

# Seasons

#14 Summer A.S. LX (2025)





## Greetings from the Seasons Editor

Greetings to All!

This is the fourteenth issue of the new SEASONS. We are two and a half years in, and we hope you are enjoying the current format and content of this magazine.

We welcome Original Cover and Filler Art; Instructional/Educational Articles;

Articles introducing people to new fields of activity, Original Poetry and Songs; Photos of A&S Entries, Tourney Winners, and Vigils; and Information on Future Elevations (all with permission to reprint).

We hope to continue celebrating, in this magazine, the talents, achievements and merits of our Meridian subjects, and showcasing their creations, and we invite you to join our readership and to be a part of our efforts.

In continuing Service....  
Meistres Bronwen o Gydwelli  
Seasons Editor

## Upcoming Events This Season

*According to the Kingdom Calendar at the time of this publication, the following Events and Virtual Gatherings will be held (in the stated formats) during the Spring-Summer of A.S. LX (2025):*

- Day in the Park (Rising Stone) June 7th—Old Fort Park
- Giants' Dance (Nant-Y-Derwyddon) June 20th-22nd — Laurel Grove Event Venue, Bristol, TN
- Meridian Challenge of Arms (Phoenix Glade) June 27th-29th — Jackson, Ave., Chipley, FL
- Feast of St. Martha (Loch an Fhraoich) July 12th — SoKY Center, Bowling Green, KY
- Royal University of Meridies (Bryn Madoc) July 19th — Wesley Way United Methodist Church, McDonough, GA
- Beggar's Rebellion (Glynn Rhe) August 9th — Site TBA
- Borders Without Walls (Nant-Y-Derwyddon) August 22nd-24th Laurel Grove Event Center, Bristol, TN
- Summer Collegia (Drakenmere) August 23rd — George L. Smith State Park,



**Twin City, GA [CANCELLED]**

- **Vices and Virtues (Phoenix Rising) August 29th-September 1st — Etowah County Fairgrounds at Attalla, AL**
- **Heroes and Heroines: A Renaissance (Forth Castle) September 5th-7th — AH Stephens State Park, Crawfordville, GA**
- **Battle on the Borderland (Redewolfden) September 6th — Good Shepherd United Methodist Church, Murray, KY**
- **Black Gryphon (Thor's Mountain) September 14th — Tremont Lodge & Resort, Townsend, TN**
- **Daggers and Hemlock (Phoenix Glade) September 19th-21st — TBA**
- **Red Tower (South Downs) September 19th-21st—Bert Adams Scout Camp, Covington, GA**
- **Haustblot 3 (Loch an Fhraoich) September 20th—Pulaski Recreation Center, Pulaski, TN**
- **MGT (Meridies) September 26th-28th — TBA**



## **Dates Announced for Gulf Wars 2026**

Good News everyone! We now have the Official Dates for Gulf Wars 34-2026.

The dates are Saturday March 14, 2026 to Sunday March 22, 2026. Please spread the word  
Thank you for patience and we hope to see everyone at war

Your Autocrats,

Mistress Magdalena de Segovia, OP

Metressa Adalyde de Sardaigne, OP

Master Cormac the Bald, OP



- **TUESDAY NIGHT SOCIALS** are held and hosted by Mistress Ellen de Lacey on **ZOOM** at 7:00pm CST/8:00pm EST. These also feature Classes, Guild Meetings, Pen-non Decision Meetings, and Lambent Internal Commenting and Teaching Sessions.
- **FRIDAY NIGHT BARDIC** hosted on **ZOOM** at 9:30pm EST, hosted by Mistress Ro-heis de Ravenscroft and THL Davoc Walkere, and they have also posted a rather extensive calendar of Bardic Activities and Classes — to be seen at the Friday Night Bardic group on Facebook.
- **HERALDRY AFTER HOURS** on-line Herald's Point is hosted by Lord Magnus von Lubeck every Tuesday at 8:00pm CST/9:00pm EST in conjunction with the **ZOOM** Social.



# Spring Event Highlights

During the Winter of A.S. LIX the following Meridian Events were hosted and enjoyed:

- **Gulf Wars — March 8th-16th (Gleann Abhann)**

As usual, this was a huge and amazing War, with battles, and tourneys, and classes, and merchants, and revels, and processions, and ambiance, and the event as a whole went very well — and was greatly enjoyed for all that the various Crowns released their subjects early to return home, if they wished, due to potentially dangerous weather. Yes, Storm Giants (Jötnar) threatened Gulf Wars. Thor was unavailable due to the Vinland Viking Festival, so our Armies withdrew to regroup for A.S. LX.

- **Spring Coronation — April 4th-6th (Owl's Nest)**

This Kingdom Level Event was held at a new site, Camp Misty Mountain in Amuchee, GA. and celebrated the Coronation of TRMs Lochlainn and Paraskova, and the departure from the Thrones of TRMs Barthelemy and Oda, who left to go on a Last Crusade to reclaim misplaced Meridian artifacts — because they belonged in a museum. Snakes WERE involved, but were vanquished. Competitions were also held for King's Champion, Queen's Champion, Queen's Rapier Champion, King's Huntsman, and Queen's Yeoman.

- **Fool's War XXXIV— April 10th-13th (Tir Briste)**

Fun and Foolishness again were given (nearly) free rein at this event, held at the Flint River Adventure Area in Molena, GA with the theme of Halime's Mermaids & Hatun's Hafla. This was a new site, and a very nice one, and folks were invited (with reason) for a weekend of whimsy and delight, fighting, reveling, dancing, and much more! Lots of highly entertaining fighting scenarios, too, as well as plenty of Newcomer Activities (and reimbursements!).

