








# popular Herbals

The Official Monthly Newsletter  
of the Kingdom of Meridies



The Herbal Guild of Meridies is dedicated to researching and re-creating the arts and skills of herbalism from pre-17th century Europe and the Known World. The Guild promotes the study and use of herbs in a medieval context and provides information on the period cultivation, history, and utilization of herbs to the citizens of Meridies, a Kingdom within the Society of Creative Anachronism (SCA). The medieval applications of herbs as dyes, as well as culinary, cosmetic and medicinal agents, are among the commonly explored areas of the Guild.

## Meridian Calendar of Events

Date	Event	Sponsoring Group & Contact
Aug 4—6, 2023	Warden's Challenge	<b>Hosted by The Shire of Easaraigh</b> POC: Lady Ceri Adain ceriadain@gmail.com
Sept 1—4, 2023 	Vices and Virtues	<b>Hosted by The College of Phoenix Rising</b> POC: HE Ana de Granada anabeladg@gmail.com Helga of Phoenix Rising thayerga002@gmail.com
Sept 8—10, 2023 	Red Tower	<b>Hosted by The Barony of South Downs</b> POC: Lady Raven Helmsplitter sen.southdowns@meridies.org
Sept 15—17, 2023 	Daggers and Hemlock	<b>Hosted by The Shire of Phoenix Glade</b> POC: THL Juliana verch Hoell Sen.PhoenixGlade@meridies.org
Sep 29 – Oct 1, 2023 	Meridian Grand Tournament	<b>Hosted by The Kingdom of Meridies</b> POC: Ysabel d'Ange deafangel129@gmail.com
Oct 6-8, 2023 	Crossroads	<b>Hosted by The Shire of Owl's Nest</b> POC: THL Charles de Joscelyne sen.owlstest@meridies.org
Oct 13-15, 2023 	Fall Coronation	<b>Hosted by The Kingdom of Meridies</b> POC: TBA
Oct 21, 2023 	Danelaw	<b>Hosted by The Barony of Bryn Madoc</b> POC: Lady Lijsbet die Wolff levanhagen@gmail.com Banbharun Derbail inghen Conchobar astyanax66@gmail.com

This is the August 2023 issue of *Popular Chivalry*, the official newsletter of the Kingdom of Meridies. Meridies is a branch of the Society for Creative Anachronism, Inc., and *Popular Chivalry* is published as a service to the SCA's membership. This newsletter is available online at <http://enewsletter.sca.org/>. Memberships are available from the Member Services Office, SCA, Inc., P.O. Box 360789, Milpitas, CA 95036-0789. All changes of address or questions about subscriptions should be sent to the Corporate Office. Membership information and a subscription form are included elsewhere in this issue on a bi-monthly basis.

### Publication Deadlines

All event flyers, notices, officer letters, etc., must be received by the first of the month preceding the month of publication, e.g., event flyers for the July PC must be received by June 1.

### Calendar

The Meridian Event Calendar originates with the Kingdom Seneschal's Office and is correct as of July 07, 2023. To add your event to this calendar contact the Kingdom Calendar Deputy at [calendar@meridies.org].

### SOCIETY FOR CREATIVE ANACHRONISM, INC.

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800-789-7486 or 408-263-9305  
Fax: 408-263-0641

#### Society Seneschal / Vice-President for Operations

**Mistress Elasaït ingen Diarmate (Lis Schraer)**  
314-941-0832 ; seneschal@sca.org

#### SCA Member Services Office & Registrar

Louise Du Cray - ext. 202  
Email: membership@sca.org

#### Director for Meridies

**THL Saruca bint Lazari (Natalie Degerstrom)**  
207-992-8889 ; ndegerstrom@director.sca.org

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## A Missive from Their Royal Majesties

Good Greetings  
Unto Fair Meridies,

We miss you. While we had a lovely air-conditioned gathering in Arenal, the heat of the midsummer sun has mostly kept us from gathering for weekend-long events.

Yet we need not despair!

