian An Tirian who has largesse in holding with the Kingdom Regional Deputy there Sine Gunnsdottir (Janis James) and would like your items reallocated to the Principality please reach out and let us know, we will be happy to arrange that. We can also get them back to you or hold on to them in the hopes that things change in the near future or we have a Canadian based Crown! With this shift the previous position of Kingdom Largesse Regional Deputy for Tir Righ will become a hybrid position, becoming Regional/Storage Deputy Tir Righ.

If you have any questions regarding this change in procedure, please reach out. We know this is difficult and unhappy news.

With sadness and deepest apologies from the Crown and my Office, Sibylla de Waryn, OL Kingdom Largesse Coordinator kingdom.largesse@antir.org



Events Announcements

Twelfth Night Coronation

Lands of the Barony of Madrone Meistari Kira Mikkeldotter, OP January 9th, 2026 to January 11th, 2026 Gate Opens January 9th, 2026 at 2pm Site Closes January 11th, 2026 at 3pm Hilton Bellevue 300 112th Ave SE Bellevue, WA 98004 Gate Fee: \$40 for Adult and Youth 17 and Under Free (\$10 Discount when SCA Membership provided) To whom should checks be made payable?: SCA Inc Barony of Blatha an Oir

Please come and join The Sovereigns of possible to make this demo an An Tir, Octamasades Skuthikos and Achaxe Ek Auchatae, as they hold their final court and welcome their heirs, Ulfgar Hjartar Bani Thorvaldsson and Juahara al Azin, to the throne. This year we are bringing to the populace The Heritage & Legacy of An Tir. We wish to display and welcome the best of the past and bring forth what all event information, including set up An Tir is. This will be carried over into the traditional Saturday Night Masked Ball, where the theme will be Legends of An Tir, come as your favorite moment in time. We welcome anyone who wishes to display their personal banners down the long hallway January 23-25, 2026 to drop them by Gate Friday and we will Steward: Conchobhar Ciúin Email: put them up, and they will need to be picked up Sunday after 3pm. All updated information will be posted to 14405 - 179th Ave SE Monroe, WA the Kingdom Events Page First. It is not 98272 official if it is not on the Kingdom Events Site opens at 12:00pm on 1/23/2026 Page.

Ursulwyck Medieval Faire

February 28, 2026 Saturday 9am - 7pm Barony of Aquaterra Stewards: HL Lóftr Jolgiersson / loftr93@gmail.com and HL Sabina di Zorzi / SabinadiZorzi@yahoo.com Gate fee (Checks be made payableto: Barony of Aquaterra, SCA Inc.) Adult non-member - \$25.00 Adult member - \$15.00 Youth (13-17) - \$15.00

Children (12 and under) - Free Barony of Blatha an Oir, Held within the Site: Skagit County Fairgrounds, 510 Taylor St., Bldg. D, Mt. Vernon, WA 98284

> Aquaterra invites you to come in from the cold at a new location and join us for our new demo event, Ursulwyck Medieval Faire! This will include the Ursulwyck Village and Marketplace previously part of our Ursulmas event, as well as our baronial heavy, rapier, and YAC championships, along with other entertainment, so it should be a great show for everyone! We will be working hard to fit in as much as engaging and educational experience for our modern quests.

Please let us know if you're able to join us and share your skills with folk who we hope to bring into this game with us! Other online sources are geared towards our modern guests, so please see the Kingdom Calendar for and tear down days, site rules, info on nearby amenities, etc. and e-mail the Event Steward with any questions.

Ursulmas Tournaments

Barony of Aquaterra conchobharciuin@gmail.com Site: Evergreen State Fairgrounds

and closes at 5:00pm on 1/25/2026

Weekend Adult non-member \$45 Weekend Adult member \$35 Day Adult non-member \$35 Day Adult member \$25 Weekend Youth (age 13-17) \$15 Day Youth (age 13-17) \$10 Child (age 12 and under) \$0 To whom should checks be made payable? Barony of Aquaterra, SCA, Inc. This year we have separated our tournaments and our public demo into

two separate events. Ursulmas

Tournaments features tournaments for heavy combat, rapier, cut & thrust, target archery, combat archery, thrown weapons, and youth armored combat. Seating in the bleachers gives a birdseye view to the arena so you can enjoy it all at once.

After the fighting concludes, join us in a Royal Court and experience the essence of what our community is all about as you take in the medieval atmosphere. The event welcomes everyone and people of all ages have the chance to find a new interesting activity. The experience of a first event has led many of us to find a new interest or hobby that has turned into a passion for learning.

Founding Revel

Barony of Stromgard 02/14/2026 Saturday, 10 am to 7 pm Steward: Donnina "Donatella" Donatelli Gate fee: (Checks payable to: Barony of Stromgard, SCA Inc) Adult non-member \$35, member \$25; under 18 no charge Site: Camas Community Center - 1718 SE 7th Ave, Camas WA 98607

cowex@shaw.ca

Tir Righ February Investiture February 21, 2026 Shire of Hartwood Event Steward: Tristram le Fiz Owein (email: ppuhallo@gmail.com) Site Fees: Adult: \$35, Seniors: \$30, Youth and Children 12 and under: FREE. SCA Members will receive a \$10 discount. February 21, 2026 from 9:00am -7:00pm. The Event is being held at The Cowichan Exhibition Grounds Address: 7380 Trans Canada Hwy, Duncan, BC V9L 6B1 Phone:250-748-0822 Email:

Continued on page 10

Events Announcements Cont.