- **Dreamstone — April 18th-20th (Bryn Madoc)**

This traditional event was held at Hard Labor Creek in Rutledge, GA at Camp Daniel Morgan, and featured heavy & rapier tourneys, live weapons trials and challenges, a brewing competition, a scavenger hunt, egg-decorating classes, displays and demos, a murder mystery revel, and a scribal competition! Lots to do, and a fun event all around!

- **Iris Faire — April 18th-20th (Glaedenfeld)**

Hosted at Montgomery Bell State Park in Burns, TN, this event gave us a day of feasting, fighting, live weapons, arts & sciences, feasting, and shenanigans as well as the Baronial Investiture of Their Excellencies Valdrikr and Constanza. Glaedenfeld now has a new Baron



and Baroness to lead them forward!!

- **Crossroads of the Stage — April 25th-27th (Owl's Nest)**

This event was held at Booker T. Washington State Park in Chattanooga, TN, and featured armored and rapier combat (both tourneys and melees) with a performance twist, performance themed classes, a stage for performances, a feast with musical entertainment, performances at a desert revel and a late night bonfire. This was a cabin site, and banners and heraldic display were encouraged at the cabin. Apparently Bardic Madness was a BLAST! Also held were the Competitions for Kingdom Bard and Poet Laureate, won by Thegn Knut Bjornsson (Bard) and Min Soo Yun (Poet Laureate). See elsewhere in this issue for their Winning Entries!!

- **Black Axe — May 2nd-4th (Iron Mountain)**

Held this year at Dalwhinnie Fields in central Alabama — every time we see an address this site is shown with a different town, so we're playing it safe here. The Broken Beak Tavern was open on Friday night for games and libations, and armored and rapier fighters were promised tourneys and melees on Saturday with a performance twist. There were also performance-themed classes throughout the day on Saturday, and a stage with performances scheduled on Saturday as well. The hosts promised a feast with musical entertainment, followed by performances at a traditional dessert revel and late night bonfire, and lodging was available in climate-controlled cabins (sleeping 8 per room and available to those who signed up in time). Heraldic display was also encouraged. Lots to do and to enjoy!! Also at this event an Augmentation of Arms was awarded to **Dame Adelaide Colette de Montferrier**, and Their Majesties Lochlainn and Paraskova issued the first Meridian writs for the Order of the Mark, to **Sir Griffin O'Suaird**, **Master Fynlo MacCane**, and **Maistir Loegaire mac Lochlainn**. Congratulations to all!

- **Golden Lily — May 9th-11th (Beau Fort)**

This event was held at Hard Labor Creek State Park's Camp Daniel Morgan in Rutledge, GA., and promised Friday Night Travelers Faire and Stargazing, On Saturday they scheduled Dance Classes (European and Middle Eastern), A&S Classes and Youth Activities exploring Spring Festivals East and West, The hosts also planned for a Royal Court, a Feast on the field, and a Hafla Bardic Ball.

- **Artsy Crown — May 23rd-26th (Tir Briste)**

This four-day Kingdom Level Event, held at Camp Thunder in Molena Ga., featured both Spring Crown Lyst and the Kingdom Arts & Sciences Faire, with the latter being held on Saturday and the Crown Tourney being held on Sunday. There was Traveler's Fare on Friday



evening, Breakfasts on both Saturday and Sunday, and Feasts on both Saturday and Sunday nights, so guest were also well-fed.

The format for Spring Crown was:

- ◊ Weapon restriction- No multi-weapon fighting style. (Florentine, Madu and sword, for example)
- ◊ Format- This will be a double elimination tournament. Each bout will be fought the best two out of three. The finals will be the best of 5.
- ◊ Seeding- The competitor with the lowest precedence will pick any other competitor that is higher in precedence. This will proceed until all competitors have an opponent. In the event of an odd numbered tournament, the person with the highest precedence will receive a bi-fight.
- ◊ Letters will be accepted beginning May 1, 2025 and concluding on May 18th. They should include proof of membership and a copy of the fighter's authorization card. Letter should be emailed to the Crown, Kingdom Seneschal, Earl Marshal, and Kingdom Exchequer.
- Both the A&S Faure and the Tourney were highly successful with many worthy participants, and worthy Champions named. The highest rated entries in KA&S were **Lady Genevafa de Hareflot** (1st Place) and **THLord Rodrigo Luis de Albuquerque** (2nd Place) and the Kingdom Arts & Sciences Faure

and Crown Tourney had ten entrants including:

- ♦ **Count Randvér Brotamaðr** for **Countess Arianne Lightheart of Whiteheld**
- ♦ **Viscount Waleric von Brederke** for **Viscountess Gwynna Emrys**
- ♦ **Sir Chinua Qadanjin** for **Lady Jacqueline Storme**
- ♦ **Syr Conrad vom Schwarzwald** for **Baroness Genevieve Alaiz d'Avignon**
- ♦ **Sir Richard na Teanga Mhin** for **Mistress Heahburh aet Niwecastel**
- ♦ **THL Jacques de la Fontaine** for **Mistress Flannait inghean ui h'Eighnigh**
- ♦ **Baroness Mairghread Wilson** for **Baron Piers Simmons**
- ♦ **THL Xenos Theodrikes** for **Lady Etain of the Ulaid**
- ♦ **Baron Eiríkr Pálsson** for **Baroness Arnora Karlsdóttir**
- ♦ **Lord Arthur von Eschenbach** for **Lady Gwenhever Wyllyam**

The Tourney ultimately was won by **HRH Chinua** for **HRH Jacqueline**. Thus, the Arts continue to thrive, and the Meridian Succession is once again assured!!

