March 2023 AS LVII / 57
Issue

609

The Kingdom of An Tir brings you...

The Crier

Banners!

Thegn Cormac Mor, OP, takes you on the first of a five-part adventure into heraldic flags!

Eat This Book!

Persian culinary lusciousness is at your fingertips in this delicious installment of Master Eduardo's series!

Games!

Break out your backgammon board for this latest test of skill and strategy from HL Isabella de Walingeford's ongoing column!

Please Allow Me To Introduce Myself!

Meet Magnifica Lucia Piazetta and Master Iago Cabrera de Cadiz!

Plus the latest IKD from the BOD, Event Notices, and more news you can use!

Photo by Mavis

Greater Offices of An Tir



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|------------------------------|----------|--------------|--|--|
| | | Report Due | | |
| Q1 | Jan-Mar | May 1st | | |
| Q2 | Apr-Jun | August 1st | | |
| Q3 | July-Sep | November 1st | | |
| Q4 | Oct-Dec | February 1st | | |

Fiealth and Safety



Ithough the SCA (Society of Creative Anachronism) complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under your control as you believe to be necessary.

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Their Alpine Highnesses of the Summits

Prince Weylyn Middleson & Princess Lindis de Aquisgranno

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|--------------------------|-------------------------------------|-----------------|--|
| Kingdom Protector | HL John de Percy | September Crown | |
| Queen's Rapier Champion | Victor de Guers, OWS, OD | Kingdom A&S | |
| Arts & Sciences Champion | Þóra Jórsalafari, OL | Kingdom A&S | |
| Bardic Champion | HL Briauhnna Colette La Trouvere | Collegium | |
| Equestrian Champion | HE Drifa in Rauda | September Crown | |

From the Board...

Following is the updated Inter-Kingdom Directory (IKD) of the Society for Creative Anachronism, Inc.

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QUARTERLY BOARD MEETINGS

PLEASE NOTE: The Board of Directors is considering the possibility of a return to live meetings in late 2023. Groups interested in hosting a meeting should contact the Executive Assistant (ea@sca.org) for information on meeting requirements and how to submit a bid.

MEETING SCHEDULE:

Second Quarter 2023 Date: April 23, 2023 Please note: Agenda Deadline is April 1, 2023 BY VoIP Third Quarter 2023 Date: July 23, 2023 Please note: Agenda Deadline is July 1, 2023 Locale /Method TBA

Fourth Quarter 2023 Date: October 22, 2023 Please note: Agenda Deadline is October 1, 2023 Locale/Method TBA

CONFERENCE CALL SCHEDULE: TBA

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English Game



his is another game that plays on a backgammon board. Set up is as shown in the photo.

<u>History</u>

This game, described in Bell (1983) vol II was referenced from Chess in Iceland by Fiske. This game is not dated. It is played with three dice or two and a virtual die that is always six.

How to Play

Starting

Black starts with all fifteen pieces on w1, White with all fifteen on b1.

Rules

- 1. Players alternate throwing the dice and moving their pieces.
- Black moves clockwise around the board toward his inner table. White moves counterclockwise.
- 3. A single piece may be landed on and captured and placed on the bar.
- 4. A piece on the bar must be re-entered before any of a player's other pieces may be moved.
- 5. Pieces are re-entered on the opponent's inner table.
- 6. Two or more pieces on the same point are safe and the opponent may not land on that point.
- 7. When a piece has reached a player's inner table, it may be borne off.
- 8. The first player to bear all his pieces off the board wins the game.



Dames

Corner



HL Isabella de Walingeford is a 12th century Norman Englishwoman who has a passion for board games. As Games Mistress of one barony or another for 18 years, she taught classes and ran games tournaments. A dozen years ago, she became a merchant researching, re-creating and selling

Photo by Siobhan a Burc

medieval board games. She enjoys researching games so much that her last A&S entry was a research paper about the many games played on the backgammon board (over 40) in period. She has temporarily laid down her Games Mistress office to take on the exchequer position. She still teaches classes and runs games tournaments for her barony.



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Please Allow Me To Jntroduce Myself...



This month, *The Crier* sits down with Magnifica Lucia Piazetta and Master Iago Cabrera de Cadiz to talk about their history with the SCA.

What is your full name and title(s)?

LP: Magnifica Lucia Piazetta, OL

ICdC: Iago Cabrera de Cadiz, OP, MoD, WSA, Lion of Ansteorra

What is your persona, and why did you choose it?

LP: My persona is a retired courtesan in late 16th C Venice. I initially chose it because of the lovely colorful clothing, but I was also inspired by the societal role that courtesans played.

ICdC: Spain circa 1580. I picked up the name 'lago,' which is, in itself a story, and my primary interest was fencing, so late period Spain seemed ideal, but it needed to be before the Armada sailed, while Spain was still in her glory.

Who is your favorite historical figure? What about them appeals to you?

LP: Modesto Pozzo, also known by her pen

name Moderata Fonte, was a Venetian writer, poet, and a feminist voice in Renaissance Italy. She was a child prodigy and became a highly educated and intellectual figure of her time. Her book "On the Merit of Women" is a fantastic glimpse into the social struggles of women in the early modern period and I highly recommend it!

ICdC: I can't say that I have a favorite historical figure, but I'm intrigued by Bernal Diaz and his account of the Cortez expedition into Mexico. I'm not a fan of anything that expedition did, but Diaz's narrative is an interesting read, as it gives a first-hand account of the goings on of the expedition.

What would your profession have been during the time/place of your persona? If you do not have a persona, what do you especially like to do in the SCA?

LP: Courtesans played a fascinating role in society in Italy and particularly in Venice. While seemingly an icon of female empowerment and independence, they were still very much at the mercy of wealthy and influential clients and patrons. As a retired courtesan now married to a respected nobleman, I would be extremely fortunate in my position, and acting as a patron to younger women seeking financial independence by helping to publish their poetry or writing.

ICdC: My main interests are fencing, marshaling, and brewing. By this point in life, I imagine I'd be retired to a small estate, possibly keeping a tavern.

What is your favorite SCA moment: the moment where it feels like you are out of the modern age?