Tir Righ February Investiture continued:

Directions from Victoria: Take Douglas St/Trans-Canada Hwy/BC-1 North follow Trans-Canada Hwy/BC-1 North through Duncan BC for 67.5 km. Turn Left at Mays Rd. Destination will be on your right.

Directions From Nanaimo: Take Trans-Canada Hwy/BC-1 south for 45.9 km. Turn right on Mays Rd. Destination will be on your right.

Unto the populace of An Tir, Hearken!

Mighty Prince Magnus and radiant Princess Sina invite you to the Shire of Hartwood to witness the Investiture of their Heirs, Finn and Eduardo, to the Storm Throne of Tir Righ!

The jubilant hosting branch of Hartwood wishes to encourage attendees to show their pride with a riot of color, displaying their personal and branch heraldry.

The event will also include the annual tournament to choose the new rapier champion of Tir Righ will be held. The tournament will be in a Round Robin format. Two round robin pools with the top four from each pool seeding the next round which will be single elimination until two remain to fight the finals which will be best three out of five. If there are 24 or more participants, then there will be additional Robin Pools.

Additional activities are to be found as well such as an Archery and Thrown Weapons contest, Largess Contest, Period Dessert A&S Contest and auction with proceeds going towards the Tir Righ Travel Fund. Further details on these to be found on the Event Site.

Pets are welcome, An Tir leash laws will be in effect.

Merchants are welcome as well, at no additional fee, and should contact the Event Steward to reserve a table. For Accommodations a Block of Hotel Rooms has been reserved at the nearby Best Western Cowichan Valley Inn.

Booking link (now live): https://www.bestwestern.com/en_US/book/hotel-rooms.62068.html?groupId=9D5EX2D7 Guests can use the code SFCA26 when calling the hotel, 250-748-2722, to reserve their room alternatively use the link above to book rooms directly with your room block.

This room block will be released after January 20, 2026.

Midwinter's Feast

Barony of Adiantum January 17, 2026

Steward: Avina Moncrieffe

Please join the Barony of Adiantum for Midwinter's Feast. We will hold our Rapier Championship, we'll have some classes and a Feast. This is a dry site. Service animals only indoors.

Site: Walterville Grange, 39259 Camp Creek Rd, Springfield, OR97478,

Gate will open at 9:00 am. Site closes at 9:00 pm.

Site fees: (Checks payable to: Barony of Adiantum, SCA Inc) Adults - \$25.00, SCA members will receive a \$10 discount. Feast fee - Adults - \$15, Youth 12-17 \$10.00 and Children \$5.00

Feast of St. Bubba

Barony of Wyewood

February 14, 2026 - February 14, 2026

Steward: Gabrielle Lipinay Email heather.yager7@gmail.com

Event site:

Auburn Senior Activity Center

808 9th Street SE Auburn, WA 98002

Site opens at: 9:00 AM Site closes at: 9:00 PM

Site Fees:

Adult \$25 (\$10 discount for SCA members)

Under 18: Free Feast: \$25

Feast Child <=12 Free

Please join their Excellencies of Wyewood, John and Margaret to feast and frolic to celebrate our patron Saint and to find successors for the Baronial Champions for Bardic arts and Arts and Sciences. In addition to the Arts Championships, so much more is planned for your delight as we spend the day together. We will have dance lessons, a class on making game boards, making rosary beads with rose petals, and third class yet to be determined. Outside will be a rapier tournament.

For lunch will be a soup and bread provided for a donation, or bring your own. We will have an amazing dinner feast of whole pig on a spit and mouthwatering dishes by Lady Gondul the Unwitty. A dessert auction will occur during the dinner feast.

Events Announcements Cont.

Yule Feast

Barony of Vulcanfeldt

January 3, 2026

Steward: Ionamyst Reginasdottir Grandview Community Center

812 Wallace Way Grandview, WA 98930

Early entry to set up 9:00 am

Gate opens at 10:00, Gate closes at 1:00

Site Fee:

\$20.00 (Please make checks payable to Barony of Vulcanfeldt, SCA Inc.)

\$10.00 Member Discount applies for all adult members

17 and under Free

Please join us to celebrate Yule and the New Year. We will look forward to seeing the competitors that will be vying for our Arts & Sciences and Bardic Championships.

Directions:

Make your best way to I-82 near Grandview, WA.

I-82 Westbound (from Prosser/Tri-Cities) - Take EXIT 73 for Stover Rd.

Turn Left on Wine Country Rd. Turn Right at the light towards Stover Rd/Wallace Way. Turn Left on Wallace Way. Proceed about .2 miles on Wallace Way. The Grandview Community Center is on the right.