### **Spring Events Still On The June Calendar of Held After Deadline**

- **Day in the Park** — June 7th (Rising Stone) Old Fort Park in Murfreesboro, TN
- **Collegium** — June 14th (Glynn Rhe) Site TBA
- **Giants Dance**—June 20th-22nd (Nant-Y-Derwyddon) Laurel Grove Event Venue, Bristol, TN.
- **MCA (Meridian Challenge of Arms)** —June 27th-29th (Phoenix Glade) UF IFAS Extension—Washington County, Chipley, FL



# Meet the Spring Champions

Champions for this issue include

- From Gulf Wars — Gulf Wars XXXIII A&S Champions! After an incredible day of beautiful art and enlightening science at the Gulf Wars A&S Champions. Meridies really showed out that day! We took second by only .8 of a point. Furthermore, the Kingdom Minister of the Arts & Sciences was delighted to announce Meridies had three co-champions! **Baron Erik Martel's** bronze age diadem, **Mistress Jane Wolfden & Theign Drogo inn Keilselgr's** paper water wheel, and **THL Elene Kirchenknopf's** German scroll all earned a 19 out of 20. Congratulations to all of our champions who worked so hard and followed their muse to make such amazing artists.
- From Spring Coronation — **Lord Jurgen der Vielfrass** - King's Champion, **Sir Iastreb Desislavich** - Queen's Champion, **Baron Piers Simmons** - Queen's Rapier Champion, **Duke Timothy of Long Bennington** - King's Huntsman, and **Maistir Loegaire Mac Lochlainn** called Loric - Queen's Yeoman.
- At the Sword & Flame Tourney **Duke Barthelemy Illyria** was the winner of the Sword and **Lord Malcolm Dunbarra** was named by the Ladies as the Flame.
- From Crossroads of the Stage **Thegn Knut Bjornsson** Kingdom Bard, and **Min Soo Yun** Kingdom Poet Laureate. Congratulations!
- From Artsy Crown — **Lady Genovefa de Hareflot** (1st Place) and **Maestro Rodrigo Luis de Albuquerque** (2nd Place) at the Kingdom Arts & Sciences Faire
- Crown Tournament Arts and Sciences 2025 Power Tourney Diamond Tourney Champions:: Rapier: **Maestro Rodrigo Luis de Albuquerque**, Heavy: **Lord Odo De Warren**



## Crown & Heirs of the Kingdom of Meridies



Photo Credit: Asbrand of Norway

**Hail unto Their Royal Majesties, the King and Queen of Meridies, Lochlainn and Paraskova, Coronated on 05 April, A.S. LIX.**

**Likewise, Hail unto Their Royal Highnesses, the Crown Prince and Princess Chinua and Jacqueline, winners of Crown Tourney on 24 May, A.S. LX.**

The Heirs stand ready to step forward should any *totally unexpected and unprecedented* tragedy ever befall their current Majesties **Lochlainn and Paraskova.**



Photo Credit: Baroness Rose Rennel





# Peerage Elevations in the Winter

Please join with us to congratulate the following nobles who, by virtue of their achievements, were elevated unto the Peerages during the past Season (and three earlier elevations that we missed):



**Karis Jessica Pursey** — to Laurel (February 1st at Mid-winter A&S)

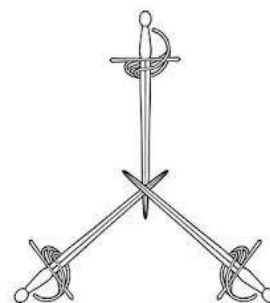
**Yasamin al-Hadiyya** — to Laurel (March 12th at Gulf Wars)

**Constanza Consuela Ximena de Valencia** -- to Pelican (March 12th at Gulf Wars)

**Adalyde de Sardaigne** -- to Pelican (March 12th at Gulf Wars)

**Timothy of Long Bennington** —to Pelican (April 13th at Fool's War)

**Rodrigo Luís de Alburquerque**—to Master of Defense (May 25th at Artsy Crown)



## Planned Future Elevations

**Griffin O'Suaird**—To The Mark (July 19th at RUM)

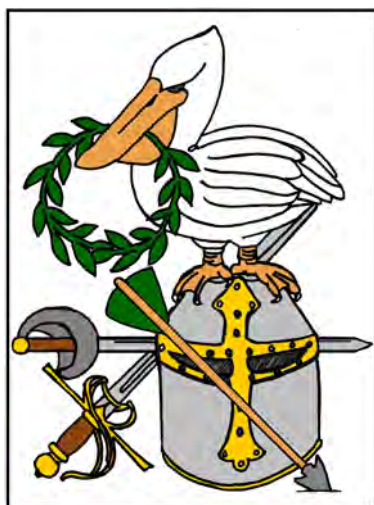
**Loegaire mac Lochlainn**—to The Mark (July 19th at RUM)

**Fynlo MacCane**—to The Mark (July 19th at RUM)

**Lykaina of Stone Hill Keep**—to Laurel (September 20th at Red Tower)

## Additional Announced Writs:

None that we know of



*Great effort is made to keep up with all Peerage elevations in our Kingdom, but if we somehow have missed mentioning any Peerage elevations and/or dates in the section above — or if we have missed notifying of any writs issued, and/or any dates set for future elevations — please feel free to notify the Editor at seasons@meridies.org so that these can be mentioned in the Fall Issue, due out at the beginning of September A.S. LX.*

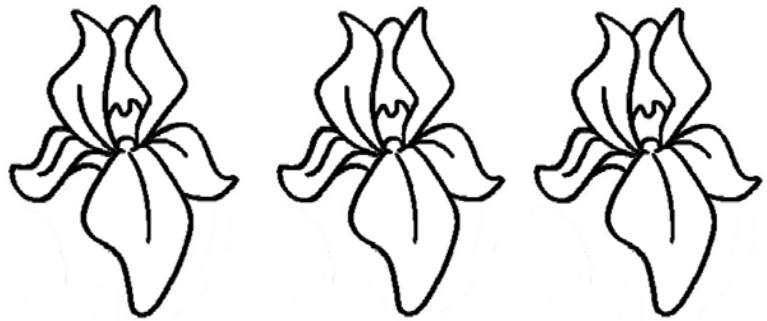
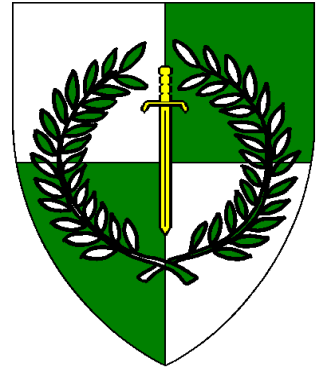




Photo Credit to Olùkọ Ọmọkẹhìndégbègbón  
Ọyọ (called Kẹhìndé)

## Congratulations

Congratulations to Their Excellencies Master Valdrikr Al-briktsson and Mistress Constanza Consuela Ximena de Valencia, the new Baron and Baroness of Glaedenfeld, invested at Iris Faire on April 19th, and shown here in their investiture finery.