LF: As a very early member of The Baron's Men, an Elizabethan theater troupe in Ansteorra, I performed in several different plays over the years. The very first play we produced was Much Ado About Nothing, and our show debuted in the Barony of Bjornsborg at their autumn event. We had painstakingly built a portable stage, complete with flats and wings, and we had live musicians. It was quite the production. The event site was on a friend's ranch that had period looking buildings to create a village, and a tavern in the barn. After the play was finished, everyone walked across the moonlit site in the evening mist. The tavern was lit only by torches and lanterns and the actors, musicians and crew sat amongst our patrons, enjoying the libations and celebrating our first real show. It truly felt like a moment out of time when we could completely forget the modern world.

ICdC: I had about 14 hours' notice that Duchess Britta MacGregor needed a consort for Ansteorra's crown tournament a number of years ago. I was the baronial seneschal and kingdom rapier marshal, so emergency deputies had to be arranged on short notice. To have someone who I hold in such high esteem as I hold Sir Britta fight for me was quite an





honor, and I still vividly remember escorting her to the field, and watching her fight that day, all the while wearing her colors, which was sheer luck, since I was already en route to site when I got the call and didn't have anything else to wear. We didn't win, but a very close friend became princess that day, which made the day even more special. I was also recognized as a (surprise) Pelican in morning court, and that was cool too, but it was the third best thing that happened that day.

What is your favorite thing about the SCA?

LP: I found the SCA during my first year of college and it appealed to so many of my interests, as well as fostering new interests. The SCA provides opportunities to both learn and create different types of art, make and wear fabulous clothing, try out various martial activities, and get to know interesting people. I have been inspired to learn so much about different time periods and cultures because of the SCA, and I think that is my favorite thing about it.

ICdC: By far, it is the people. I like fencing, brewing, the culture, and all, but what keeps me coming back is the people. Even moving to a new kingdom and leaving friends of 25 years or more behind, being accepted and welcomed by An Tir showed me that the absolute best part of the SCA is the people I meet.

Do you have a favorite "No [Kidding] There J Was" story, and would you share it with us? LP: The Gulf Wars event in 2016 experienced a wind event known as a microburst, and the event is now often referred to as "Gulfnado." We were trying to make dinner when the storm came in, and we had to retreat from the wind and rain into our tent with a friend and eat cheese and crackers. The storm was intense, and the wind was terrifying, but our tent held up fine. We had no idea of the devastation happening outside.

After the worst of the storm had passed, we emerged into the twilight and camp looked... different. Some neighbors had pulled stakes and fled, while other tents were down with broken poles and torn canvas. There were some injuries. The strangest site from our camp was the closest bank of porta-johns, with only one out of four units still standing. The one left standing had been set at a slightly different angle than the others, so it didn't catch the wind straight on.

Over the next 12 hours, that remaining portajohn became something of a shrine, as people realized that we needed to keep the only available toilet in our area clean and functional. Wipes, air freshener, and extra rolls of paper appeared inside it that night and throughout the next day. As I sat inside it the morning after the storm, I pondered the sudden reverence for this little plastic palace and a poem began to form in my head. I composed most of the verses sitting right there and decided I should share it to entertain my weary campmates and let friends back home know we were OK. I am NOT a gifted poet, friends, and I know this. My dear husband helped me complete one of the verses and I hastily posted it to Facebook with a photo of the porta-john.

Shortly after that, we learned that Gulf Wars was cancelled, so we packed up and left for home. As we drove off site, we realized that "The Brave Little Potty" had been shared over 400 times and I was getting messages from all over the known world about my little poem. Since this story is about a toilet, I realize it may not qualify as a "no [kidding]" story, but I was indeed there!

ICdC: The first time we had a rapier melee in the castle at Gulf Wars was the last year I went as a cadet. Since it was an experiment, not a war point, we mixed up the sides. Due to a particular household rigging the "random" selection of teams so they could be together, the skill and experience level of the teams were lopsided, and my team had the overwhelming edge in experience, much to the eventual chagrin of the "particular house-hold."

When our side had to hold the castle, there was a group that formed, consisting of the eight or nine of the best fencers on the field that day, and they announced they were going to hold the gate. As they walk toward their post, one of them called out, "Iago, you're with us!" Being called to join that group, of course, immediately inflated my ego.

Once we were set, shortly before lay on was called, someone asked, "Who's in charge?" After a chorus of "not me," it was suggested that I was to lead our group. My ego inflated a bit more. Rather than lead from the rear, I took my position in the center of the line, for I intended to lead by example.

A moment after "Lay on," was called, the gate swung wide from a well-placed boot. I ordered my team to engage and was immediately shot by seven or eight rubber band pistols as every single attacker at the gate had a pistol and the bright idea to shoot the commander.

My team, each carrying their favorite weapon combination, went at the group in front of them, now armed with sword an empty pistol. They lasted only slightly longer than I did. When it was our turn to attack the gate, I commanded from behind the line.

The Crier Archive— Now Available <u>Online!</u>

The Chronicler's Office is very pleased to announce that **every issue of The Crier is now available** to access on the Kingdom website, with the precious hard copies catalogued and residing in the Kingdom heated storage unit. You can read the very first issue published in October 1971 up to the most current.

This project was a two-year labour of love undertaken by the Chronicler's Office Archive Deputy Dame Ellen Fraser. This is an amazing resource of our Kingdom's history. We hope you enjoy it. Our gratitude to Dame Ellen for her work in bringing this compilation to reality. Thank you!

Access the archive from the Kingdom Website. www.antir.org

<u>Home > Library ></u> An Tir Kingdom Newsletter Archive

his article marks the start of a series of articles covering the various types of heraldic flags found in the Middle Ages, providing enough of an overview to their use to inspire the reader to design and paint their own. Each article will describe the distinguishing features of the flag type, including their typical use in period, using examples from period art where available. At the end of the article, I will guide the reader through the process of designing a new flag using armory appropriate both to the SCA and history. We start this series with the largest of the heraldic flags: The standard. Standards and guidons are long, tapering flags that frequently end in a rounded, split fly. The flags feature the livery colors, badges, and motto of said flag's owner. The two flags are very similar, with the main difference being the rank of the bearer (the standard being limited to certain ranks in period) and the size of the flag (the guidon generally being smaller and almost never featuring a motto).



