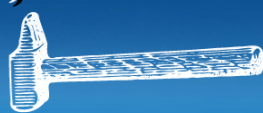




# THE TRISKELE



Volume. 3, Issue 3



&amp;

# Sciences

Photographer: Lord Ædric Hamarskáld Jóhannson

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## Disclaimer

This is the September issue of the *Triskele*, the official Arts & Sciences supplemental newsletter of the Kingdom of Trimaris, published quarterly. Trimaris is a branch of the Society for Creative Anachronism, Inc., and *The Triskele* is published as a service to the SCA's membership. This newsletter is available online at <https://members.sca.org/apps/#Newsletters>.

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## September 2023 Edition



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# Letter from the Editor

As we thankfully move from the swelter of summer to cooler days, Honorable Lady Gudrun and I present to you the September issue of the *Triskele* for your enjoyment and education. You'll find a myriad of articles, artwork, poetry and songs within these pages. Be sure to check out the upcoming Art/Sci happenings and events to ensure you experience the wealth of all that Trimaris has to offer.

Our highlighted Laurel this quarter is Mistress Anna Alicia von Rheinhardt; you'll learn a great deal about this amazing person and her abilities. Laurels – if you would like to be featured in upcoming issues in the Laurel's Corner, just contact us and we'll commence with the interview.

I also invite any entrant for Troubadour or Poet Laureate competition to share their entry with your fellow Trimarians, so that they too may experience and appreciate your talent.

If any would like to request specific content, send your suggestions to the email below and we'll do our best to accommodate you. Want to learn more about scribal? Would you like more poetry? How about articles focused on the sciences? There is no limit as to what we can try to put together in order to satisfy your thirst for knowledge and creative content.

As before, this is your newsletter. Please keep your articles, poetry, songs and artwork flowing so that it can continue to be the award-winning publication that it always has been. Just send them to [triskele-editor@trimaris.org](mailto:triskele-editor@trimaris.org) before the first of March, June, September, and December and it will most likely be published.

**VIVAT TRIMARIS!**

Yours in Service,

*Melissent*

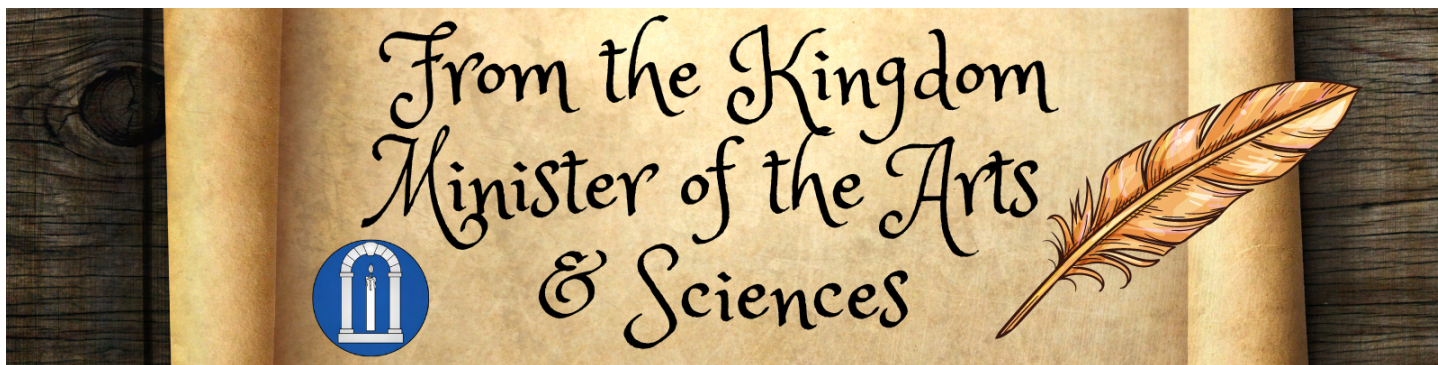


Maîtresse Melissent  
Jaquelinne la Chanteresse,  
OL



HL Gudrun Rauðhár





Greetings Trimaris!

It was wonderful to see so many of you at the Coronation of our wonderful new King and Queen!

The distant drums of war can be heard on the morning breezes of our fair land of the three seas!

Once again our traditional conflict with Ansteorra sees them preparing their Arts and Science competitors to challenge our own at Gulf War. This makes our up and coming Kingdom Arts and Sciences event On January the 6<sup>th</sup> 2024 vital to our coming victory!

This is the time for all Artisans to be creating and perfecting their entries to compete to be one of the Champions who will present their work at War and stand as a representative of our beloved Kingdom.

The Arts and Sciences Competition gives you a chance to show your work to all of Trimaris. To gain knowledge and experience through commentary and interactions with the Order of the Laurel, and the war experience itself gives our Champions the opportunity to meet, compete, and share knowledge with Artisans from all over the Known World.

Artsci on January 6<sup>th</sup> will also be hosting some classes focusing on Arts and Sciences, some Chivalric, Archery and Rapier classes and activities, and culinary delights both rare and special!

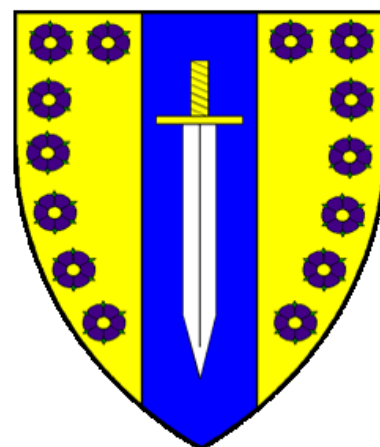
There will be costume contests for attendees, prizes for Art Sci competitors and activities to capture the imagination of all.

If you have any questions please ask me directly or any member of the Order of the Laurel about our Arts and Sciences event! Please come, participate, and share this special event with us!

Duchess Larissa Alwynn Clarewoode,  
Kingdom Mistress of Arts and Sciences



Duchess Larissa  
Alwynn Clarewoode,  
OL, OP, OR



# Upcoming Art Sci Happenings

## EXPOS AND A/S CHALLENGES

October, November, and December 2023

*Baroness Birna Isleifsdottir*

m/k/a Gypsy Teague

### I Did a Thing!

**October:** Expo. It's fall. Time to take in the crops and prepare for winter. This month is cooking. Canning is good. Pickling is good too. Or learning a new food dish or cuisine or area of the world. Report on your recipe or what you prepared. Why did you do it? What resource did you use? Did you go for authentic or more modern? Did you cook over a fire or with cast iron pots? Push yourself. We all must eat. Let's make it enjoyable.