There are projects all around us, and, with events fewer, we have more time to turn our hands to a beloved art or to something entirely new. The Royal University of Meridies offered scores of ideas and classes, and Pennsic offers hundreds. Even if you were unable to join Us at these gatherings, simply perusing the class schedules may inspire you. We look forward to seeing you at Vices and Virtues, and we hope that you will share with Us what inspired you over the summer.

As for what inspires Us, it is you. We love sharing your joy in a friend recognized, a new skill realized, or simply raising a glass in fellowship. Thank you for the opportunity to share those magic moments and remember that we share this odd hobby because it is so much fun.



LET JOY AND FUN  
ABOUND!

GARICK      YASAMIN  
Rex            Khanumshah

## A Missive from Their Royal Highnesses

Greetings Fair Kingdom!

We hope this missive finds you all well and surviving the bite of the summer heat. In June, We were able to enjoy a regional fighter practice that entertained almost 150 people!! The blood and sweat that the the Shire of Easaraigh poured into that day did not go unnoticed, and We thank them for their warm welcome and hospitality. We are looking forward to attending the Royal University of Meridies and bearing witness to the collegiate successes of worthy individuals throughout the Kingdom. It brings Us great joy to be able to connect with Our chosen friends and family, and We hope to see many of you there! Finally, in August, We have the distinct pleasure of attending Pennsic War! It looks to be a very fun time, and We plan to make memories with friends new and old.

We are excited to once again be representing the Kingdom as Heirs and look forward to future revelry with you all.



TIMOTHY



YSMAY

AD ASTRA!



*Illumination by Danielle Bird*



## SCA BOARD OF DIRECTORS

**Chair**—Mark Faulcon  
Martin Lochner  
mfaulcon@director.sca.org  
(President, Society Seneschal, Corporate Office, Executive Assistant, Financial Officers, Financial Committee, Census Committee)

**Vice Chair**—Pug Bainter  
Phelim Gervase  
pbainter@director.sca.org  
(DEI, Heralds, East, Caid, West)

**Director**—Krista Capps  
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kcapps@director.sca.org  
(Atlantia, Meridies, Middle, Ealdormere)

**Director**—Gabrielle Fisher  
Adrielle Kerrec  
gfisher@director.sca.org  
(Æthelmearc, Avacal, Drachenwald, Lochac, Board Recruiting)

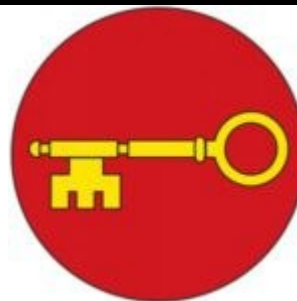
**Director**—Jennifer Krochmal  
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jkrochmal@director.sca.org  
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**Director**—Bart Roegner  
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rroegner@director.sca.org  
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**Director**—KT “Shep” Sheppard  
Ulrich von Brandenburg  
ksheppard@director.sca.org  
(An Tir, Ansteorra, Gleann Abhann, Trimaris, Marshal, Peerage Committee)

### DIRECTOR ELECT - SEAT B - OPEN

## From the Kingdom Seneschal



The Kingdom Law Committee has openings for two members, one who is a previous Royal, and a Populace representative. Duties involve becoming familiar with Meridies Kingdom Law and contributing to discussions regarding proposed changes/updates. The Kingdom Law Committee meets monthly currently.

If you are interested, please submit a brief statement on your interest in serving on this committee by July 28, 2023. Include any relevant SCA or professional experience you have that may contribute to the team’s work. Send to kingdom.law@Meridies.org.