Fioist of Allegiance

The hoist of allegiance is a display of the kingdom's populace badge in the hoist, or part of the standard closest to the flagpole. Hoists of allegiance were used to indicate the owner's primary loyalty, and was a unifying symbol in times of war to show whose side of the conflict the bearer was on. In the perennial wars between England and France, for example, a red cross on a white field indicated allegiance to the English throne, while a white cross on a blue field demonstrated allegiance to the French Crown.

Not all standards utilized the hoist of allegiance, and not all kingdoms or sides of major wars had a unifying symbol that could be employed as one, but they appear to be near-

 universal in English examples.

Livery Field and Fringe

The livery field displays of the owner's livery, or the colors they use to outfit his servants. The field is most commonly solid, but is sometimes divided into two, three, or four parts by horizontal lines of division.

While usually plain, we do have some examples of complex lines of division, such as the wavy bars of Edward Guilford, below.



Livery was usually limited to one or two colors, usually but not always mirrored by the fringe around the edge of the flag. Livery was usually constrained to heraldic tinctures. However, in "Banners, standards, and badges, from a Tudor manuscript in the College of Arms," we have a few examples of murrey (maroon), tawny/ tenne (orange), and russet (brown) livery fields, as well as one labeled "sky blue," a color usually blazoned in heraldic tracts as bleuceleste. One page of the manuscript features the standard and guidons of the Earl of Northumberland whose livery is russet, yellow, and tawny. Below, the standard of Sir Griffithe Ap S. Res fitz Uryan features a field parted murrey and blue. The standard of Gregory Care features a field barry of four tawny and yellow.



Murrey and blue: standard of Sir Griffithe Ap S. Res fitz Uryan



Tawney and yellow: standard of Gregory Care

Primary Badges

Like livery, badges are symbols that the standard's owner uses to label his servants and supporters. The standards of the Lancastrian kings, for example, feature a red rose, while the Yorkist kings usually displayed a white rose en soleil. Supporters of the York and Lancaster lines wore these badges during the Wars of the Roses. For examples of each, see the standards of Henry V and Edward IV, below.



Red roses of York: standard of Henry V



White roses en soleil of Lancaster: standard of Edward IV

There is usually a large primary badge near the hoist and smaller secondary badges strewn across the rest of the field. The larger badge is sometimes a supporter from his achievement placed in a statant or passant posture. Below, another standard of Edward IV features the white lion of March that he used as a supporter.



Fieraldic Flags: Standards and Ouidons

Standards were found in various permutations throughout Western Europe and beyond in late period. This article largely uses Tudor standards as examples but seeks to make accurate statements about standards generally. Standards were massive flags that served as rallying points for armies and retainers. According to Tudor sumptuary law, standards were up to four yards in length for a bachelor knight, increasing by rank up to a full twelve yards long for the king.

What goes on a standard?

Standards, particularly English standards of the the 14th-16th centuries, had seven parts:

- 1. The hoist of allegiance
- 2. The livery field
- 3. The fringe
- 4. The primary badge
- 5. The secondary badges
- 6. The transverse bands
- 7. The motto

The primary badge can also be the owner's crest. Below, the standard of Master Giles Strangways features his winged boar's head crest.



The layout of badges on standards and guidons follows a few different patterns. Most commonly for guidons, the flag might have only one instance of the primary badge near the hoist with no other badges, as in another standard of Henry V.



However, the most common layout for badges on standards has a primary badge and secondary badges strewn throughout the field.

Secondary Badges

Sometimes the secondary badges are a repetition of the primary badge, as in the standard of Edward Chamberlayn which features a nag's head.



Sometimes the secondary badge is different from the primary badge. Below, the standard of Lisle, the primary badge is the stag within a wreath, and the secondary badges are lilies.



In very rare cases in the Tudor period, standards bore multiple secondary badges in addition to the primary badge, but each secondary badge was repeated multiple times along the length of the field, and they were all badges that the owner of the used to mark their retainers. In the example below, there are two secondary charges, a red cross crosslet and a pair of red wings entwined by a blue knot.



Transverse Bands and Mottoes

Diagonal stripes called transverse bands frequently overlay the field of a standard, and are often inscribed with mottoes. The bands might be a plain stripe, a stripe outlined with a thick edge, or two thin stripes on either side of the motto text directly on the field (basically a voided band design). Generally, transverse bands on standards from the British Isles run from the viewer's top left to bottom right (bendwise) as with the standard of Sir John Arundel below, while Continental transverse bands tend to run from the viewer's top right to bottom left (bendwise sinister).



While the transverse bands usually feature a motto, they sometimes appear in manuscripts as blank, as with the standard of Sir Thomas Cornwall.



Mottoes usually appear in the vernacular language of the nobility; in England, most mottoes on early standards are French, while later standards feature English mottoes. They usually appear diagonally, either on the transverse bands mentioned above, or directly on the field.



Sometimes, the motto appears horizontally on the field, as with the standard of John Raynesforth.

Standards will sometimes omit the motto, leaving the bands plain, or omit the motto and



Standard of John Raynesforth



Standard of Sir Robert Morton

bands entirely, as with the standard of Sir Robert Morton.

Ouidons

Guidons are similar in shape to standards, but were shorter. This was due to their use; while a standard was used as a relatively stationary flag, the guidon was a a more mobile flag to be used on the field. Guidons were also simplified versions of standards that usually only had one badge and entirely omitted the motto and transverse bands. Lastly, guidons usually had a solid, rounded tail rather than the typical split tail of the standard.

As standards were limited only to higher ranks, a gentle raising an army might be entitled to a guidon but not a standard. Below are five examples of some standards previously seen in this article, along with guidons that appeared below them in the same manuscript.



Kingdom of An Tir ~ The Crier + Page 9

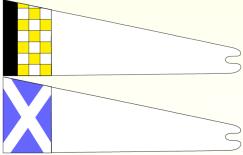


Flow do J design my own standard?

There is a tradition of SCA standard layouts which I describe in detail in another article. However, if you want to follow a more medieval pattern, let's take a look at the parts of the standard:

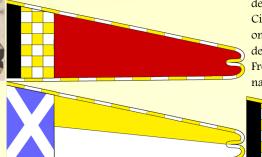
Hoist of allegiance: Where does your primary loyalty lie? On what side of a war are you? The hoist of allegiance is likely going to be your kingdom's populace badge, although using the period equivalent is a great way to represent your persona story.