**November:** Holiday season is coming. No matter what persona you are, there are holidays for giving thanks. And the best way is to prepare for winter while doing it. It's time to clean the land and the soul. Show us how you prepare for winter. Do you fix things, rake things, cord things, seal things, cover things? Do it in garb. Think how your persona would have done it. Get dirty. I'm certain you all have at least one set of work garb. Work in it. Experience what you would have during your time period.

**December:** This is a free space. You must make something that isn't metal, wood, or fiber. Try glass. Brew. Tincture. Anything but it must be new to you this year.

**A reminder:** You get credit for each expo you enter in. At the end of the year you get a special I did the Expo thing. One expo you get a Silver, two a Gold, three a Platinum, and Four a Diamond. We make a big deal about these special certificates and those that are Diamond are called out in court and honored with, Hel, who knows. We have a year to figure that out. However I can tell you that the Diamond certificates will get a sharp and stabby thing made by me special for the Diamond thing winners.

So now let's get crafty.





# Upcoming Events

## Baronial Bash

October 7 @ 8:00 am - 5:00 pm  
Masonic Park and Youth Camp  
18050 US HWY 301 SOUTH, WIMAUMA, FL



## Pluck Yew II

October 13 @ 8:00 am - October 14 @ 5:00 pm  
Tallahassee Bible Church



## (W.H.A.M.) or St George Michael

October 20 @ 8:00 am -  
October 22 @ 5:00 pm  
Camp Challenge  
31600 Camp Challenge Rd  
Sorrento, FL 32776

## Lady of the Lakes Renaissance Faire

November 3, 2023 - 9:30am-3pm  
November 4-5, 11-12, 2023 - 10am-5pm  
28598 Lady of the Lakes Ave  
Tavares, FL





## Trimaris Duke University

November 4 @ 8:00 am - 5:00 pm

Hunt Fountain Park 2020 Duff Road, Lakeland, FL



## Martinmass Moot

November 10 @ 8:00 am - November 12 @ 5:00 pm  
Camp Challenge 31600 Camp Challenge Rd, Sorrento, FL



## Bungle in the Jungle

November 25 @ 9:00 am - 5:00 pm  
Wickham Park 587R+H4 Melbourne, Florida

## Oldenfeld's Yule

December 8 @ 3:00 pm  
December 9 @ 10:00 pm  
Tallahassee Bible Church



# Winter Art-Sci



January 6, 2024 @ 8:00 am - 5:00 pm  
Camp Challenge 31600 Camp Challenge Rd, Sorrento, FL





# Lady of the Lakes Renaissance Faire

## Demo Information

Set up Saturday, October 28 with optional Sunday, October 29 if needed  
Friday, November 3 School Day (local schools send their students for a field trip)

First weekend November 4-5

Last weekend November 11-12

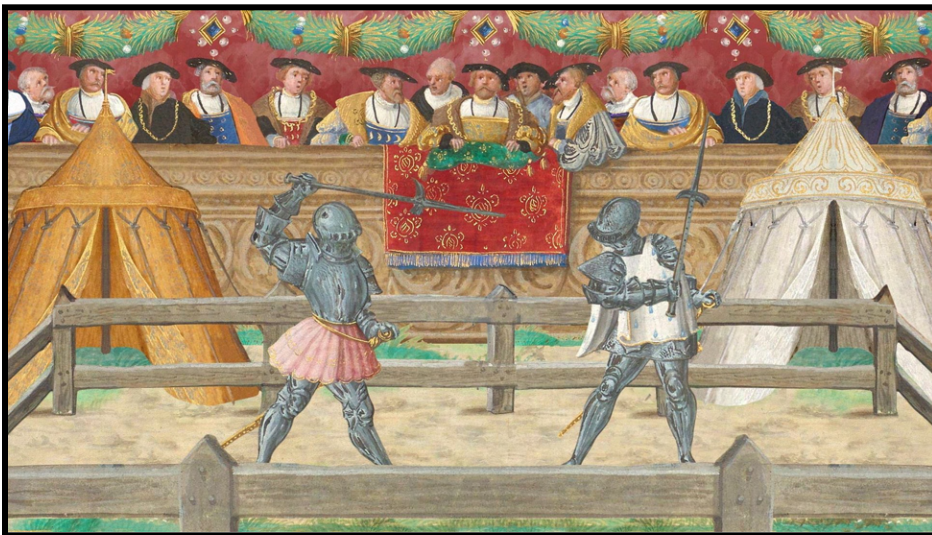
Break down after faire on Sunday, October 12

Greetings from Lady Enid Hunter, Chatelaine for the Barony of Darkwater and your liaison this year for the upcoming Demo at the Lady of the Lakes Renaissance Faire.

We are looking for gentles many to assist us with set-up, break-down, spending the day exhibiting and talking about your craft(s) and hopefully getting some newcomers to join the SCA!

### In Search Of:

- Fighters
- Marshals
- Kitchen Helpers
- Textile Exhibitions
- Hands-on demos
- Scribes
- Guild displays



If interested, please contact me at [Chatelaine@BaronyofDarkwater.org](mailto:Chatelaine@BaronyofDarkwater.org)





# THE Laurel's Corner

Featuring  
Mistress Anna Alicia Von Rheinhardt



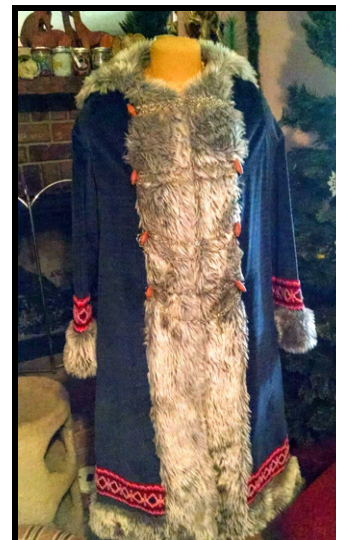
**What is your SCA name and title?** Baroness Mistress Anna Alicia Von Rheinhardt, Second Baroness of Darkwater.

**What is your mundane name?** Susan Allen (Cute party trick - my middle name is Carol, making my initials SCA).

**Tell us about your persona.** I am the daughter of a 16<sup>th</sup>-century German nobleman who is an ambassador to our King, Maximilian I, the Holy Roman Emperor. My father took his family on many of his assignments, and so, I have been well-traveled in my younger life. It has given me an appreciation for different cultures, cuisines, and fashions. I met my husband, Mester Udvarhelyi Barar Aeryck, at the court of Suleiman the Magnificent, tenth Sultan of the Ottoman Empire, during one of these assignments. Barar and I, after quite the adventure, were married and are living in his barony in Transylvania.

**What do you do mundanely?** I am an independent writer and editor. I most recently worked for the Ocala Star-Banner newspaper, both in print and online.