In service,  
*Nikoslav Mikolaevich*, OD  
Kingdom Seneschal

## SCA QUARTERLY BOARD MEETINGS



*PLEASE NOTE: The Board of Directors is considering the possibility of a return to live meetings in late 2023. Groups interested in hosting a meeting should contact the Executive Assistant (ea@sca.org) for information on meeting requirements and how to submit a bid.*

### Third Quarter 2023

Date: July 23, 2023  
Please note: Agenda Deadline is July 1, 2023  
BY ZOOM

### Fourth Quarter 2023

Date: October 22, 2023  
Please note: Agenda Deadline is October 1, 2023  
Locale/Method TBA



*Illumination by  
Dis in Rauda*



## Greetings from the Chatelain

Merriam Webster defines a Chatelain as “a governor or warden of a castle or fort”. This does not say the Chatelain owns it but is entrusted to watch over the valuables and things important to the owners. This is a job given to a very trusted person.

In today’s SCA, in my opinion, newcomers are the valuables. Newcomers are the life blood to an organization in which members grow older, move to new jobs, or gain more job responsibilities.

The Chatelain is an officer who take on the responsibility to help the Newcomers learn about the journey of the SCA. The Chatelain knows who does different things and can introduce the newcomer to a teacher.

In your SCA journey, there is are so many things you can do in our hobby. For example, what styles of clothing: Roman, Viking, Norman, and Tudor. Learning crafts, fighting, archery, sewing, cloth making and leatherworking are the start of a huge list. Cooking and camping are the things I like a lot and I love to share these with newcomers.

A good Chatelain finds out what the Newcomer likes or would like to learn. As a Chatelain I try not to sell the activities I love but to ask what the Newcomer likes or wants to do.

OK Newcomers, once you meet the Chatelain, tell them what you like and dislike. Ask questions like “Tell me more about \_\_\_\_\_” any topic you wish. The Chatelain will take you to someone that can help with the topic.

Not all groups have a Chatelain, they are maybe too small to have one. If you have questions or don’t understand some of our terminology, talk to the Seneschal. That is the manager of the group.

In case you’re wondering, Chatelain has French roots. Chatelain with no "e" is male, Chatelaine with an "e" is female.

Great Journey!

*Lord Erland Cadwallader*

Kingdom Chatelain

chatelaine@meridies.org



***“Who is this  
Chatelain that  
people tell me  
to meet?”***

***-- Newcomer  
says.***



*Illumination by  
Samantha Farley*



## Chronicler's Corner

Pleasant greetings to the wonderful populace:

I realize that I have been a miss of one of my most important responsibilities: to teach. This article discusses the responsibilities of a Chronicler. It is important information for the current chroniclers as well as future Chroniclers (aka the populace) to understand rules regarding the office and my expectations.

### What does a SCA Chronicler do?

We unite our members by relaying information regarding our shared hobby by encouraging others to write pieces in our periodic newsletter.

### What types of information do we share?

- ◆ Upcoming events
- ◆ Awards and achievements
- ◆ Research from the pre-17th Century known-world
- ◆ Recipes
- ◆ Tips and tricks to enjoy our game
- ◆ How-tos
- ◆ Comics
- ◆ Photography of SCA activates/ Illuminations
- ◆ Anything **NON**-divisive

Since newsletters are the written "face" of our organization, our job is to convey information to the populace in a positive light. They are not the appropriate venue to discuss dissenting opinions.

### Things we MUST to do...

- ◆ Make sure your membership is up to date

- ◆ Make sure your warrant is up to date.
- ◆ Obtain permission to publish any article or picture you did not create (if you have questions regarding the necessary forms, please email me at [popchiv@meridies.org](mailto:popchiv@meridies.org) and I will forward them to you)
- ◆ Respect the copyright of pictures and/or articles found on-line

We can use them we just need to get formal written permission before we publish and annotate the original author/artist

- ◆ Make sure the official statement of ownership is correct and up to date. The template is as follows:

*This is the [Modern Month, Modern Year], issue of the [Name of Publication], a publication of the [Name of Branch or other organization] of the Society for Creative Anachronism, Inc.*

*[Name of Publication] is available from*

### [Chronicler's Society Name, Email

**address@meridies.org].**

*It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright© [current modern year] Society for Creative Anachronism, Inc.*

*For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler of [Name of Branch or other organization] at [Emailaddress@meridies.org], who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.*

- ◆ Publish your local newsletter once per quarter (you can publish more often if your group has the interest)
- ◆ Send a copy of your group newsletter to the Kingdom Chronicler and Society Archivist ([digitalarchivist@sca.org](mailto:digitalarchivist@sca.org)) prior to publication

This is a brief summary of the SCA Chroniclers Policy located at <https://www.sca.org/chronicler/> under the subsection titled Chronicler's Documents. You can also get a copy of the release forms I mentioned earlier on this website as well.