In the examples below, I'm using the ensign of An Tir (Checky Or and argent, a tierce sable) for my whimsical example, and the cross of St. Andrew (Azure, a saltire argent) for my persona-appropriate design.

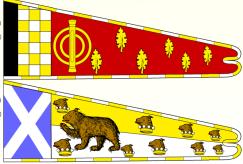


Livery field and fringe: What are your favorite colors? Does your household have colors that appeal to you? If you had servants, what colors would you want them to wear? If you have one favorite color, use that as your livery field. For two favorite colors, split the field horizontally into two, three, or four parts. For three or four favorite colors, use two for the field and the rest for the fringe. You can also use the fringe to echo the hoist of allegiance or the colors of your arms.

In the examples below, I've chosen a solid crimson field (my favorite color) for the former, and goldenrod and white (my household colors) for the latter. I've also added gold and white fringe to both flags as a further nod to my household livery.



Badges: Do you have a registered badge? Do you consistently use a crest or supporter in your achievement? These would be perfect to use on your standard. Generally it's best to use a maximum of two badge designs. If one is a supporter or full animal, place a large iteration of it near the hoist. Place multiple copies of either the large badge, or a different badge you also own/use, throughout the remainder of the flag. You may be tempted to use the transverse bands (mentioned below) as boundaries to separate different badges. Remember that the reason for the repetition is to ensure that the badges can be seen from every direction. In the examples below, I chose my punner as the main badge and oak leaf for the repeated badge on the first design, while the second features my supporter (a brown bear) and crest (a brown bear's head issuant from a baronial coronet) for the large and small badges, respectively.



Transverse bands and motto: Do you have a

motto, war cry, or pithy catch phrase? Do you like to hide jokes behind the veil of a language other than the common vernacular? These are perfect for inclusion on a standardI Mottos usually appeared on transverse bands, but sometimes appeared directly on the field. Figure out what you want to say, how many bands you'll need to spell it all out, and place the bands accordingly. Words can and do break across lines, so feel free to do so on your own standard.

In the examples below, I opted to use the British bendwise transverse bands. For the first design, I chose the Latin motto "Candor et Civilitas" (honesty and courtesy) in red letters on solid gold transverse bands. In the second design, I used voided band style in black with a French motto (appropriate for a Scots persona), "Parle Fort et Vrai" (speak loud and true).





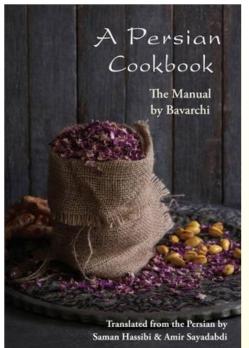
Thegn Cormac Mór is a very loud person who, for his sins, served a time as Wreath King of Arms. He is best best known by his appellation "the Voice of the War," which he earned by

Photo by Ghislaine Trie

serving as cry herald for wars across the Known World. He has been described by at least three knights as the embodiment of everything that is wrong with the Society.

Kevin Rhodes is a business systems analyst living in the Goldene Medina of Portland, Oregon. He has no spare time.





ucky for us the stream of historical cookbooks being published doesn't seem to be ending any time soon. Each year new manuscripts are unearthed or translated from their original language into English. "A Persian Cookbook: A 16th Century Person Cookbook: The Manual" by Bavarchi translated from the Persian by Saman Hassibi and Amir Sayadabdi published in 2018 by Prospect Books is one of these treasures. Written during the post Islamic Safavid Period of the Persian Empire, in 1521. Bavarchi Baqdadi wrote this cookbook in what is now modern-day Iran, as a gift to his patron after he returned from a "spiritual pilgrimage to Ardabil to see the shrines of two prominent figures of the Safavids".

Little is known about Bavarchi Baqdadi except that Bavarchi, in Persian, means cook, and, from textual analysis of "The Manual", cook was not only his profession, but also his father's. Both father and son seem to have been cooks to the Royalty, or at the very least the aristocracy of the time period. "The Manual" starts, like many manuscripts from this time and place, "praising God and the prophet Mohammad". Bayarchi then goes on to honor his patron, only identified as "Mirzai", and Shah Ismail I – founder of the Safavid dynasty.

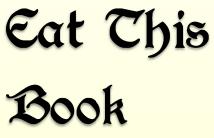
The translators, Hassibi and Sayadabdi, have done an excellent job of walking the reader through their process of translation, modern equivalencies and when, how and why they have inserted "Romanization of words". In their introduction to the work the translators also discuss the "Units of Measurements" used in the book, along with a chart of original measurements and their metric equivalencies (Table Three), another chart on the "Equipment" (Table One) discussed in the text, the types of "Noodles" (Table Two) included in the recipes, and a chart which goes into much detail on the "Romanization" of the Persian script (Table four).

The book is beautifully illustrated with 17 mouthwatering photographs, including the front and back cover, by Nadia Mackenzie. Seven of the photographs are of recipes cooked from the book by Catheryn Kilgarriff. She tells us that when she cooked them "the spices were aromatic, and the house was full of the aroma of cinnamon, truly lovely". Unfortunately, the recipes she redacted are not included in the book. The remaining 10 photographs are of spices, produce, nuts and other delicacies found in the recipes, including garlic, ginger, quinces and pistachios, to mention just a few. As mentioned above there are no redactions in this book, just the original Persian, but besides some measurements and a few exotic ingredients you will find most of the recipes easy to cook.

The cookbook itself is divided into Twenty-two sections, although Bavarchi, in his introduction to the work gives us a count of 26 chapters. And, as the translators point out "there are also some inconsistencies between the titles given in the introduction and those of the book itself". The first chapter of the book is titled, "On Komaj Breads". It starts by telling us that "bread stands before all food, it shall be spoken of first". There are five bread recipes in this chapter. First "Dar sefat-e komaj-e sade", which is a recipe for a plain leavened bread enriched with oil that can be supplemented with fennel, mastic and "whatever is desired". It is topped with "a little yogurt or dissolved saffron". The variations in this first recipe will give you many opportunities to amaze your friends and family. The other four recipes in the bread chapter sound delicious as well. One is supplemented with quince or apples, another, described as "jeweled" is a savory meat bread flavored with sweet rosewater, layers of sugar, almonds, pistachios, green raisins, more saffron, and "six cooked eggs cut in half". A full chapter on bread is unusual in pre-16th century cookbooks and this chapter will keep you baking, and experimenting. The next chapter, "On Noodles", includes 14 recipes. I can't wait to explore them all. The remaining

twenty chapters have titles such as, "On Wheat & Barley Stews", "On Savoury Rice Stews", "On Pilafs", "On Meat Stewes", "On Kebabs", "On Sweets" and many more. I am sure that "A Persian Cookbook: The Manual A 16th Century Person Cookbook" will provide you with hours and hours of cooking fun. I look forward to hearing about your culinary adventures.