**What is your specialty?** At the time of my elevation in Feb. 1988, I was known for creating the first German Renaissance costuming in Trimaris. I was also known for Elizabethan costuming, accessories (purses, hats, veils, jewelry, etc.), and dancing (Western European court and country dancing, and Middle Eastern dancing in the Turkish and Egyptian styles). My current focus is on the costuming of the German Ren, 16<sup>th</sup> C. Persian, and the Magyar Conquest Period (beginning in 896 CE Hungary). I also enjoy many fiber arts - crochet (I know, not strictly period), knitting, kumihimo and various other braid techniques like finger loop braiding, and naalbinding. I still love to make accessories, especially hats, and jewelry. Recently I've been trying my hand at Hungarian embroidery, smocking, and goldwork embroidery.



**What do you feel was your most successful or favorite Art/Sci and why?** Fool's War in

Meridies 1988. I was a new Laurel and entered the Arts Competition with my white and gold Elizabethan gown and also my 10<sup>th</sup> C. Irish garb. I won both categories, AND my pieces tied for first place in the Best of Show! I've never been so humbled, or so proud.



**Tell me about any offices or roles you hold or have held.** I started my SCA career in 1980 Tampa in the Barony of Wyvernwoode while I was attending USF. After graduation I went home to Clearwater for my first professional job. While there, I was the A/S officer for the Shire of West Isles (Clearwater area, defunct) in 1981. After Barar and I married in 1982, we moved to Orlando and the Shire of Darkwater.

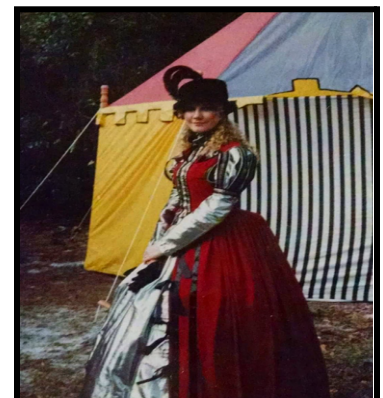
During the run-up to going Baronial, I was the A/S officer for the shire in 1984-86. Darkwater became a Barony in Feb. 1985. In 1986, I relinquished the position to accept becoming the Second Baroness of Darkwater. Barar, of course, is the Founding Baron, and the Seneschal at the time was named Founding Baroness. She abdicated only four months after the investiture to move to the Shire of Sea March with her fiance.

Barar had to rule alone, and I helped him behind the scenes. I was invested as Baroness at the Barony's first anniversary event. Barar ruled for eight years, and I ruled for seven years. We retired in 1992, and I was an interim Seneschal for six months.

While Baroness, I also trained as a kingdom chirurgion for my group and to help at kingdom events. We were the first responders. I worked for eight years. After taking a break to have children and move to Ocala and the Shire of Amurgorod, my seven-year-old wanted to take up heavy weapons. So we joined the Shire in 2004. As the kids grew, I was busy with scouting, school activities, etc., but in 2015 I took on the kingdom office of Chancellor of Trimaris Royal University. The shire became a canton of the Barony of An Crosaire, and I took on the A/S office again. I am currently the seneschal for the canton.

**Have you been published in the Society?** As Baron and Baroness, Barar and I wrote a letter to the populace every month for the Darkwater Revelry newsletter. Over the years I have published many articles and classes in the Revelry and Trimaris' *Talewinds* newsletter.

**Did anything interesting happen at your elevation?** Back in 1988 elevations were on-the-spot surprises to the inductee. I was called into court with the chirurgions to accept thank yous from the Crown. They gave us raw, blood-dripping slices of liver "leeches?" Then the "leeches" were taken back, the chirurgions dismissed except for me, the Laurels snuck up into court while I





was watching and listening to the King, and it was revealed I was accepted into the Order! Shenanigans, indeed! Barar had a medallion ready for me which he had petit-point cross stitched himself! I was nearly faint with surprise.

**What does it mean to you to be a Peer?** The peer-like qualities that I aspire to are honor, courtesy, hospitality, and service. I try to live those qualities every day. I believe it's just as important to practice these attributes in my mundane life as it is to live them in the SCA.



**How would you define The Dream?**

The Dream can be so many things. I see it when people are kind and helpful. I see it when little children mimic their adults and are courteous and helpful to each other. But my favorite Dream is when we have everyone dressed in their finery, with banners flying and pavilions decorated, and the people are all behaving like peers. Then, I am transported to a wondrous place where we all are the best we can be. The Dream lives, because we believe it does.

**What is the best thing that's ever happened to you in the SCA?** As Barar and I were planning for my investiture as Baroness of Darkwater, we remembered that a new Baron would invest his bride as Baroness. This was 1986 and it was our fifth year of marriage. We decided that we would marry our personas and roll right into my investiture. That was an amazing day! I was given away by Sir Quentin Wrenguard ap Rhys, who was Barar's champion, and was married to the love of my life by Master Taliesynne Nychymwrh yr Anghyfannedd Llanrhyddlad. Afterward, I was ringed by all the landed Baronial Nobles in Trimaris and together they lowered the coronet onto my head. As it settled, I felt a lightning bolt pierce through me! The weight of responsibility landed in my heart and I knew I now belonged to Darkwater. Vivat my Barony, forever!

**What is the most amazing thing you've witnessed at an SCA event?**

In April of 1985, Viscount Aaron Breck Gordon and his beautiful wife, Lady Branwen bean Aaron, became the new Crown of Meridies. It was a Dream moment as they rode in a horseback with the livery floating as they trotted up the road. The coronation was magical as they recreated the wedding scene from *Krull*. The groom says, "I give fire to water. It will not return, except from the hand of the woman I choose as my wife." Then the bride says, "I take fire from water. I give it only to the man whom I choose as my





husband.” As Branwen scooped the fire from the water, her sleeve caught fire! For a moment I thought we would lose our Queen before she could be crowned! Fortunately Aaron was right on it and doused her sleeve in the water. The Queen was saved!

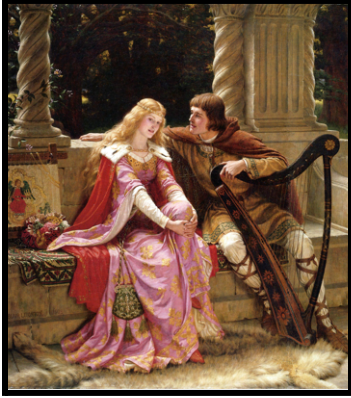
My email is: [crimsonanna1958@gmail.com](mailto:crimsonanna1958@gmail.com) Please put Trimaris or Laurel in the subject line. I can also be contacted through Facebook Messenger.