I look forward to seeing the creativity from our chroniclers and populace in their newsletters.

*Albaruna Ana de Granada*

# Elevations, Events, Announcements



*Illumination by Danielle Bird*



## Note for the Electronic SCA Archives

Last month the Popular Chivalry posted the incorrect email address for the Digital Archives.

Digital Archives should be sent to the Digital Archivist (who is deputy to the SCA Archivist) David K. Bodman (Daoud al-Bodmani), [digitalarchivist@sca.org](mailto:digitalarchivist@sca.org)





# The Shire of Easaraigh Presents: Warden's Challenge: The Wayward Warden

A Day of Archery, Live Weapons, Classes, and Fun!

Brigands, Poachers, & Thieves are at it once again on the Northern Plateau & our valiant Warden has gone missing! Can you help find him? Will there be demands for his safe return? Where in the Known World is our Warden?

The Warden's Challenge will be an archery & live weapons-oriented skills-building event for the populace to hone their accuracy and preparedness for driving off the ruffians. Rules, activities, classes/salons, and menus will be posted to the web as they are known.

Location: White County Fairgrounds Ag Building, 565 Hale Street, Sparta, TN 38583  
Troll Opens at 8AM CST on 8/5/23. Activities Start at 9AM CST. Site closes at 7PM CST

	Member	Non-Member
Event Cost:	\$ 10	\$15
Under 17:	\$ 0	\$ 0
Feast:	\$ 10	\$10

Reservations: *Lady Asa Kofbrun*  
MKA: *Sherry Anderson*  
155 Goodson Lane  
Sparta, TN 38583  
Ph: 931-212-1542 (no calls after 8pm CST, please.)  
excheq.easaraigh@meridies.org  
Make checks payable to:  
SCA-TN, Inc/Shire of Easaraigh



Steward: *Lady Ceri Adain*  
email: *ceriadain@gmail.com*  
Ph: 931-316-2043 (text prior to calling & no calls after 7pm CST, please.)

Feasterat: *Lady Asa Kofbrun*  
email: *asakofbrun1@gmail.com*

Website: <https://easaraigh.meridies.org/wc/>  
Facebook: <https://www.facebook.com/easaraighorg/>

Directions: Take best route to the White County Fairgrounds in Sparta, TN. (<http://whitecountyagfair.com/>). From Interstate 40 (East from Nashville, West from Knoxville) take Exit #288 for Livingston/Sparta. Travel south on TN-111 for 12 miles. From all points south, take best route to TN-111 North to Sparta, TN. From TN-111, take exit for TN-289 S/N Spring Street. Turn East (Left if coming from North, Right if coming from South). Travel .9 miles, turn left onto Hale Street. The White County Fair Ag Building will be on the left. There will be SCA signs posted as you approach the site.

## Interkingdom Fighter Practice

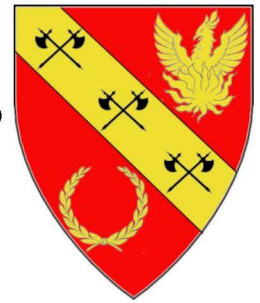
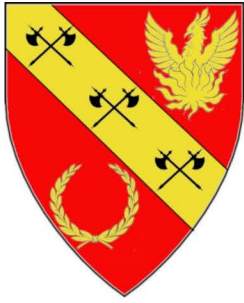
An Interkingdom fighter practice is being Hosted by the Shire of Nantyderwyddon at Laurel Grove Event Center in Bristol Tennessee. The address is 2125 Carolina Ave, Bristol, TN 37620. Fighting starts at Noon and goes to 6 pm. The event is free but if donations will be greatly appreciated.