Saman Hassibi and Amir Sayadabdi, the translators of this text, were doctoral candidates at the University of Canterbury (New Zealand). Now Sayadabdi is a lecturer in Anthropology at Victoria University in Wellington, New Zealand. His interests include the "anthropology of food and its intersection with gender studies, migration studies, and studies of race, ethnicity, and nationalism".



"Eat this book" is a column produced for An-Tir's Kingdom newsletter, The Crier. I hope help you build your food history library. If you have a book, a country, or a time period you would like explored please write to me at: info@vastrepast.com



Maestro Eduardo Lucrezia is a mid-15th Century Italian Renaissance Court and Kitchen Punk. He is obsessed with the food from the Iberian Peninsula, specifically the recipes of Martino and Platina. He is

Photo by Tessina

a member of the Order of the Laurel, the order of the Pelican, and a Lion of AnTir.

David Huffman-Walddon owns a technology consulting company, Renaissance Strategic Consulting, Inc., and an Arbonne health and wellness business. He has written on food history for The Journal of Italian Food and Wine and Petits Propos Culinaires. He has given papers on the food of the Italian Renaissance at the Oxford Symposium on Food and Cookery and the Renaissance Society of America. His weekly food history and tradition column, The Vast Repast, was syndicated in Washington, Oregon, California and British Columbia.

Cwelfth Night

Friday Night Roving Court

Forget me not—Ellen Frasier Forget me not—Alianora Greymoor Forget me not—Athos Belisarios Forget me not—Athos Belisarios Forget me not—Jadwiga Radomyskova Forget me not—Jadwiga Radomyskova Forget me not—Matheus Bane Forget me not—Matheus Bane Forget me not—Meagan Windermere of Oakwood Forget Me Not—Lianor Pereira do Valle Forget Me Not—Sigivald Garansson Forget Me Not—Sigivald Garansson Forget Me Not—Livia Alexandra Severa Forget me Not—Livia Alexandra Severa Forget me Not—Adelheide Leeuwin Kings favor—Adelheide Leeuwin Forget Me Not—Antoine a la Langue d'Or Forget Me Not—James Windswift

Saturday Court

Lions Pride—Skunka Lions Pride—Mada Thrones Favor—Skunka Thrones Favor— Mada Court Barony— Mada Herald Extraordinary-Marya Kargashina Herald Extraordinary—Hafr-Toki Forget me Not—Pompeia Rufina Queens Favor-Pompeia Rufina Thrones Favor—Hlutwige Wolfkiller Kings favor—Hlutwige Wolfkiller Augmentation of Arms-Eduardo Francesco Maria Lucrezia Thrones Favor-Eduardo Francesco Maria Lucrezia Kings favor-Eduardo Francesco Maria Lucrezia

Court Reports



Forget Me Not-Torgrim of Wyewood Forget Me Not—Bato Forget Me Not-Emma Von Bern Forget Me Not-Lindis de Aquisgranno Forget Me Not-Genvieve Choue Queen's Favor—Genvieve Choue Forget Me Not-Johanna de Washington Forget Me Not—Feradach mac Tralin mec Domongairt Forget Me Not—Clovis Forget Me Not-Ximena Forget Me Not-Talia bint Al-Athir Forget Me Not—Finn Grim Kings Favor—Arion the Wanderer Kings Favor-Rauokinn Eyverska StarradotTir Kings Favor—Jadwiga Radomyskova Kings Favor—Torgrim of Wyewood Kings Favor-Johanna de Washington

Forget Me Not-Eduardo Francesco Maria Lucrezia Forget me Not—Khalja Khorkoi Forget me Not-Olin Wlfredson Forget me Not-Gianna Magdalena Alberti Forget me Not-Daphne Frasier Augmentation of Arms—Hlutwige Wolfkiller Grace of An Tir-Zahra bint al Rammah Laurel— Vittoria di Carduci Sable Gauntlet-Salvador Rodrigo de Granada Pelican—Gianna Maddalena Alberti Court Barony— Ayla Roth Baron of Adiantum-Byrnjarr Olfuss Baroness of Adiantum— Isis Sat Ne Nes Bastet Goutte-Qaragaj Qara Ton

Carp-Qaragaj Qara Ton Grace of An Tir—Marian Staarveldt Grace of An Tir—Ambrose Mavrorothakis Belated Rose—Yseult of Broceliande Lion of An Tir—Yseult of Broceliande Award of Arms—Araina Pelican—Piaras mac Toirdhealbhaigh Sanguine Thorn—Aila'ntha of Williams Keep Goutte de Sange—Asny BrunsdotTir Sable Gauntlet—Milo of House Awry Wordsmith—Arnora GrimsdotTir Pelican—Ana de la Sara Grace of An Tir—Dunstan M'Lolane Thrones Favor—Vivien nic Uldoon Carp— Edward Ean Anderson Pelican & Laurel—Jadwiga Radomyskova Laurel— Dagrun Stjarna Or and Argent— Clovis Thrones Favor—Ximena Thrones Favor— Clovis Thrones Favor—Bato Thrones Favor-Emma Von Bern Forget Me Not—Octamasades Skuthikos Kings Favor———Achaxe Ek Auchatae Forget Me Not—Temperence Forget Me Not—Tryggr Forget Me Not-Dagmaer in Hvassa Forget Me Not-Constance Davies Forget Me Not-Caia Snowden Forget Me Not-Refskegg of House Bread

Submitted by Baroness Ana de la Sara, OP First Court of King Athos and Queen Alianora

Counties—Count Octamasades Skuthikos and Countess Achaxe Ek Auchatae Countess Order of the Rose—Achaxe Ek Auchates Royal Commission—Fromage Fete Royal Commission—Dame Gwen the Potter