# I Have To Leave

HL Katya vom Schwarzwald, OBL

Winner, Poet Laureate, Moot (November 15, 1997)



"I have to leave," the warrior said, "to fight a vicious foe!

I do not wish to part from thee, but duty tells me go!"

The troops were massed upon the field, the call to arms was heard,

And his great heart was breaking as he spoke his parting word.

"I must away," the warrior said, "I hear the trumpet call!

I must do battle on this day, and watch my enemy fall!"

The arrows were flying sure and straight, the swords clashed as they met.

But he had to tell her one more time that he left her with regret.

"I have to leave," the warrior said, and slowly turned away.

His unseen foe struck him hard and fast, and on the ground he lay.

The sounds of battle surged around, as she ran to give him aid,

She knelt beside him on the rocks, and silently she prayed.

"Please, do not leave!" the woman cried, and cradled his still form.

She gently held him as he died, and her tears flowed, swift and warm.

The battle raged as she knelt with him upon the rocky keep,

His body nestled in her arms, as he lay in final sleep.

"He had to leave," she told his kin, as they gathered all around,

"His duty called him onward, and he heard the clarion sound!"

The battle ceased, the swords grew still, the arrows did not fly,

The warriors gathered round the keep to say one last goodbye.

"He had to leave," she told the crowds that massed upon the wall,

"He did not wish to go from us, but he heard his destiny call."

They buried him not far away from where he fell, that day,

And there are those who say that he is still there, in a way.

"I will not leave," he seems to say, when you look into the sky,

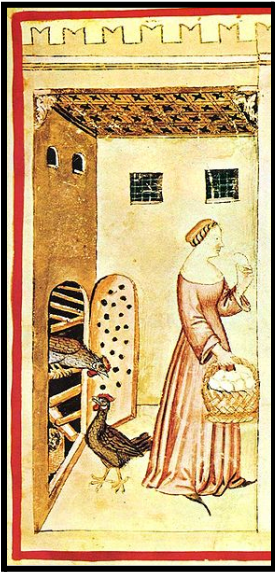
And watch a soaring eagle, as he spreads his wings to fly.





# ‘E’ is for Eggs

Wulwyn aet Hamtune, OL



Greetings and salutations from Wulfwyn aet Hamtune, OL, your friendly, neighborhood chief cook and bottle washer! Food and cooking are my favorite things, and like a recipe, cooking is a cup of art, a handful of science, a spoonful of history, and a dash of laughter, every now and then. Baking, on the other hand, is a cup of science, a handful of art, a spoonful of history, and a dash of blood, sweat, and tears. Here is the next installment of my medieval culinary alphabet, “E is for Eggs”.

I called the almond ubiquitous, but there is no other non-meat, non-fish, non-produce food stuff that is more ubiquitous than the incredible, edible egg. Let’s take a look at some of the science about the egg.

First, the etymology. In Old English, **ǣg** n (-es/-ru), with Germanic suffix changes to make the word more useful.

In Middle English, **Egg**. This Old Norse word appears first in the Northern and the Northeast Midland (regions known as the Danelaw) dialects beside the (historically corresponding) native **ei**, which predominates elsewhere throughout the Middle English period.

Known manuscript spellings: Egges, eiren, eron, eyeron, eyron, eyren, eyroun.

As we can see from the various scribal spellings, the northern “native ei” morphs into “ey” in most of the manuscript sources, which points to the original manuscript scribes not being northerners, and the “egges” spelling is likely from a later source leaning toward Elizabethan English, which was evolving into modern English. Word nerd. Of course, the “ey” scribal usage may just be a tool to distinguish “i” from “j”. I don’t know for sure, but my money is on the scribal tool, rather than some weird evolution of spelling by southerners.

Information on medieval egg consumption and poultry husbandry is scattered through a lot of agricultural manuals and farm records from manors and monasteries. For the purposes of this article, I’ll try to stick to the culinary information, rather than production. What we know for sure is that eggs from birds of all sorts, both wild and domestic, were eaten all throughout the period. Chicken, duck, goose, dove, and pheasant, are most of the domestic types, but there are mentions of pretty much every type of wild bird, including sea birds, whose eggs were gathered at various times of the year. It’s even been suggested that nest robbing may have contributed to some extinctions along the way, but ecological science hasn’t given me any firm data on that.



When we look at the nutritional data for domestic eggs, there are some fairly important differences. Chicken eggs were probably the most commonly used egg, since chickens are fairly easy to keep, will happily live on bugs and kitchen scraps, each hen will lay one egg a day throughout the spring and summer months, and they keep for a good long time in the shell. Today's domestic chicken egg is about 75 calories, 7 grams of protein, and 6.5 grams of fat.

Duck eggs are larger, their shells are more robust so they keep better. Like chickens, ducks will lay an egg a day through the spring and summer months. They contain 130 calories, 9 grams of protein, 10 grams of fat, and 1 gram of carbohydrates.

Goose eggs are larger still, their shells need a really hard whack to break, and a goose will lay an egg every other day, give or take. They contain 321 calories, 19 grams of protein, 26 grams of fat, and 1.8 grams of carbohydrates.

Pigeon and dove eggs are about the same size as a chicken egg, but the shells are more fragile. They will lay up to three eggs per day. The egg contains 130 calories, 14 grams of protein, 13 grams of fat, and 1.8 grams of carbohydrates.

Some of you might notice that I try to use medieval recipes that will be recognizable to a home cook who is looking to begin their journey down the rabbit hole of medieval cookery. If you can equate a medieval dish with something you recognize as food, it gives you a starting point for figuring out the ratios by consulting a modern cookbook. Medieval cooking can be intimidating. These recipes can help someone ease into the process and be successful, which is always one of my main goals. There are many egg recipes in the medieval corpus that look a lot like modern recipes minus measurements. Flans, quiches, pies of all sorts, sauces, health food, pastry, and basic egg recipes which are anything but boring.

Visit [www.medievalcookery.com/search](http://www.medievalcookery.com/search) to search by ingredient.

Eggs served many purposes in the medieval kitchen and apothecary. As the recipes tell us, eggs can enrich a dough, be cooked in every possible way, can be used as a binder for other ingredients, like meatballs, or fritters, can make caudles and possets for the sick and infirm, and can be used to glaze just about anything. So, let's get into some of the cool recipes I've harvested for you.