I-82 Eastbound (from Yakima) - Take EXIT 73 for Stover Rd. Proceed straight through the light towards Stover Rd/Wallace Way. Turn Left on Wallace Way. Proceed about .2 miles on Wallace Way. The Grandview Community Center is on the right.

Disting Feast

Barony of Wastekeep February 7, 2026

Steward: Cuthbert Weaver

Event site: Waitsburg Town Hall 121 N Main St Waitsburg, WA 99361

Event Times: 10:00 AM - 5:00 PM

Join the Canton of Akornebir and Barony of Wastekeep as we celebrate and fellowship with a Disting Feast. Traditionally, an opportunity to prepare the land for the end of a Norse winter and coming of the spring, Disting is also a chance for us to "plow" ahead and look forward to the exciting season of upcoming SCA events ahead. This tavern event will feature a rapier tournament, the canton A&S championship, a served feast, classes, baronial court and live musical performances.

Candlemas

Barony of Blatha an Oir Steward: Myskia Billingr

Site: Key Peninsula Civic Center 17010 S Vaughn Rd NW, Key Center, WA on February 7th 2026.

Site Fee: With feast \$45 Without feast \$30

Members receive a \$10 discount

No cost for youth

Good Gentles All, join the Baronies of Blatha an Oir and Dragons Laire as we settle in for a day of feasting and activities at this year's Candlemas. We will be having a wonderful spread of Italian dishes through the seasons. Additionally, classes, YAFA, charity rapier and heavy tournaments will be taking place.

If you are one of the many talented artisans of An Tir you can also try your hand at our Terrific Trios Largess Derby.

We hope to see you there.

The Herbalist

HL Ailynn Catriona Moireabh

The Humble Dandelion

"Dent de Leon", pee-a-bed, and blow ball are just some of the ancient names that allude to its uses. When Europeans settled in the "New World", they brought dandelions here to cultivate along with other plants of value for medicine and food. Thomas Culpeper said in 1653 in "Complete Herbal & English Physician" that dandelion grows "in all meadows and pasture-grounds" and that the Dutch and the French eat them often in the spring. In John Gerard's Herball, or General Historie of Plantes 1597, he claimed that the plant could be used to treat various ailments, including dysentery and problems with urination, and generally "strengthen the weak stomach". The Greeks and Romans used dandelions by blanching and salting it to remove the water-soluble compounds (sesquiterpenes). According to Greek mythology, hero Theseus either ate a diet of dandelions for 30 days for his upcoming fight with the Minotaur or was rewarded by the goddess Hecate with a dandelion greens salad following the Minotaur's defeat.

Dandelion was used as a tonic to cleanse the blood. The kidneys are affected by its diuretic properties. It helps with skin conditions by cleansing the liver. They are a good source of prebiotic fiber which aids in digestion. These "weeds" are rich in vitamins A,B,C,K and E. Because of their long taproot, dandelions pull up minerals from deep in the earth. These minerals include iron, magnesium, potassium, calcium, boron and zinc. Beta-carotene and other antioxidants present in dandelions protect cells from damage. The sap was used to remove warts.

The scientific name for dandelion -Taraxacum officinale- appears to be a latinization of the Persian name "tarakhshaqun" meaning "bitter herb", and officina, meaning "Pharmacy" suggesting that these plants will be valuable for use in an apothecary.

All parts of the dandelion are edible. The tender new leaves are the least bitter in early spring before the plant flowers. Before much of the world is stirring, they are at their prime for eating fresh in salads. The roots can be used as a coffee substitute if dried, roasted, ground, and steeped in boiling water. I have known of people pickling the flower buds and using them similarly to capers. I like to pick the flowers and leaves to use in green smoothies because they are a powerhouse of nutrition. In my recipe, 60% of the ingredients are fruit, the rest (40%) is foraged greens. To counteract the bitter nature of dandelion in recipes, use something sweet. Another way to mask the bitterness is to use a fat such as cheese or an oil or even nuts in combination with dandelion in a recipe. Salt and spices also buffer the strong taste.

Dandelion Almond Pesto

4-5 cups fresh dandelion greens, washed well 1 ½ cups parmesan cheese, grated 5 cups almonds, or nuts of your choice 4-5 cloves garlic, peeled Juice of 1 squeezed lemon ½ cup cream cheese 3-4 Tablespoons olive oil 1 teaspoon salt

Pisse - Osloeme. Dens Leans pisse en Lin.

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Chop nuts first. Then add remaining ingredients. Pulse 2-3 minutes in a food processor. Chill (or freeze for up to 6 months). Serve with crackers, veggies or hearty bread slices

HL Ailynn Catriona Moireabh teaches foraging wild edibles during the months of mild weather. She also teaches embroidery, gardening, paper making, kombucha, and various sewing classes. She lives in Crow's Gate, a canton of Glymm Mere.

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a. January 25, 2026

b. April 25, 2026 - Hybrid - Location TBA

c. July 19, 2026

d. October 17, 2026- Hybrid - Location TBA

MID-QUARTER CONFERENCE CALL
a. Tuesday November 18, 2025 (Tentative)

b. Tuesday December 16, 2025 (Tentative)

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Meeting Schedule:

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Second Quarter 2025 Third Quarter 2025

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