## Order of the Mark!!!

At Black Axe on 03 May, A.S. LX the first Meridian principles of the Order of the Mark



(the new Archery and Ranged Weapons Peerage) were called up into Court by Their Royal Majesties Lochlainn and Par-

askova to be presented with their writs. Shown right (and left to right) with Their Majesties are those there so named: Sir Griffin O'Suaird, Master Fynlo MacCane, and Maistir Loe-gaire mac Lochlainn..

Congratulations to all, and well-deserved!!



Photo Credit to Baroness Rose Rennel



## *Presenting for Your Delight: The Fool's War A.S. LIX Combat Archer Mermaids*

Captured here in all of their combative (and mostly anonymous) glory and finery.



Photo credit: Sir Edward Aldwin

## *The inaugural Sword and the Flame Tournament has concluded!*

We had 8 fighters, **Sir Saxus** helped martial, **Mistress Cairistiona** ministered the list. **Lord Malcom Dunbarra** was selected by the ladies of the gallery as out the heart of the flame for his chivalry and comportment on the field. **Duke Barthelemy Illyria** was the winner of the Sword. Special mention to Bui who was a tour de force today and fought exceptionally well! A fantastic time was had by all!!!



Permission to reprint from Facebook by Duke Barthelemy Illyria and Photo Credit to Mistress Caristiona Bhan





Photo Credit to Baroness Rose Rennel

## ***Crown Tournament Arts and Sciences Power Tourney Diamond Tourney Champions:***

Heavy: **Lord Odo De Warren**

Rapier: **Maestro Rodrigo Luís de Albuquerque**

Traditionally, for those who may not know, a Rose or Diamond sponsors a team consisting of an armored combatant and a rapier combatant with one team per Kingdom, fighting a best of three bouts, alternating forms.

This was a team tourney with each team made up of a Heavy Fighter and a Rapier Fighter, and as we understand it there were no restrictions on who could make up a team as far as levels of awards or rank attained by either member.

## ***Kingdom Arts and Sciences Champions:***



Photo Credit to Baroness Rose Rennel

Notable entries in Kingdom A&S were:

Sukumo for

Aizome (Left)-

**Lady Genovefa de Hareflot** (1st Place)

and

Pedagogical Focus in Marozzo's Opera

Nova (Right)

**Maestro Rodrigo Luís de Albuquerque** (2nd Place).



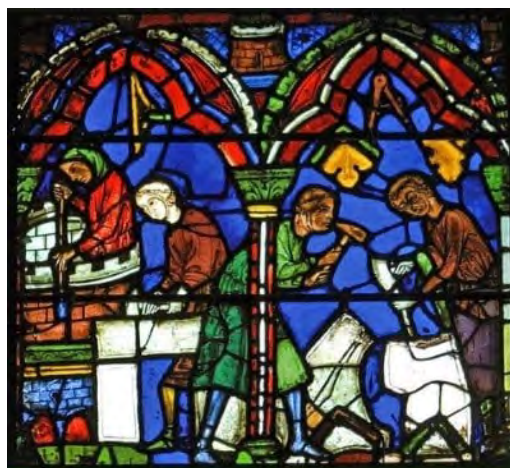
Photo Credit to Baroness Rose Rennel



# Guilding the Lily?

Are you familiar with the Various Meridian Guilds? Do you have an interest in a particular subject. Is it listed here on the page. If not, please let someone know.\*

Guilds are a vital resource for our members. It allows like minded individuals come together in the research and teaching of subjects that were practiced by our ancestors. To discover new ways of doing something.



*Tradesmen Window  
Chartres Cathedral 13th Century*

*Scribal Guild*  
*Cooks Guild*  
*Courtesans Guild of Meridies*  
*Saltare (Dance Guild)*  
*Arachne's Web (Lace Guild)*  
*Gaming Guild*  
*Iron Bow Guild*  
*Paynters Guild*  
*Historic Martial Arts Guild*  
*Herbal Guild*  
*Grand Chefs of Meridies*  
*Minstrel's Guild*  
*Coursing Guild*  
*Royal Foresters of Meridies*  
*Embroidery Guild*  
*Moniers Guild*  
*Accademia Degli Eccentrici*  
*Writing Guild*

Full links and current contact information can be found on [The Guilds of Meridies](http://The Guilds of Meridies) at Meridies.org

**The Meridian Herbal Guild** has recently been meeting fairly regularly on Tuesday nights in conjunction with the Tuesday Night Socials on Zoom, so if you have an interest in herbs, their cultivation and their uses, you might consider checking in on some of these and meeting some of the other members.

We will gladly mention meeting schedules for other guilds here also, on request!

*\*List of Guilds Updated from the web page 17 Mar A.S. LIX (2025)*

# Summer in the Kitchen

## Researching Historical Feasts and Feasting Taking A Deep Dive Into Sources (Part One)

By Mistress Christianna MacGrain

What does it take to research and recreate an historic recipe? Let's take a deep dive into looking at sources, comparing information, and making reasonable adaptations to stay true to the original concept while accommodating modern foods and needs.