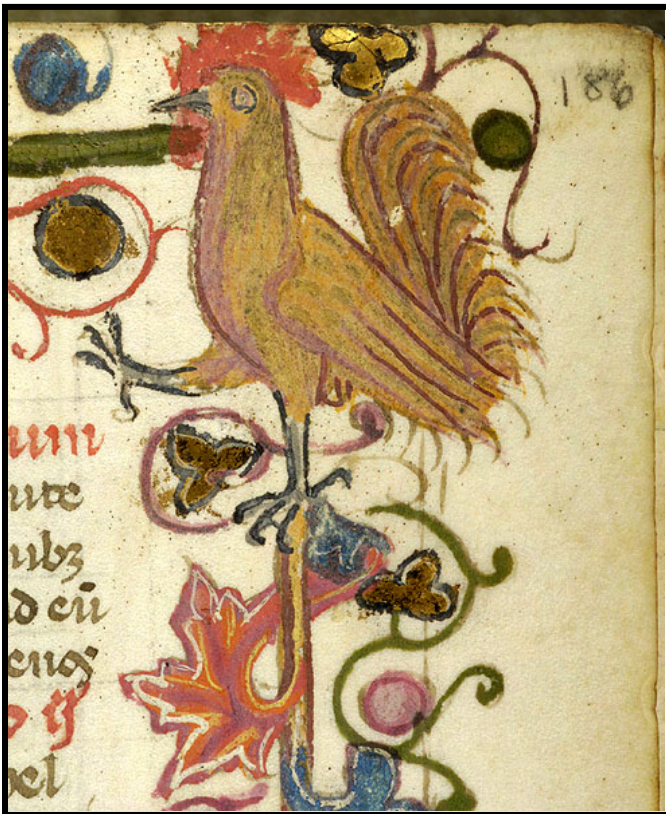


This is an excerpt from **Forme of Cury**, England, 1390 CE

The original source can be found at [the Project Gutenberg website](http://www.gutenberg.org/files/16718/16718-h/16718-h.htm)

Pochee. XX.III. X. Take **Ayrenn** and breke hem in scaldyng hoot water. and whan þei bene sode ynowh. take hem up and take **zolk**es of **ayren** and rawe mylke and swyng hem togydre, and do þerto powdour gyngur safroun and salt, set it ouere the fire, and lat it not boile, and take **ayrenn** isode & cast þe sew onoward. & serue it forth.

My modernization: Poached Eggs. Take eggs and break them into scalding hot water and when they are cooked enough take them out. Take egg yolks and milk and mix them together, and add powdered ginger, saffron and salt, set it over the fire and do not let it boil. Take the poached eggs and put the sauce on and serve it forth.



If you add a slice of toasted bread under this, it's pretty close to Eggs Benedict, and ginger with eggs is glorious. As with most medieval recipes, there are instructions missing, probably because a cook would know from experience how to make the sauce without burning it or breaking it. The sauce is fairly close to a modern hollandaise, made with whole milk instead of butter, and ginger instead of pepper.

This is an excerpt from **Ancient Cookery [Arundel 334]**, England, 1425 CE

The original source can be found at [R. Warner's "Antiquitates culinariae" \(1791\)](http://www.earlymoderntexts.com/texts/antiquitates_culinariae)

Mosy for soper in somer. Take smale chekyns and chop hom, and scthe hom in brothe of beef, and wyne; and cast therto clowes, maces, pynes, and hew parsel and sauge and cast therto, and colour hit with saffron; and

take poudur of pepur, or of greynes de Paris, and put therto, and take **eyren** broken, and drawe thurgh a streynour **zolk** and al, and bete hit with a pot stik, and put therto an unce of ginger, and stiote al into the fame pot to the chekeneffe, and stur hit well, and when hit begynnes to boyle set hit from the fire; and serve hit forthe.

My modernization: Morsel for supper in summer: Take small chickens and chop them, and boil them in beef broth and wine; add cloves, mace, pine nuts, and chopped parsley and sage, and color it with saffron. Add ground pepper, or grains of paradise. Beat some eggs, add an ounce of ginger, and stir it into the chicken. When it comes to a boil, take it off the fire, and serve it forth.

This seems to be a version of what we now call egg drop soup. Modern versions are available online from many places across the world.



This is an excerpt from **An Anonymous Tuscan Cookery Book**, Italy, ~1400 CE - Ariane Helou, trans.

The original source can be found at [Ariane Helou's website](#), which includes a link to the original Italian manuscript.

Fennel sauce. Take fennel flowers, and beat them in a mortar; add saffron, nutmeg, cloves, cardamom, egg yolks, and color it with saffron; and it is a good sauce during the month of September, with eggs.

This is an excerpt from **An Anonymous Andalusian Cookbook**, Andalusia, 13<sup>th</sup> c. - Charles Perry, trans.

The original source can be found at [David Friedman's website](#)

The Dish Mukhallal. Take the meat of a plump cow or sheep, cut it small, and put it in a new pot with salt, pepper, coriander, cumin, plenty of saffron, garlic peeled and diced, almonds peeled and split, and plenty of oil; cover it with strong, very pure vinegar, without the slightest bit of water; put it on a moderate charcoal fire and stir it, then boil it. When it cooks and the meat softens and it reduces, then put it on the hearthstone and coat it with much egg, cinnamon and lavender; color it with plenty of saffron, as desired, and put in it whole egg yolks and leave it on the hearthstone until it thickens and the broth evaporates and the fat appears. This dish lasts many days without changing or spoiling; it is called "wedding food" in the West [or the Algarve], and it is one of the seven dishes cited as used among us at banquets in Cordoba and Seville.

Here is some humoral theory:

This is an excerpt from **Das Kochbuch des Meisters Eberhard**, Germany, 15<sup>th</sup> century - V. Bach, trans. The original source can be found at [Mark S. Harris' Florilegium](#).

Eggs which are fresh from the chicken are the best. The yolk heats moderately and nourishes well, but the white chills and causes phlegm and bad blood and (is?) a bad food. Soft chicken eggs boiled in water are good for people who have lost their strength and for people who are losing much blood. Fried eggs make the vapors go up into the head. Soft boiled chicken eggs are good for people who suffer from weight loss or are husky or have a rough throat and cannot breathe well, or who throw out blood at the mouth.



For information on the agricultural/forager side of eggs, here are some links.

<https://sciencepress.mnhn.fr/sites/default/files/articles/pdf/az2009n2a2.pdf> Chicken Husbandry in Late-Medieval Eastern England: c. 1250-1400 CE

<https://www.thefield.co.uk/shooting/the-history-of-the-pheasant-22364> The history of the pheasant in Britain & Ireland.

<https://cs-people.bu.edu/wdqin/HI244.pdf> Food Composition and Production in Medieval England and Their Mutual Influences, Wenda Qin Boston University May 1, 2017

[https://www.academia.edu/42134830/Alternate\\_fortunes\\_The\\_role\\_of\\_domestic\\_ducks\\_and\\_geese\\_from\\_Roman\\_to\\_Medieval\\_times\\_in\\_Britain](https://www.academia.edu/42134830/Alternate_fortunes_The_role_of_domestic_ducks_and_geese_from_Roman_to_Medieval_times_in_Britain) Alternate fortunes? The role of domestic ducks and geese from Roman to Medieval times in Britain, Umberto Albarella, The University of Sheffield





# The Oath Keeper's Song

Mistress Ambra Michelli

As the embers fade to shadow, still you sit beside the fire.