Submitted by Duchess Dagrún Stjarna Ulriksdóttir, OP, OL

Kingdom Calendar

| March 2023 | | | | | | | |
|------------|----|-----|----|-----|-----|-----|----------|
| Sun | Мо | Tue | We | Thu | Fri | Sat | St |
| | | | 1 | 2 | 3 | 4 | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 2 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 |
| 19 | 20 | | 22 | | 24 | 25 | 16 23 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 30 |

March

A Day at the Raging Rogue's Tavern

March 4, 2023 11am-1pm

Barony of Madrone

Event Steward: Sir Rapheal Van Uutekerke robert.b.odekirk@hotmail.com

Event Fee: \$22 Adult non-members, 17 members. Youth/ children (17 and under) are free Site Address: VASA Hall 10530 324th Pl. SE Issaquah WA

Fun in the depths of winter! Come and join us at a crossroads tavern. Who knows who you will meet. There will be games and music, bards and rogues. A meal comes with the money you give to enter in from the cold. Games masters will be on hand to teach and encourage playing for fun and profit. A small purse of tokens will come with your entry and prizes for those who have the best luck at the tables. There will be several games available to play and if you bring your favorite period game we will ensure you have table space to play with others. A fire master will be at the fire to ensure it is well stocked. Perhaps a new world treat will be at the fire to be got. The party band will make music for all to hear. Perhaps in a corner a harpist will make you shed a tear. Mischief and mayhem, song, game, and drink will be in vogue. Musical entertainment will be random. Words from Their Excellencies at 3pm. Food from the kitchen will be available at 6pm and is included with your site fee. Menu will include hot/cold drinks, hearty soup, pickled cabbage, bread/pretzels (vegetarian and gluten free will be available), cheese and sausage on sticks. The populace is encouraged to bring snacks to share or make available for a donation in keeping with the event theme. Tabletop/blanket merchants welcome.

Carnevale

March 11, 10am – 9pm Barony of Dragon's Mist Event Steward: Istvan Gyori Ulfredsson dragonsmist.baron@antir.org Event Fee: Adult non-member \$15, member

April 2023 Upcoming Events

| Sat | May Crown | May 19 | Barony of |
|-----|-----------------|-------------|-------------|
| | | Weekend | Vulcanfeldt |
| 5 | July Coronation | July 16 | Bid needed |
| 5 | | Weekend | |
| 2 | September | September 1 | Bid needed |
| :9 | Crown | Weekend | |
| .9 | Collegium | November 10 | Bid needed |
| | | Weekend | |

\$10; under 18 free. Feast \$10 Site Address: 11265 SW Cabot St, Beaverton,

Tue Wed

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OR

Details <u>https://fb.me/e/5VmtvSnHl?</u> <u>mibextid=N4tvPT</u>

Summits Spring Coronet

Friday March 17, 5pm – Sunday March 19 noon

Barony of Glyn Dwfn

Event Steward: Ynez de la Cruz, madmesa97@gmail.com and Piaras mac Toirdhealbhaigh, piaras2013@gmail.com Event Fee: Adult non member \$25, member \$20; under 18 free. \$5 bag lunch (optional). Checks payable to Barony of Glyn Dwfn, SCA Inc.

Site Address: Jackson County Expo - Padgham Pavillion, 1 Peninger Rd, Central Point, OR Please join the Barony of Glyn Dwfn as we host the Summits Spring Coronet Tourney. The event will feature a Friday night social/ball, Saturday meetings, the Coronet Tournament, the Summits C&T Championship Tournament, Provost Tournament, A&S displays and bardic circle. We will also offer a simple \$5 bagged lunch for Saturday (pre-reg only). Sunday we will have Principality Moot and tear down. The site is dry with designated smoking areas elsewhere. The site does not have on-site camping/bunking so guests will need to find lodging nearby. Please visit the Kingdom event page for more information.

Mountain Edge Defenders Tournament

March 25, 10am—5pm Shire of Mountain Edge Event Steward: Myvanwy verch Roberts (no email listed) Event Fee: Adult non-member \$15, member \$10; under 18 free. Make checks payable to SCA, Inc., Shire of Mountain Edge Site Address: Beulah City Park, 410 E 3rd St Yamhill, OR 97148

Come one, come all to the Shire of Mountain Edge, where we shall hold our annual Defender Tournaments for our Heavy Defender and Rapier Defender. There will be snacks. More information can be found here: <u>https://</u> <u>mountainedge.antir.org/defenders-tourney/</u>

Oasis War

March 25, 9am – 4pm

College of Cranehavven

Event Steward: Julia Sempronia, OL OP julia@antir.org

Event Fee: Adult Non-Member \$20, Member \$15, Under 18 free. Make checks payable to SCA Inc., College of Cranehaven Site Address: Oasis Park, Oasis Park 2541 Basin St SW, Ephrata, WA. Make your best way to Ephrata, Washington (accessible on Hwy 28 via Hwy 282 & 283). Oasis Park is located at the edge of the southwest side of town. Look for SCA signs.

As Winter's icy breath recedes from the Inlands, war comes to the Oasis! Mighty are the warriors, chieftains and warlords of An Tir, and all are called to leave their hearth fires and journey to the heart of the Inlands, with bright banners, sword and shield, pikes, rapiers, and war bows. Stand with your companions in open field, forest, castle and bridge battles. Young lions, prepare! There will be Youth Armored Combat activities! Artisans are encouraged to bring projects and samples of their work for the Arts & Sciences display. Merchants are welcome; please contact the Event Steward.

Sven's Follies

March 25, 9am – 4pm

Canton of Porte de l'Eau

Event Steward: Simon Fisc (simonthefisc@gmail.com) Event Fee: Free Site Address: St Andrew's Lutheran Church, 2650 148th Ave SE, Bellevue, WA 98007 *Help Sven celebrate April Fools' Day! Join us*

for a potluck lunch and indoor Battle Croquet! Make a wicket (suitable for indoor use) to enter into our wicket design contest.

April

Lyceum

April 1, 9am—7pm Barony of Glymm Mere

Event Steward: Catrine La Crosetiere (Caladphort.Seneschal@antir.org), Eric Loren Elcara (jg.dana@gmail.com) Event Fee: Adult non-member \$20, Adult

member \$15, Minors free. Please make checks payable to SCA, Inc., Barony of Glymm Mere. Site Address: 705 S. Temple Street Oakville, WA

Join Glymm Mere for a day of arts and sciencesI We will be choosing our new A&S and Bardic champions.