### Redaction

This term is used to define the process of taking the original source material (usually the description of a food or dish) and interpreting it, often adding formulas that can be re-created in the future, such as amounts and times (in other words, making it into a modern recipe.) Sometimes this includes a translation from either a foreign language or even earlier forms of English!

Example:

Original: **Rys moilles** – Laud MS. 553, from *Take a Thousand Eggs or More*, Cindy Renfrow, 1990

Nym rys, bray hem, temper vp with almand mylke: boill hem,  
cast therto suger/ & salt hit, & dresse hit forth.

### Translation: Rice Mush

Take rice, bray them, mix up with almond milk: boil them,  
cast thereto suger/ & salt it, & dress it forth.

### Redaction: Rice Mush

¼ cup rice

1 cup almond milk (made with water)

1 tbsp sugar

Dash salt

Pound the rice in a mortal until the grains are broken.

Put the rice and almond milk in a covered pot and bring to a boil. Reduce heat and simmer until rice is soft, about 15 – 20 minutes. Add sugar and salt.

Pour into serving dish and serve hot or cold.

### Primary and Secondary Sources

For the SCA, sources from pre 17th Century Europe and around the world are considered primary sources.

**Examples of primary sources for medieval food are:**

*The Forme of Cury* - a collection of manuscripts from 14th century England

The Harleian Manuscripts from 15th century France

*Platina's On Right Pleasure and Good Health* from 15th Century Italy

**Sources that quote from and interpret primary sources are secondary sources.**

Good secondary sources will give you a recipe from a primary source with the authors redaction

and adaptations right next to it.

**Examples of secondary sources are:**

*The Medieval Cookbook* by Maggie Black

*Take a Thousand Eggs or More* by Cindy Renfrew (which interprets the primary source the Harleian Manuscripts)

For a list of research and reviewed period sources... check out:

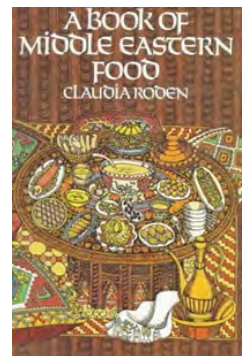
*Mistress Jaella's Annotated Cookbook Bibliography* at on the web at: [http://www.pbm.com/~lindahl/articles/food\\_bibliography.html](http://www.pbm.com/~lindahl/articles/food_bibliography.html)

Sources that present work adapted from primary or secondary sources are sometimes called tertiary sources. They can be valuable for beginners to provide recipes that have been redacted by others, but they often omit the original material. Cooks with more experience working from period texts will be able to redact recipes themselves and perhaps use the tertiary sources for comparison.

**Contextual Studies**

Other sources that can provide valuable insight into cooking an historic recipe can include household accounts, shipping manifests, inventories, diaries and letters. The literature of the time, songs, political influences, legends and local folklore can all give clues as to the favorite foods of the people that wrote them. Practical considerations such as the season, humoral needs, likes and dislikes of the important diners and food availabilities etc. can all help to define the scope of the meal.

Ethnic sources are generally not as old as SCA period but can be valuable. The cookbook *A Book of Middle Eastern Food* by Claudia Roden is a good example of an ethnic source because it lists recipes in modern notation, making it easy to know measurements and cooking times and refers to period sources from the region where possible. Other ethnic sources, such as the Time - Life series, will offer meal timing, (at what point in the meal would a dish be served as well as cooking time) amounts, and big color pictures of what the dish should look like. They were written at a time before globalization really started, so they can provide some helpful background info, although they are certainly not a good place to give accurate period documentation.



**Setting the Stage**

There are several things you want to establish for a feast that go beyond the food that will be served. Your research should include areas such as time period, season, occasion, location, and the socio-economic level of the diners. Is it a meal for a Peasant Wedding? A Royal Visit? A Fighter's Camp?

How will you serve it? What will the Style of Service be, and what will you use for Feast Equipment and Serving Ware? Will you include Feast Ceremonies and Practices such as hand-washing?

And then of course, there is the food itself: what would be available at the time and season of your meal? Are there Extant Recipes, and are there any other sources (perhaps in a different language) that you can compare them to? [To Be Continued in the Autumn Issue]



# Winter Heraldic Registrations

This is a new feature that we hope to continue in future issues of SEASONS, thereby informing and celebrating all those Meridians who successfully register Names and Armory. With the SCA College of Arms.



The following information will probably already have been posted Officially on Social Media or published in Popular Chivalry by the Pennon Herald, and was taken from SCA College of Arms Letters of Acceptance and Return, found at <https://heraldry.sca.org/loar/>

Congratulations!! The following heraldic submissions completed the process during the past Season, and most are now officially REGISTERED with the SCA College of Arms:

## December 2025

- \* **Godsun Pálsson**. Name
- \* **Kathrine Elizabeta Dragomir**. Device. Per pale sable and gules, a sea-dragon Or, in chief a spear fesswise argent.
- \* **Loðinn olfúss**. Badge. Or, in pale a natural rainbow throughout and an oak tree proper.
- \* **Oengus mac Gilla Dubain**. Alternate name Thomas Thomas of Wood Ditton, called Forkbeard.
- \* **Oengus mac Gilla Dubain**. Household name Accademia degli Eccentrici.
- \* **Oengus mac Gilla Dubain**. Household name Company of Saint Barbaras Tower.
- \* **Sibilla d'Evereux**. Device. Purpure, a unicorn and on a chief nebuly Or three elder-flower blossoms purpure.
- ♦ **Wilhelmina van Hegelslach**. Name change from Wilhelmina De La Coste.