As you gaze into the night I see your thoughts grow dark and dire.

As the hour of dawn approaches on the morning we must ride,

I can see your apprehension, you are young and yet untried.

And despite your resolution, there's a question in your eyes,

As you wonder what is worth the cost of risking all our lives.

## Refrain

I've given oath to Crown and I have pledged my vow.

All those I promised then, I'll not abandon now.

And though the war's not mine, a good man keeps his word.

I'll heed the call of Kings and prove my worth in deed and sword.

I have known an Ally's cause to call unto my very soul.

Oh and how camaraderie can coax a flame from quiet coal!

Ah but when the ale runs low, does that conviction fade to ash?

And will your new soul brother leave your side within a flash?

How then, can one not wonder if a bond you forge is real?

But do what you have promised, and your word is tempered steel.

## Refrain

There are those with silver tongue who speak with rich and rousing tone;

Who will offer hollow words but wring your blood out of the stone.

And when empty vows are spent, then you learn that talk is cheap.

You will judge a man not by the oaths he makes, but those he keeps!

For today, or many years from now, one truth is well assured:

That you need not wonder at the worth of he who keeps his word.

## Refrain

As the dawn crests the horizon and the sounds of battle grow.

There is but one question left, the answer only you can know.

For as fate demands, each man must stand to face his dying day,

So when you lie the earth below, what will your people say?

Would you break faith and run, to find your legacy is sold?

When a man who can be trusted's worth more than his weight in gold!

## Refrain

### Last Repeated Refrain:

We've given oath to Crown and we have pledged my vow.

All those we promised then, we'll not abandon now.

And though the war's not ours, "a good man keeps his word".

We'll heed the call of Kings and prove our worth in deed and sword.

We'll heed the call of Kings and prove our WORTH!



# The Hellburners of the Battle of Antwerp

HL Drahomíra (Draza) Kováčová

Time is something that I never seem to have enough of, and as such, the devices that have been created to count the minutes have fascinated me. The water clocks and sundials and all of the research into making them as precise as possible are amazing in their own right, but there is something glorious about the invention of the mechanical clock. The gearing and movements that work in unison so that the hands move exactly the right amount to represent the time that has passed is a brilliant achievement of the academics of the Middle Ages. But, as is often seen, these mechanical marvels are often turned into weapons of war. One of the very earliest occurrences of clock gears being used as weapons of war was during the Eighty Years' War, specifically the Siege of Antwerp (1584–1585).



A little bit of history here as to why this entire siege came about. The Habsburg Dynasty expanded their territories into the Netherlands in the 15<sup>th</sup> century and the portion that was under the Habsburg rule became cleverly named “Habsburg Netherlands”. The French held another part that was known as the “Burgundian Netherlands”.

In 1477, the last Habsburg Duke, Charles the Bold, died with no male heir. Much of his lands went to his daughter, Mary of Burgundy, who then passed these lands to her son, Philip the Handsome, Duke of Burgundy and Lord of the Netherlands. Philip, in 1496, was wed to Joanna, Queen of Castile, daughter of Isabella and Ferdinand and sister of Catherine of Aragon (yes, that Catherine - first wife of Henry VIII of England). While also called Joanna the Mad, she still became the heir to the Spanish throne, following Ferdinand and Isabella. One of the children she and Philip the Handsome had, Charles V, became the King of Spain (through his mother's line) and the Holy Roman Emperor of the Habsburg Dynasty (through his father's line). While on the throne, Charles V negotiated a marriage between his son, Philip II, and the eldest daughter of his Aunt Catherine and Henry VIII. So, by 1500, the European monarchies are all tied to the conquering monarchs that removed the Moors from Spain and re-established Catholicism as the religion supreme in all of Europe. And to top it all off, in 1517, the Cardinals in Rome elected Giulio di Giuliano de' Medici to become Pope Clement VII, who was a virtual prisoner of Charles V.

What brilliant political maneuvering! Until Henry VIII decided to do something unthinkable – and in 1531 removed England, and her coffers, from the Catholic Pope's control to join in the Reformation that had sprung up around Europe against the corruption within the Catholic leadership. After Henry VIII, Edward VI and Lady Jane Grey are dead, Mary I takes over England in 1553 and, with her Spanish husband, attempt to bring England once again to Catholic heel while neglecting some of the further northern territories. Her early death in 1558 returns England to a Protestant Monarch in Elizabeth I and a bit more problems for the Spanish, not to

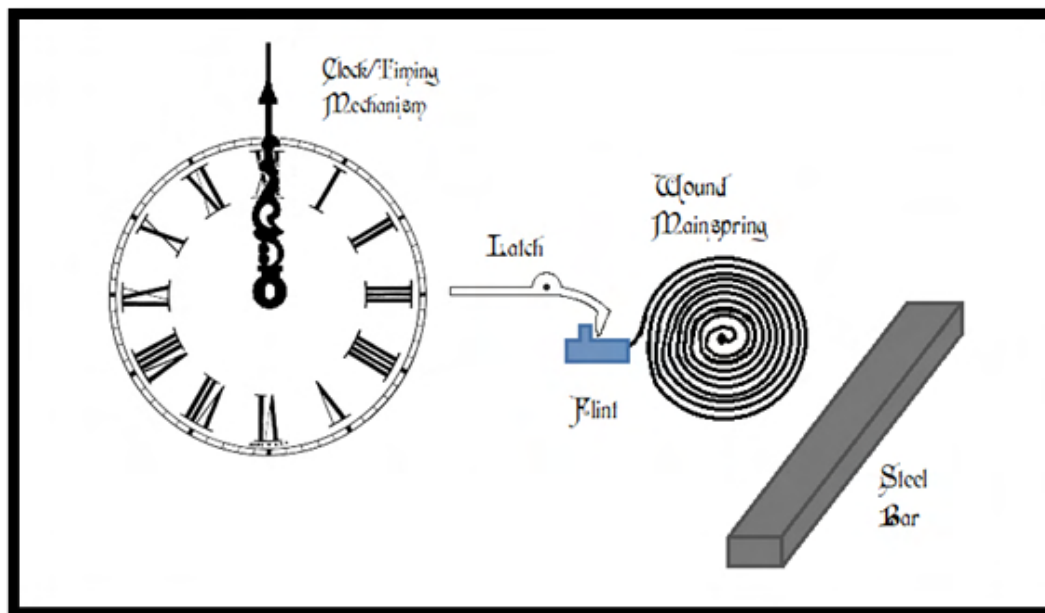


mention the Ottomans were now encroaching on Spain from the Mediterranean. The Dutch rebels are now a full-blown Calvinist revolt, following the sacking of Antwerp by the Spanish Militia, because Philip II had forgotten to pay them.