Something Bardic

April 1, 9am—11pm

Barony of Three Mountains

Event Steward: Hlutwige Wolfkiller (hlutwige@gmail.com)

Event Fee: Adult non-member \$20, member \$15, 17 and under no fee. Please make checks payable to SCA, Inc., Barony of Three Mountains

Site Address: 4812 NE 102nd, Portland OR A one-day event April first, 2023 featuring various bardic oriented classes TBD, a bardic competition currently featuring "Best New Bard" category with others TBD and in fine Three Mountains tradition, some heraldic tomfoolery. Watch for updates and classes here:

<u>https://www.facebook.com/</u> <u>events/935388294094782 https://antir.org/</u> <u>events/omething-bardic/</u>

Quest for the Golden Fleece

April 14~16

Shire of Ramsgaard

Event Stewards: Vladimir Andreivich Aleksandrov (youngrocketsamurai@gmail.com) and Duncan Darroch (duncan1466@gmail.com) Event Fee: \$25.00. with a \$5.00 discount for SCA members. Attendees under 18 no charge! Make checks payable to SCA, Inc., Shire of Ramsgaard Site Address: North Thompson Fall Fair 4856

Dunn Lake Rd, Barriere, BC

Quest for the Golden Fleece

Beauregaard, the Fabulous Golden Fleece of Ramsgaard, has eluded his guardian and run off with some very silly Knights after some kind of Grail-like object. We ask all who would vie for the position of Beauregaard's protector come to the Shire of Ramsgaard on the weekend of April 14-16 to compete in the multiple challenges required to become Ram's GuardianI Bring your coconuts and holy hand grenadesI

Maybe not the hand grenades

Adiantum Birthday Bash

April 15, 9am—9pm Barony of Adiantum Event Steward: Wulfric Marinus (t.mole95@gmail.com) Event Fee: Free Site Address: 84421 Gaupp Ln., Pleasant Hill, OR, 97455 Adiantum's Birthday BashI There will be Baronial court. The Archery, Arts and Sciences, Cut and Thrust, as well as Rapier Championship tournaments for the Barony. Site is Dry. ADA accessible. Service Animals only.

Bar Gemels

April 21, 3pm—April 23, 12pm Barony of Terra Pomaria Event Stewards: Luther Gutman (Nathanstreight@yahoo.com), Zulaikha al-Zarqa (mdlieb@hotmail.com), Fortune verch Thomas (ladyfortunethomas@gmail.com) Event Fee: Adult non-member weekend \$30, Adult non-member day trip \$20, Adult member weekend \$25, Adult member day trip \$15 Under 18 free. Make checks payable to SCA, Inc., Barony of Terra Pomaria Site Address: Camp Taloali 15934 N Santiam Hwy SE, Stayton, OR 97383 Greetings people of An Tir! Spring is in the air and the time is upon us to venture out and celebrate the changing of the seasons. Come join the Barony of Terra Pomaria for fun, food, games, and fighting at our annual Bar Gemels! • Hosted by Camp Taloali this year's Bar Gemels will feature the Terra Pomaria Youth Championship and Bardic Championship, along with the Sir Dublin O'Guinn Silverwolf Memorial Nobless Oblige tournament and Heavy

Fighting Bar Room Brawl, also featuring a rapier tournament and silent auction. <u>https://</u> antir.org/events/bar-gemels-20/

Fionor War 2023

April 21, 12pm—April 23, 12pm College of Lyonsmarche Event Steward: Aki Nakagawa (vennes1312@aol.com) Event Fee: Adult 18 and up \$25.00, youth under 18 free. \$5 discount for blue card members. Make checks payable to SCA, Inc., College of Lyonsmarche Site Address: Chief Timothy State Park, Silcott Island, Clarkston, WA 99403 The Port of Silcott is once again besieged by roving bands of brigands from East, South, and Nor... well from all over. Come to Lyonsmarche's aid, and a share of our bounty! Fighting, food, merry-making and mead! Let us all protect these lands of our Great King and Queen from the foul highwaymen. WARI, archery, A&S, merchants, fellowship. From the west: Follow Highway 12 towards Clarkston, WA. At the bottom of Alpowa Grade (approximately 5 miles before Clarkston), take a left and cross over the bridge to Silcott Island.

From the north, east, and south: Take US-95 or Highway 12 through Lewiston and Clarkston headed west to Tri Cities. Approximately five miles west of Clarkston there is a bridge to the right crossing over to Silcott Island.

April Feast

April 22, 9:30am—8pm

Shire of Rivers Bend

Event Stewards: Barbara Svardhardt (barb_mello@yahoo.com), Aniastasia Hunte (anya.hunter22@gmail.com) Event Fee: Free, but requesting a donation to the Shire. Make checks payable to SCA, Inc., Shire of Rivers Bend

Site Address: 5815 Ocean Beach Highway, Longview WA 98632

Classes in Psyanky eggs, SCA Etiquette, also fighting demos all to be arranged. posting of schedule and fees in the Shire Face Book page. "Shire of Rivers Bend" Potluck Feast by mundane last name:

- A ~ G Deserts,
- H -N Side-dishes,
- O ~ P Main-dishes,
- V -Z Bread and Cheese.

Bring your feast gear and an ingredient list for your dish, potential allergies. The Shire will provide coffee and Tea to this dry site.