## January 2025

- \* **Aine aislingthech ingen Rónáin**. Name and device. Purpure, a sun within an orle argent.
- \* **Alexandros Athenaios**. Name.
- \* **Davock Walkere**. Device. Gyronny azure and ermine, an eagle striking Or.
- \* **Easaraigh, Shire of**. Badge. (Fieldless) A sun per pale Or and vert.
- \* **Iosef Warg**. Device. Per fess enarched azure and argent, a demi-sun issuant from the line of division Or and a wolf's head cabossed sable.
- \* **Meridies, Kingdom of**. Order name Order of the Sable Stallion and badge. (Fieldless) A stallion rampant regardant within and conjoined to an annulet sable.
- \* **Odo de Warenne**. Device. Argent, in saltire two smith's hammers proper and in base a unicorn, on a chief embattled sable three pears slipped and leaved argent.
- \* **Sindri Brynjarsson**. Name and device. Per chevron sable and argent, two linden

branches in chevron argent and on an anvil sable a hammer argent.

\* **Titus Austius Bambixus**. Name change from Bram sleggja Halfdanarson.

### February 2025

\* **Arigh Unegen**. Alternate name Ysabella Magni.

\* **Arigh Unegen**. Badge for Ysabella Magni. (Fieldless) On a closed book palewise azure an ash leaf argent.

\* **Artemisia Oliana da Firenze**. Name and device. Vert ermined Or, a lioness rampant and a bordure Or.

\* **Kieran Ciotach MacLeod**. Name.

\* **Marcus Tullius Agrippa**. Name and device. Gules, a lion's head cabossed, in chief two lightning bolts in chevron, an orle of chain Or.

♦ **Oengus mac Gilla Dubain**. Device change. Pean, a bend erminois cotised between two gouttes Or.

\* **Raina Kessler**. Name.

\* **Úna inghean Thámhais**. Name (see RETURNS for device).

\* **Úna inghean Thámhais**. Badge. Azure, a dragon contourny and in chief three estoiles Or.

Meistres Bronwen o Gydsweli, Lambent (Commenting) Herald Meridies

BRONWEN

## Meridian Populace Badges

For any who may not know, the Kingdom has several Populace Badges which can be used by any subject of the Kingdom of Meridies to denote their allegiance to the Kingdom. The three Populace Badges currently in use are pictured below:



# Period Drinking Vessels

For any artisan interested in trying to reproduce period accessories, the graphics below, used courtesy of the Metropolitan Museum of Art's Open Access Policy [The MET Open Access Policy: As part of the Met's Open Access policy, you can freely copy, modify and distribute this image, even for commercial purposes], show some beautiful period drinking vessels.



Bowl or Cup—Byzantine, originally dated  
11th-12th centuries



Goblet—Italian, Venice,  
Murano ca 1475-1500



Tankard in Imitation of Metal-  
work Form - last quarter 16th  
century



Oval Cup with Chi Dragons Amid Clouds - China  
12th-14th century





At **Crossroads of the Stage**, hosted by the Shire of Owl's Nest April 26th-28th A.S. LIX, the competitions were held for the Kingdom Bard and Poet Laureate. The theme for entries was ***The Blues Brothers***, so we invite the populace to sit back and enjoy the following — and they were not On A Mission From the BOD,

## From the Kingdom Bard *Thegn Knut Bjornsson*

**Queen Anne the Moocher**  
With apologies to Cab Calloway

Gentles here's the story of Queen Anne  
the Moocher  
She was a noble hoochie cooher  
Her coffers large her body frail  
But Queen Anne had a heart that put her  
in jail

Hi de hi de hi de hi  
Ho de ho de ho de ho  
He de he de he de he  
Hi de hi de hi de ho

She married up to a king named Henry  
He love her made the pope an en'my

He took her down to London Town  
And he showed her how to kick the poors  
around

Hi de hi de hi de hi  
Woouooooo  
He de he de he de he  
Hi de hi de hi de ho

She had a dream that he'd be sweeter  
She bore no sons, he didn't need 'er  
She looked elsewhere for love he said  
Whether true or not, said off with her  
head

Hi de hi de hi de hi de hi de hi  
Ho de ho de ho de ho de ho de ho  
Skootely skootelt boo skootely boo  
Baladeetdeerdwetelybbetdeetdeete-  
lybeetdeetelydoy

She lived in a castle, rode noble horses  
Each meal she ate was a dozen courses  
She had a royal fortune in starving times  
Got executed for some made up crimes

Hi de hi de hi de hi  
Ho de ho de ho de ho  
He de he de he de he  
Hi de hi de hi de ho

Poor Anne poor Anne  
poor Anne

# From the Kingdom Poet Laureate

Min Soo Yun

## Blues Brothers Sijo

A mission from God and A hundred and  
six miles to Chicago  
With a full tank of gas, half pack of ciga-  
rettes and damn it's dark  
For some reason were wearing sunglass-  
es - but Jake ain't lying though+

### Just a Bit of Added Information on The Sijo:

*A sijo is a traditional three-line Korean poetic form, typically exploring themes like nature, love, or philosophical ideas. It's structured by syllable count and is often written to be sung.*

*Sijo poems often introduce a situation in the first line, develop it in the second, and then present a twist or conclusion in the third.*

#### Structure:

*Sijo poems consist of three lines, each typically containing 14-16 syllables for a total of 42-48 syllables.*

#### Themes:

*Sijo commonly explore themes like nature, love, human relationships, and philosophical or metaphysical ideas.*

#### Purpose:

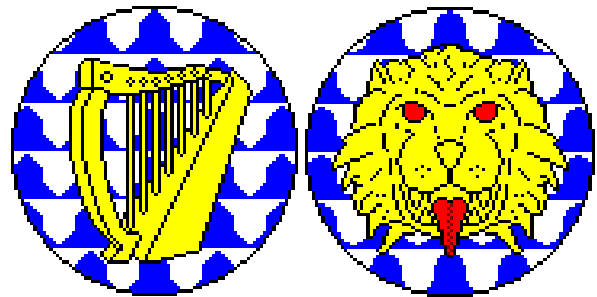
*Sijo were originally meant to be sung and were often accompanied by music.*