Prince Alexander Farnese, Duke of Parma, Spain was sent to Antwerp to bring things back to heel and constructed two new forts and a brilliantly designed pontoon bridge between them that effectively blockaded the River Scheldt and had a horrible effect on trade and wealth in the area.

In 1585, Elizabeth I sent military support to the rebels in Antwerp, and here is where we are back to the clockwork mechanism part of the story. The Dutch had to rid themselves of the pontoon bridge, but each side was a fort and the bridge itself was protected by Spanish ships. A traditional attack would have come to naught. In a surprising turn of events, some of the military support provided by Elizabeth I was in the form of the brilliant Federigo Giambelli. Giambelli was Italian by birth and a military engineer by training. He had gone to the court of Philip II of Spain to offer his inventions, but was snubbed and went away offended. So, what does a snubbed engineering mastermind do? He goes to England and offers his services to Elizabeth I who gladly sends him to Antwerp to extract some revenge upon Philip's forces there.

While in Antwerp, Giambelli comes up with the idea of creating a ghost ship that would float into the pontoon bridge and detonate like a bomb. His design was to take two 70-ton merchant ships, the Fortuyn ("Fortune") and Hoop ("Hope"), and line their hulls with millstone, tombstones and old iron. Inside this remaining space, each ship was filled with 7000 pounds of gunpowder each. Then, he partnered with a Dutch watchmaker named Bory. Bory devised a mechanism where a piece of steel was held in place. Pieces of flint were attached to a wound spring with a latch, so that when the latch was released and the wound spring unwound, it would circle around, striking the flint against the steel again and again creating a shower of sparks. The coup de grace was a clock mechanism with an extended arm that could be set to move at a given rate and release the latch holding the flint spring at a predictable time in the future. Together, these two had crafted a time-bomb.

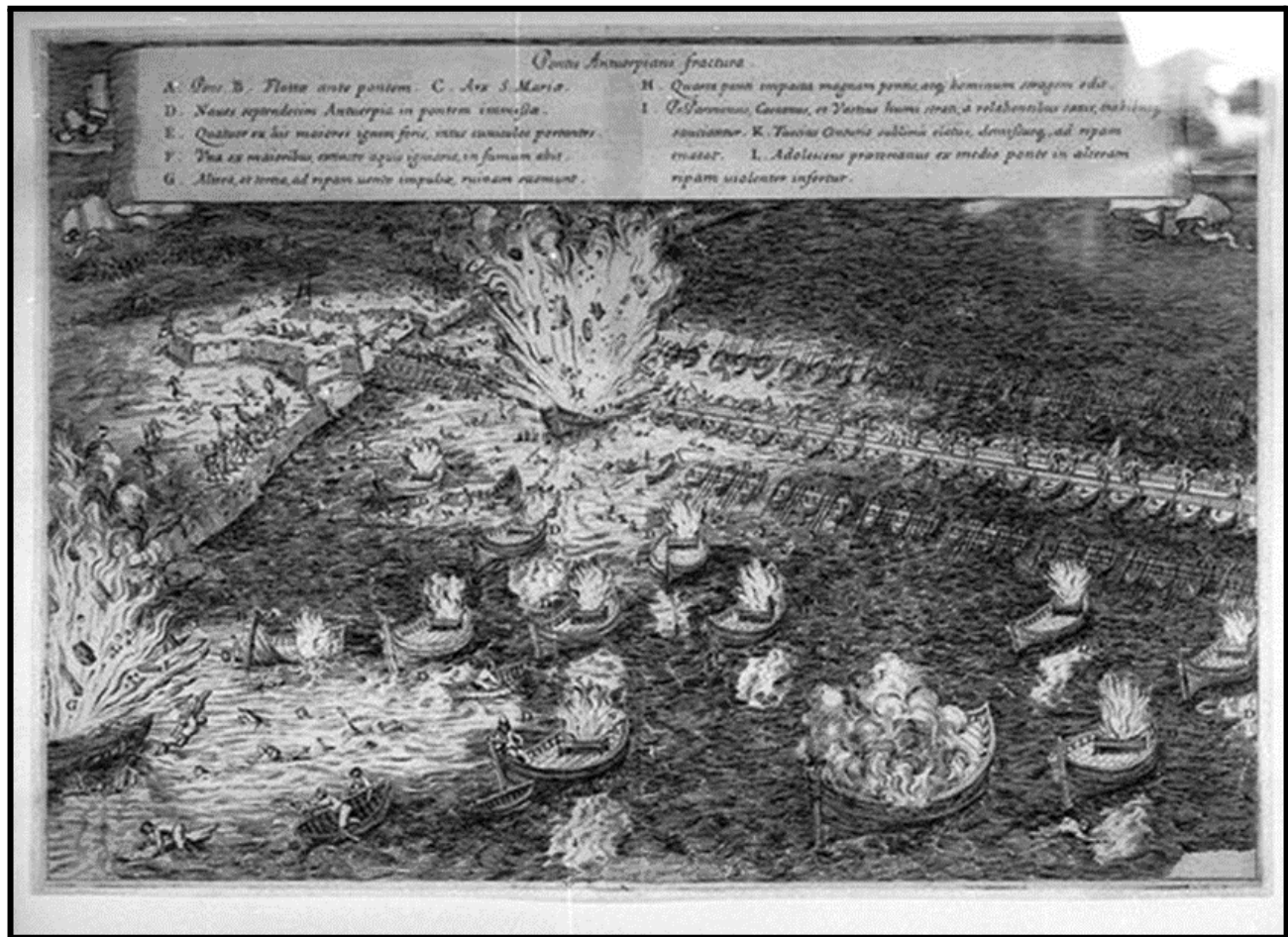


Gunpowder Ignition Mechanism

These time-bombs were given the name "Hellburners".

On the night of April 5, 1585, the Fortuyn and the Hoop were launched towards the pontoon bridge with timber and brush burning on the deck, so that they looked like typical fireships that had tried and failed to take down the bridge in the past. As they were unmanned, the Fortuyn suffered some mis-fortune as she ran into the bank away from her target. But the Hoop – she hit squarely into the bridge. Soldiers ran out to extinguish the fire. When the time-bomb exploded, 800 troops were killed instantly, with the gory description following the blast of it raining pieces of flesh across the area.