An Tir Seneschals – Your Local Leaders

BRANCHES OF AN TIR

Akornebir, canton of Wastekeep (Walla Walla, WA): Baroness Katherine of Akornebir akornebir.seneschal@antir.org

Aquaterra, barony (Snohomish Co., WA):

Master Conal MacLaren aquaterra.seneschal@antir.org

Blatha an Oir, barony (Tacoma-Pierce Co., WA): Agmundr Glúmsson blathaanoir.seneschal@antir.org

Caladphort, canton of Glymm Mere (Gray's Harbor Coun-ty, WA): Seneschal Catrine la Crosetiere caladphort.seneschal@antir.org

Cranehaven, college (Chelan and Douglas Co., WA): Seneschal Runfridr Kennar cranehaven.seneschal@antir.org

Dragon's Laire, barony (Kitsap & N Mason Co., WA): Seneschal Marqueza Laurellen de Brandevine DragonsLaire.Seneschal@antir.org

Dragon's Mist, Barony (Washington Co., OR): Seneschal Sir Nikolai Rabenis von Tachov dragonsmist.seneschal@antir.org Fire Mountain Keep, shire (Lewis Co.,

WA) Seneschal Sybil Strangewayes FireMountainKeep.Seneschal@antir.org

Glymm Mere, barony (Thurston Co., Grays Harbor County and south Mason Co., WA): Seneschal Tamsyn L'Argent glymmmere.seneschal@antir.org

Hauksgarðr, shire (Hood River and Wasco Co., OR): Seneschal Rebecca Fletcher hauksgardr.seneschal@antir.org

Kaldor Ness, canton of Three Mountains (Columbia Co., OR): Seneschal Alexandria Delassene Kourkouaina, OP kaldorness.seneschal@antir.org

Lyonsmarche, college (Pullman, WA & Moscow, ID): Seneschal Sigrun Osrikskona lyonsmarche.seneschal@antir.org

Madrone, barony (King Co., WA): Ynesen Ongge Xong Kerij-e, OP, OL, Visc.. Madrone.Seneschal@antir.org

Porte de l'Eau, canton of Madrone (E King Co., WA): Seneschal Margaret Palmer Porte-de-leau.Seneschal@antir.org

River's Bend, shire (Kelso & Longview-Cowlitz Co., WA): Seneschal Artuir the Rogue riversbend.seneschal@antir.org

Stromgard, barony (Vancouver, WA): Seneschal Lord Ronan Mac an Leagha stromgard.seneschal@antir.org

Three Mountains, barony (Clackamas & Multnomah Co., OR): Seneschal Kattera Giese threemountains.seneschal@antir.org

Vulcanfeldt, barony (Yakima-Yakima Co., WA): Seneschal Eldgrimr Hvikatimbr vulcanfeldt-seneschal@antir.sca.org

Wastekeep, barony (Tri-Cities, WA): Seneschal Ciosa Leonara Fioravanti wastekeep.seneschal@antir.org

Wealdsmere, barony (Spokane-Spokane Co., WA): Seneschal Gernot Vomme Sewe

wealdsmere.seneschal@antir.org

Wyewood, barony (South King Co., WA): Seneschal Johanna de Wassington

wyewood.seneschal@antir.org

<u>PRINCIPALITY OF THE SUMMITS</u> (Southwestern OR): Seneschal Master Seamus O'Caellaigh summitsseneschal@antir.org

BRANCHES OF THE SUMMITS

Adiantum, barony (Lane Co., OR): Seneschal Murchadh Monaidh Chraoibhe adiantumseneschal@antir.org

Briaroak, shire (Douglas Co., OR): Seneschal HL Sleibhin O'leannachai briaroakseneschal@antir.org

Coeur Du Val, shire (Benton Co., OR): Seneschal: Dominus Marcus Longinius Rufus coeurduval.seneschal@antir.org

Corvaria, shire (Jefferson, Deschutes & Crook Co., OR): Seneschal HL Rowan Keele corvariaseneschal@antir.org

Glyn Dwfn, Barony (Jackson Co., OR): Seneschal Ynéz de la Cruz glyndwfnseneschal@antir.org Mountain Edge, shire (Yamhill Co., OR): Seneschal Lady Asny Brunsottir MountainEdge.Seneschal@antir.org

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Tymberhavene, shire (Coos and Curry Counties): Seneschal Thomas Bona Venture tymberhavenseneschal@antir.org

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Tir Righ Deputy Seneschals HL Caemgen mac Garbith ui Andrais and Dame Morweena

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Lions Gate, barony (Vancouver, BC): Seneschal Nereugei Kitad-un lionsgate.seneschal@tirrigh.org

Lionsdale, shire (Fraser Valley, BC): Seneschal Dalla in Fagra lionsdale.seneschal@tirrigh.org

Ramsgaard, shire (Kamloops, BC): Seneschal Duncan Darroch ramsgaard.seneschal@tirrigh.org Seagirt, barony (South Vancouver Island, BC): Seneschal Isabella da Firenze seagirt.seneschal@tirrigh.org

Thornwold, shire (Bellingham-Whatcom Co., WA): Seneschal Genevieve Desmarais thornwold.seneschal@tirrigh.org

Tir Bannog, shire (Smithers, BC): Seneschal Wlfryd of Leeds wolfrheadofleeds@yahoo.ca

IN ABEYANCE

Dregate, shire (Okanogan County, WA)

Druim Doineann, shire (Port Angeles-Clallam & Jefferson Co., WA)

Pendale, shire (Sandpoint, Bonner & Boundary Co., ID)

Silverhart, canton of Wealdsmere (Kootenai Co., ID)

Midhaven, shire (Skagit, San Juan & N Island Co., WA)

DORMANT BRANCHES

Bearwood, canton of Aquaterra (E Snohomish Co., WA): IN SUSPEN-SION

Cáe Mór, shire (Kitimat and Terrace, BC): INACTIVE

Crickstow-On-Sea, port (CFB Esquimalt, BC): DORMANT

Earnrokke, shire (Whidbey Island, WA): DORMANT

False Isle, shire (Powell River, BC): DORMANT

Fjordland, shire (Sunshine Coast, BC): IN SUSPENSION

Rath an Oir, stronghold of Blatha an Oir (Ft Lewis, WA): DORMANT

Saint Bunstable, college (University of Washington, WA): INAC-TIVE

St. Giles, college (University of Victoria, BC): DORMANT

Southmarch, shire (Klamath & Lake Co., OR): IN SUSPEN-SION Windwic, shire (Klickitat Co., WA): DORMANT

Wittanhaven, college (The Evergreen State College, Olympia, WA): DORMANT



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Quarterly Board Meetings

The Board of Directors is considering the possibility of a return to live meetings in late 2023. Groups interested in hosting a meeting should contact the Executive Assistant (ea@sca.org) for information on meeting requirements and how to submit a bid.

Meeting Schedule:

Meetings will be held online until further notice. Second Quarter 2023—April 23, 2023 Third Quarter 2023—July 23, 2023 Fourth Quarter 2023—October 22, 2023

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