Fighting will be indoors! People coming from Atlantia, Aethelmarc, Midrealm as well as our own kingdom.

Pot Luck feast after the event. Bring a dish to share. Crash space is available but bring your own cot. Please contact Tom Saucer or Adela Pung on Facebook for more information.

If you have any questions regarding the practice, please contact Song Qingzhao, practice coordinator on Facebook or [Mekia.civitan@gmail.com](mailto:Mekia.civitan@gmail.com)





The College of Phoenix Rising  
presents  
**Vices and Virtues 2023**  
Gluttony vs Temperance  
September 1st-4th

Opens 3:00pm Fri. Closes 11:00am Mon.  
Etowah County Fairgrounds 31 Griffin Street

**Registration Cost:**  
Non-Member Daytrip: \$15.00  
Non-Member Weekend: \$30.00  
Membership Discount: \$5.00  
Children 17 and under FREE admittance  
**Meal Plan per day:**  
Ages 15 and up: \$15  
age 6-14: \$8 5 and under eat free

**Atalla AL 35953**  
**Event Stewards**  
Albaruna Ana de Granada  
Karrissa Swearengin  
anabeladg@gmail.com  
Helga of Phoenix Rising  
Gaia Thayer  
thayerga002@gmail.com

**Reservations**  
Mistress Ammalynne  
Linda Helm-Little  
Lindahelmlittle@gmail.com  
Merchants and RV: Lady Skylar  
Hayleigh Hazle  
HayleighHazle123@gmail.com  
**Feast Steward**(Sunday)  
Juliana of Empingham  
Linda Locklear  
scribal81@gmail.com



Make checks payable to: SCA, Inc. dba College of Phoenix Rising  
Pre-registration via Paypal will be available Checks and cash only at the door



Daggers & Hemlock 2023  
**Raku no Natsu**  
Summer in the Capital

**Autocrats:**  
Paul Gyurcsanszky  
(850) 305-5616\*  
Deb Reynolds  
(850) 373-6435\*  
autocrats.phoenixglade@meridies.org

September 15th - 17th  
1424 Jackson Ave Suite A  
Chipley, Florida 32428  
Site Opens 5 PM Fri  
Site Close 12 PM Sun

**Reservations:**  
Mary Pursley  
(256) 343-2471\*  
2980 Douglass Ave.  
Crestview, FL. 32539  
excheq.phoenixglade@meridies.org  
Make Checks payable to SCA Inc/ Phoenix Glade

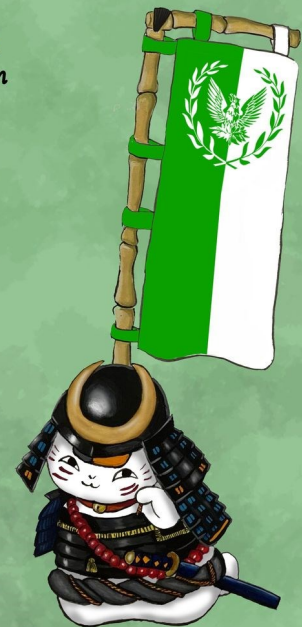
**Pricing**  
Weekend  
Member \$30  
Non-member \$35

**Feast**  
Nishikawa Kiyo  
(208) 794-1339\*  
sen.phoenixglade@meridies.org

Daytrip  
Member \$20  
Non-member \$25  
Feast \$13

\*No calls after 9

Hosted by Shire of Phoenix Glade  
Directions:  
Take I-10 FL to exit 10  
Turn N onto HWY 77  
Turn Left onto Jackson Ave  
Turn Right onto McQuagge Creek





September 29- October 1st 2023

MGT Coordinator  
THL Ysabel d'Ange  
MKA Elizabeth (Libby)Guerry  
deafangel129@gmail.com