The image below is an etching of the devastation caused by the Hellburners as it was captured in 1623 by Jesuit historian of wars in the Low Countries of Belgium and the Netherlands, Famiano Strada. Although this was well after the actual battle, the stories of the effect led to him creating such a fantastic image.



The Hellburners were not enough to turn the war and the Dutch eventually surrendered. However, Giambelli returned to serve Elizabeth I with the greatest enthusiasm. He worked to improve the fortifications of the Thames, which was where it was believed an attack from the Spanish Armada would occur. The Armada was attacked by fireships and, whether they were Hellburners or from the fear of Giambelli's designs, they caused a great amount of chaos and assisted in the defeat of the Spanish Armada by Elizabeth's forces.

## Think twice before snubbing your engineers.



# Loyalty

Maître Melissent Jaqueline la Chanteresse, OL

Over her wounded master  
The loyal hound stood  
Protecting him closely  
As only she could.

The knight raised his hand weakly  
From where he lay.  
And the noble wolfhound  
Was his weapon that day.

Her enemy approached  
Certain he'd win.  
The hound bared her teeth –  
And let war begin.

She crouched, sprung like flame;  
The man's knees became jelly.  
The hound landed, and then  
Ripped out her foe's belly.

The man fell to earth,  
Knowing he'd die;  
As his throat was torn out  
And silenced his cry.

The wolfhound turned  
To the man she had guarded.  
What she then saw  
Left her brokenhearted.

For her knight had passed  
Into the realm of true peace.  
Despondent, his companion  
Lay beside him and grieved.



When their army found the knight,  
Eyes welled with emotion,  
For the faithful wolfhound  
Had died from devotion.

But this tale is not tragic,  
Nor awash with woe;  
For in paradise,  
Knight and hound go,

They hunt and they run,  
Wind-spiced together.  
Young and in pure joy  
They are joined forever.

For there is no love greater  
In all of the world to be found,  
Than that between man  
And his companion, his hound.

# Contributor Guidelines

We would like to highlight your Arts & Sciences with the Kingdom! Do you have an Article you would like to share? A period Recipe? Pictures or Original Artwork? Send them to us for publication!

Submissions must be received by the 1<sup>st</sup> of the month of publication. Any submissions received after the submission deadline may be held until the next issue. The preferred method of submission is via email to [triskele-editor@trimaris.org](mailto:triskele-editor@trimaris.org).

Electronic submissions may be in the body of an email or as an attachment. Artwork should be submitted as a computer graphic file. If you are using artwork found online that is not yours, even if it is in the public domain, please include a citation or page link from where you obtained it. If you have any questions please contact the Kingdom Chronicler or Triskele Editor. These guidelines do not pertain to event announcements, which follow the submission guidelines laid out for Talewinds.

All contributions must be accompanied by the appropriate release forms which can be found online at:

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## Deadline

1<sup>st</sup> of the month of  
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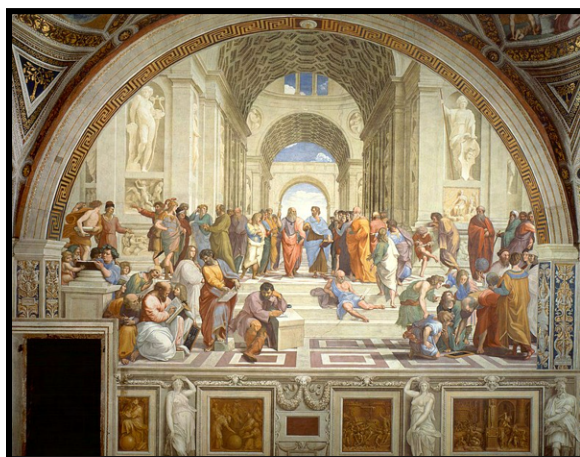
March  
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December





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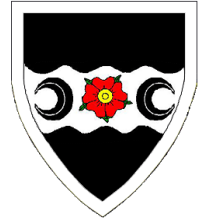
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# Meet Your Editors

## Maître Melissent Jaqueline la Chanteresse, OL

Born in 1495 in Libourne, in Southern France, Melissent is an expatriate who lives in Trimaris. She was a waiting woman and retainer for Countess Francoise de Foix, her best friend and neighbor growing up, but came to Trimaris after meeting a resident at the Field of the Cloth of Gold, which she had attended with Francoise. She is a trobaritz (as was her mother and her mother before her), and is studied in prose, poetry, and song; additionally, she teaches the gentle arts such as retaining skills and comportment classes, and skills inherent to performance to any who desire to learn such things (as well as persona, history, and research).



Rev. Mia Reeves is a professional actress/singer and writer who has been a member of the SCA since 2008 and is a performance/research/persona development Laurel. She is an Interfaith Minister (graduated from the New Seminary in NYC) as well as a former intellectual property paralegal. She has had books, poems, and papers published in a variety of genres, including two *Complete Anachronists*, and appeared in movies and over 100 theatrical productions, such as Rosalind in Shakespeare's *As You Like It* off-Broadway, Beauty in the national tour of the musical *Beauty and the Beast*, Lady Macbeth, and the movies *The Replacements* (Wanna-Be Cheerleader) and *True Lies* (Stunts). She is a member of the Screen Actors Guild (SAG), and her IMDb link is [Mia Reeves - IMDb](#). She enjoys knitting and embroidery in her spare time and lives with her beloved husband and Maltese dog. She is a protege of Duchess Islay Elspeth of Glen Meara, and the Chancellor of Trimaris Royal University (TRU).

## Honorable Lady Gudrun Rauðhár (Gudrun the Red-Haired)



Gudrun, a skilled tradeswoman hailing from Norway, embarked on a journey to Denmark to unite with her spouse Leifr Mulasson. Named after a legendary saga figure due to distant lineage, Gudrun embraced leatherworking early in life, transitioning from household utility to a genuine passion. Famed for crafting utilitarian yet exquisite leather goods, she and Leifr eventually settled in Dyflinn, modern-day Dublin, during the early 9<sup>th</sup> century.

Kris Brock is a versatile figure, encompassing roles as an educator, adept leatherworker, marketing expert, and social media maven. Kris owns The Dormant Dragon. In her day job she imparts knowledge to 8<sup>th</sup> graders in middle school English. Prior to her work as a teacher she worked in content marketing within the esports industry. Her love of the SCA is reflected through her dedicated roles within the Kingdom of Trimaris and Shire of Sea March. She serves as the Kingdom of Trimaris' Waivers Deputy, Discord Deputy, and the Shire of Sea March's A&S Officer, and Webminister. She is also the Royal Communications Officer for TRM Dietrich and Anaya. She is apprenticed to Mester Barar and is protege to Duchess Islay of Glen Meara. She loves playing video games and reading fantasy novels and classic literature in her free time.





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