#### Twist:

*The third line often includes a surprising or unexpected element, a "twist," that provides a new perspective on the theme or story.*

#### Historical Context:

*Sijo originated in the Goryeo dynasty and flourished during the Joseon dynasty, where they became a popular form of poetic expression.*



Badges for the Kingdom Bard and  
Port Laureate

The following badge associated with this name was registered in April of 1980 (via Meridies): Vair, a harp Or, for the Companionate of Bards

The following badge associated with this name was registered in February of 1980 (via Meridies): Vair ancient, a lion's head cabossed Or, orbéd and langued gules. for Kingdom Poet-Laureate

# Qualifications for Weapons Master

Some questions arose recently when five worthies were named Weapons Masters — four at Fool's War: **Duke Timothy of Long Bennington, Master Lóegaire Mac Lochlainn, and Skogar of Tir Briste, and Enzo Galante**, and one at Iris Faire: **Richard of Glaedenfeld**. This award is not often presented, and thus is unfamiliar to many people, so it occurred to us that Meridians might benefit from knowing exactly what is involved in becoming a Weapons Master.

**From Kingdom Law: Order of the Weapons Master:** given to those who show great skill in the use of real weaponry, primarily throwing axe, knife, spear, and bow. The order has the right to govern itself and to define the standard of its various rankings up to the rank of Weapons Master. Members may place the initials CW after their names. [There is no badge].

To become a weapons master, you must qualify as either 2nd class rank in all 4 live weapons disciplines (knife, axe, spear, and archery) or qualify as master in 2 of these.

The requirements for knife, axe, and spear are as follows:

2nd Class: 6 sticks out of 6 throws from a minimum of 15 feet.

1st Class: 5 sticks out of 6 throws from 25 feet.

Expert: 4 sticks out of 6 throws from 35 feet

Master: 3 sticks out of 6 throws from 45 feet.

The requirements for archery are as follows:

2nd Class: 6 sticks out of 6 arrows from a minimum of 20 yards.

1st Class: 5 sticks out of 6 arrows from 40 yards.

Expert: 4 sticks out of 6 arrows from 60 yards.

Master: 3 sticks out of 6 arrows from 80 yards.

These must be completed at an official SCA gathering (event or practice) and each qualification must be witnessed by someone with a ranking no more than one lower than the achieved rank (e.g. When qualifying for Expert in a discipline, it must be witnessed by someone who is at least 1st class in that same discipline).

Qualifications must be submitted to the secretary of the Weapons Master order.





# A Call for Largesse

Greetings Meridies,

Now that Gulf Wars is over and the largesse has been inventoried we find that we are lacking largesse for the children.

As we all know the Children of the Kingdom are our future. Donations for children's largesse would be greatly appreciated. Things like games, craft stuff for kids, stuffed critters, journals for the older children, illumination kits for older kids, simple jewelry making kits, etc. Donations can be given at any event, please contact.

In service of the dream  
Baroness Juliana of Empingham



## Cover Art Needed

For all those aspiring, or established, Artists of Meridies, SEASONS is always on the prowl for Cover Art, and we would very much like to showcase Original Artwork done by our own talented Meridian Artists rather than using photographs.

If you have period-style, or period-themed, or SCA-themed drawings in your portfolios — or still waiting impatiently to be drawn — please consider submitting them for use as Cover (or Filler) Art for use in this supplement.

An Artist Release Form will be required — the link to which can be found at <https://meridies.org/home/royaltyandofficers/chronicler/>

So let's see — and share — your work!!!





WOODCUT FROM THE TITLE-PAGE OF THE "GRETE HERBALL" (1526)

## Summer in the Garden

*Identifying Wild Plants*  
*Meistres Bronwen o Gydwelli*

When hoping to identify wild plants that might be acceptable for culinary or medicinal uses, there are a number of books on the market aimed at cooks and foragers and survivalists. Some have information on the historic uses of these plants, while others do not, and are more geared to providing modern information such as chemical or vitamin content and warnings of potential health risks. Period sources, fair notice, do not always warn of all risks, since some plant substances in period were not known to be as dangerous as we now know them to be.

But, that having been said, there are many wild plants that can safely be used in cooking (to added variety or health benefits), or as medicines to relieve many topical, digestive, or nervous ailments. Some ancient recipes are even now being rediscovered and found to be very effective against a number of ailments, though proper identification of the plants in question is very much recommended to avoid the use or ingestion of any toxic substances.

In my garden, for example, I have several patches of Common Blue Violets that pop up

every year, and have been left there because they bloom and do not interfere with the other plants located nearby, but I never used them for culinary or medicinal purposes until I recently discovered that both the leaves and the flowers are edible.