Reservations  
Mistress Adelaide Colette de Monferrer  
MKA Patricia Lovelady  
[patricia.lovelady@gmail.com](mailto:patricia.lovelady@gmail.com)  
Make checks payable to:  
SCA, Inc/Kingdom of Meridies  
mail to:  
1105 Chapel Creek Dr  
Hoover, AL 35226

Bert Adams Scout Camp  
218 Scout Rd  
Covington, GA

Site Opens Sept. 29th at 4pm and closes 10am Sunday Oct.1st

Prices:  
Weekend: \$25  
Daytrip: \$18  
Children under 17 free  
\$5 non-member fee  
for 18 and older  
Revel \$8

Now taking  
bids for  
**GULF WARS  
2025  
AUTOCRAT!**

Bids must be submitted  
by September 30, 2023.

Applicants must provide  
a resume and letter of intent as part of the bid.

Send Bids  
and Resumes to:

ATTN: Kendra Dey  
[seneschal@gleannabhann.net](mailto:seneschal@gleannabhann.net)

THE BARONY OF BRYN MADOC PRESENTS  
**DANELAW: LA SERRANA DE LA VERA**

October 21, 2023 - site opens at 10 am and closes at 9:30 pm.  
Ft. Yargo State Park, 210 S Broad St, Winder, GA 30680

JOIN THE FAIR BARONY OF BRYN MADOC AS WE CELEBRATE OUR COUSINS south of the Danelaw with "La Serrana De La Vera", set in 16th-century Spain. This is a one-day event. We'll have heavy and rapier fighting, along with a delicious Toledo-style feast. Of special note is our sponsored Scroll Competition! We round out the day with an interesting selection of classes and activities for your enjoyment.

**PRICING**

\$7.00 for SCA Members  
\$12.00 for Non-Members  
Children 17 & under free

\$5.00 Parking per vehicle  
(or Annual ParkPass)

Feast \$10.00 per person  
60 person limit

**PRE-REGISTRATION:**

Online - Paypal available  
By mail - Checks payable to: SCA, Inc.  
Barony of Bryn Madoc

**CASH ONLY AT DOOR.**

No checks will be accepted on site.

**EVENT STEWARDS**

Lady Lijsbet die Wolff (Logan Van Hagen)  
levanhagen@gmail.com \* (678) 767-5060  
Banbharun Derbail inghean Conchohar (Dee McKinney)  
astyanax66@gmail.com \* (762) 212-1456

**FEAST STEWARD**

Raulin Macmorys (Chaz Kirkham)  
Charles.Kirkham@gmail.com \* (706) 318-2542

**RESERVATIONIST**

Maestra Leonora Simonetta d'Este (Linda Gilbert)  
135 Curtis Drive, Athens, GA 30605  
Excheq.BrynMadoc@meridies.org \* (706) 296-9153

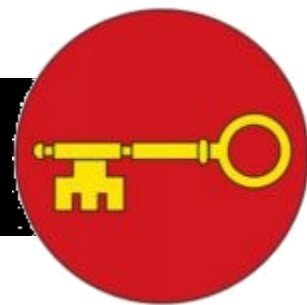
**DIRECTIONS**

FROM ATLANTA: Get on I-75 N/I-85 N. Follow I-85 N to GA Hwy 211 S in Barrow County. Take exit 126 from I-85 N. Continue on GA Hwy 211 S to your destination in Winder.



More information available at: [www.brynmadoc.meridies.org](http://www.brynmadoc.meridies.org)

## Kingdom Seneschals of the Known World

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 Audrye Beneyt  
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 Sorcha Bhuidhe  
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**Outlands:**

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 Ays'e al-Rumiyya  
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 Tomas Mac Odhrain  
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**West:**

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 Katrina Yarbrough  
 916-757-8769  
[seneschal@westkingdom.org](mailto:seneschal@westkingdom.org)



## The Royal Family

**Sovereign & Consort**  
His Majesty Garick  
and Her Majesty Yasamin  
[crown@meridies.org](mailto:crown@meridies.org)



**Crown Prince & Princess**  
His Highness Timothy  
and Her Highness Ysmay  
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