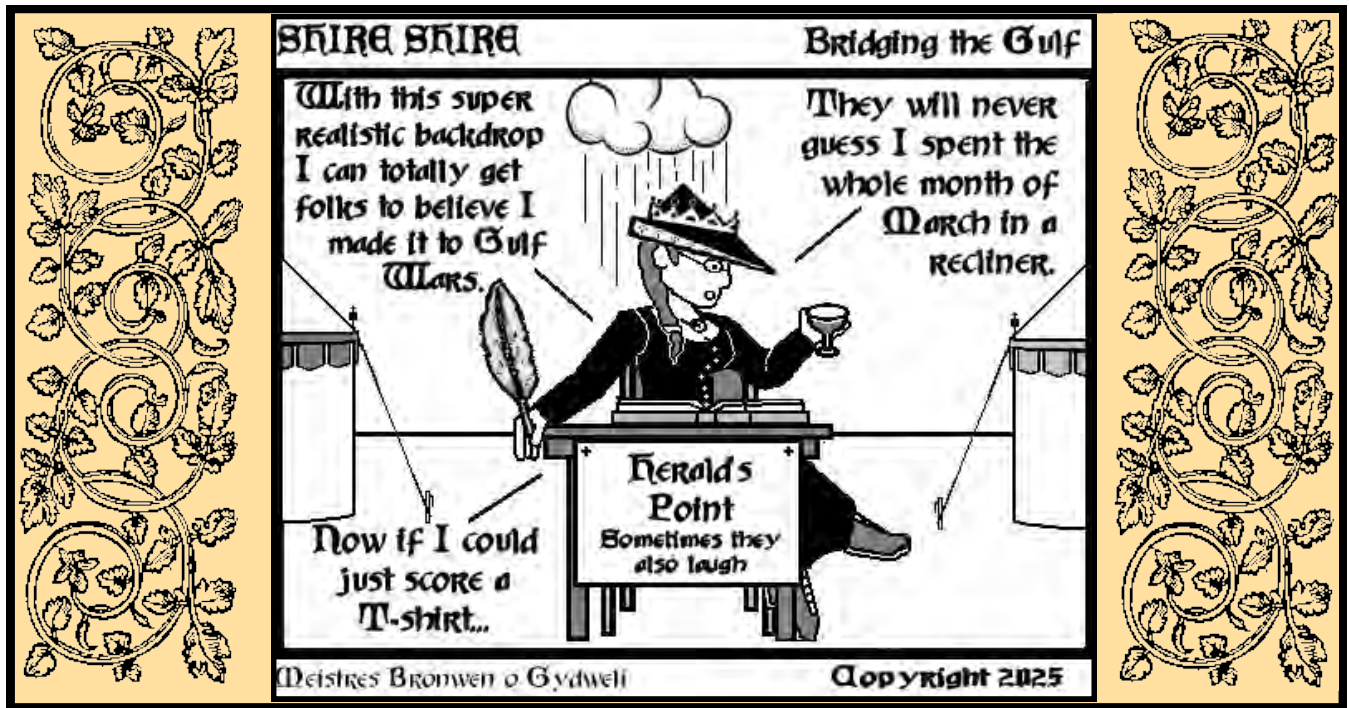
Pea Vetch, which I'm constantly pulling up and tossing, turns out to be a good pollinator for plants and a good source of pollen for honeybees, helping to support local bee populations, as well as being edible. I knew this, because as a child I used to eat the seed pods (as well as dandelion roots), and now my sources say that Vetch seeds can be cooked and used like lentils, or the entire plant can be used as a vegetable. Some traditional uses include poultices for spider bites and infusions for eyewash, but there is also a warning that common vetch can contain toxins, so it's important to cook it thoroughly before consumption. I guess I was lucky to survive childhood, huh?

Modernly, there is a phone app called *Plantsnap* that I tried for a while, and which might now be more reliable than it was at the time, but at present the best on-line site I've found for this seems to be <https://identify.plantnet.org/>. Where I've been able to identify a number of the wild offerings in my yard and (as volunteers, like the violets and pea vetch) in my garden.

I plan to keep researching.

My gratitude to various members of the Meridian Herbal Guild for their ongoing assistance as I learn more about this subject, and if you'd like to check out their Facebook page it can be found at *SCA Meridian Herbalists*

<https://www.facebook.com/groups/439743532715252/>



## Acknowledgements and Thanks

**T**hank you to **Mistress Ellen de Lacey** for this issue's Cover Art, to **The Metropolitan Museum of Art** whose Open Access Policy allowed us freely to reprint images of objects from their Open Access Collection to this periodical, to **Baron Asbrand of Norway** for his photo of Their Majesties, to **Duke Barthelemy Illyria** and to **Mistress Cairistiona Bhan** for permission to reprint her photo from the "Sword and Flame Tourney", To **Baroness Juliana of Empingham** for permission to reprint her call for largess, to Their Excellencies **Glaedenfeld Valrikr and Constanza** and to photographer **Olùkọ Ọmọkẹhìndégbègbọ̀n Ọyọ (called Kẹhìndé)** for permitting the reprint of Their picture of .Their Excellencies, and to **Thegn Knut Bjornsson (Bard)** and **Min Soo Yun (Poet Laureate)** for allowing us to reprint their winning entries. Thanks also to **Baroness Rose Rennel** for permission to reprint her photos of the recipients of writs for the "Order of The Mark" and of Their Highnesses **Chinua & Jacqueline** and of the winners of the **Diamond Tourney** and of **KA&S**, and to **Mistress Christianna MacGrain** for her article "Researching Historical Feasts and Feasting Taking A Deep Dive Into Sources (Part Two)"



Special thanks also to the Kingdom Chronicler **THLady Alis Talemache** for her patience and her assistance, and to my Deputies **Lord Leopold Guotmann** and (less officially) **Mistress Christianna MacGrain** for their ongoing assistance and their regular contributions to this newsletter, to wit: "Spilling the Royal Tea" (Leopold), and **Summer in the Kitchen** (Christianna).

In Gratitude.....

Bronwen





*Submissions for SEASONS (and we definitely invite them) should be sent directly to the Editor at [seasons@meridies.org](mailto:seasons@meridies.org), and accompanied by any graphics (in .JPG format) and by an appropriate Creative Release Form. These forms can be found on-line at <https://meridies.org/home/resources-and-reports/> under “Chronicler Resources”. The deadline for submissions to the Fall Seasons will be September 1st.*

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*Articles submitted to SEASONS should be short to moderate length, and deal with topics of interest to the populace. Artwork should, ideally, be at least 300 dpi and deal with period or SCA subject matter, or be presented in a period style. The deadlines for submissions are (Spring) March 1st, (Summer) June 1st, (Autumn) September 1st, and (Winter) December 1st.*